Chapter 8

Cell Membranes

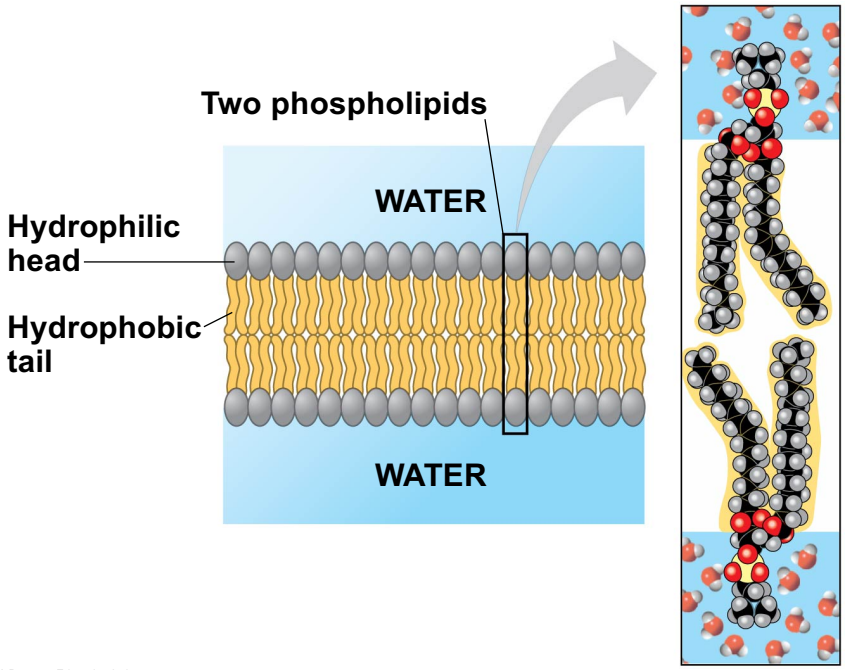
Life at the Edge

- The plasma membrane is the boundary that separates the living cell from its surroundings
- The plasma membrane exhibits **selective permeability**, allowing some substances to cross it more easily than others
- Transport proteins are often responsible for controlling passage across cellular membranes

Concept 8.1: Cellular membranes are fluid mosaics of lipids and proteins

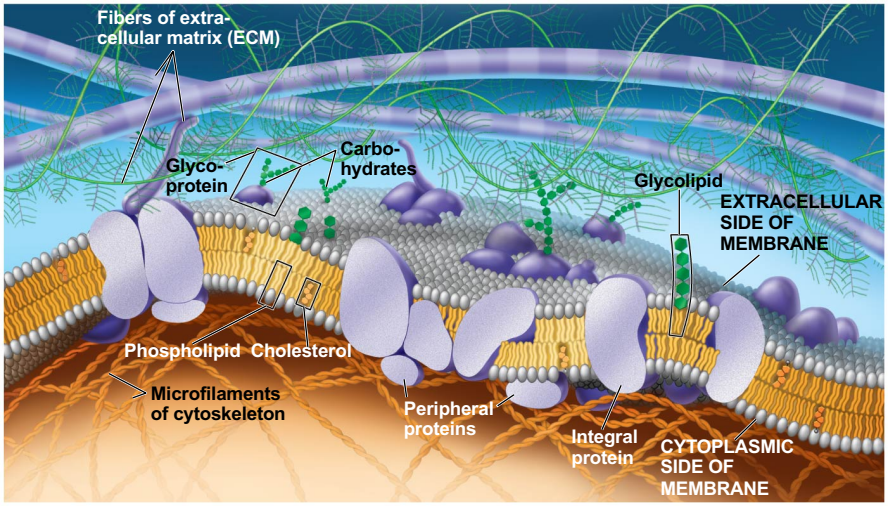
- Phospholipids are the most abundant lipid in the plasma membrane
- Phospholipids are **amphipathic** molecules, containing hydrophobic ("water-fearing") and hydrophilic ("water-loving") regions
- The hydrophobic tails of the phospholipids are sheltered inside the membrane, while the hydrophilic heads are exposed to water on either side

Figure 8.2



- In the **fluid mosaic model**, the membrane is a mosaic of protein molecules bobbing in a fluid bilayer of phospholipids
- Proteins are not randomly distributed in the membrane

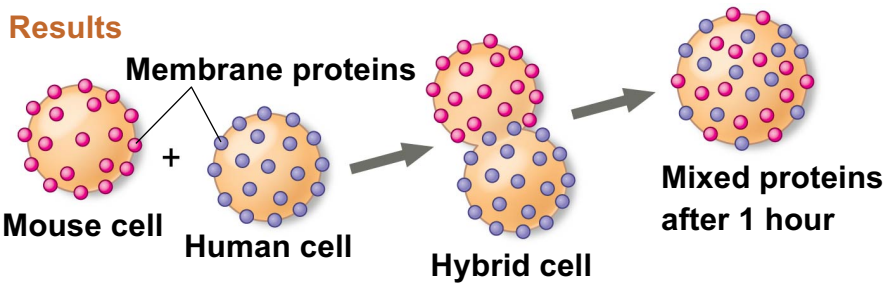
Figure 8.3



The Fluidity of Membranes

- Membranes are held together mainly by weak hydrophobic interactions
- Most of the lipids and some proteins can move sideways within the membrane
- Rarely, a lipid may flip-flop across the membrane, from one phospholipid layer to the other

Figure 8.4_3



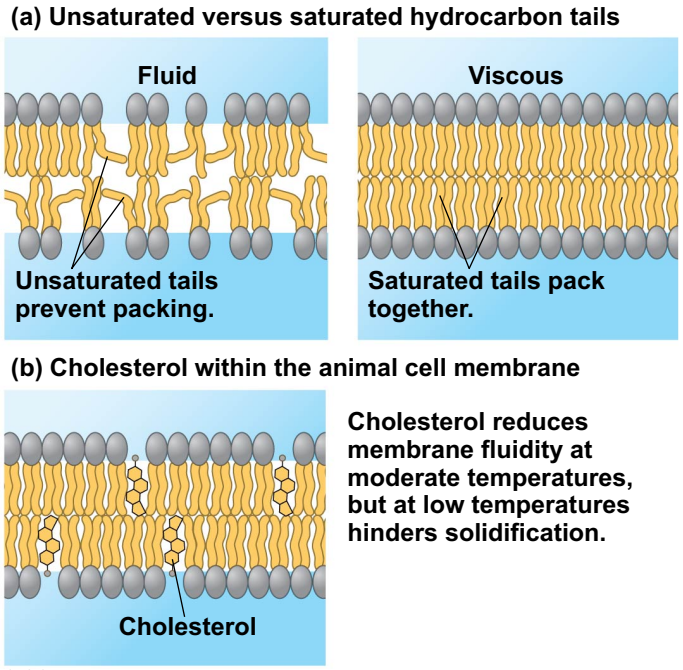
Data from L. D. Frye and M. Edidin, The rapid intermixing of cell surface antigens after formation of mouse-human heterokaryons, *Journal of Cell Science* 7:319 (1970).

the most factor

- As temperatures cool, membranes switch from a fluid state to a solid state
- The temperature at which a membrane solidifies depends on the types of lipids
- Membranes rich in unsaturated fatty acids are more fluid than those rich in saturated fatty acids
- Membranes must be fluid to work properly; membranes are usually about as fluid as salad oil

- The steroid cholesterol has different effects on the membrane fluidity of animal cells at different temperatures
- At warm temperatures (such as 37ºC), cholesterol restrains movement of phospholipids
- At cool temperatures, it maintains fluidity by preventing tight packing
- Though cholesterol is present in plants, they use related steroid lipids to buffer membrane fluidity

Figure 8.5



Evolution of Differences in Membrane Lipid Composition

- Variations in lipid composition of cell membranes of many species appear to be adaptations to specific environmental conditions
- Ability to change the lipid compositions in response to temperature changes has evolved in organisms that live where temperatures vary

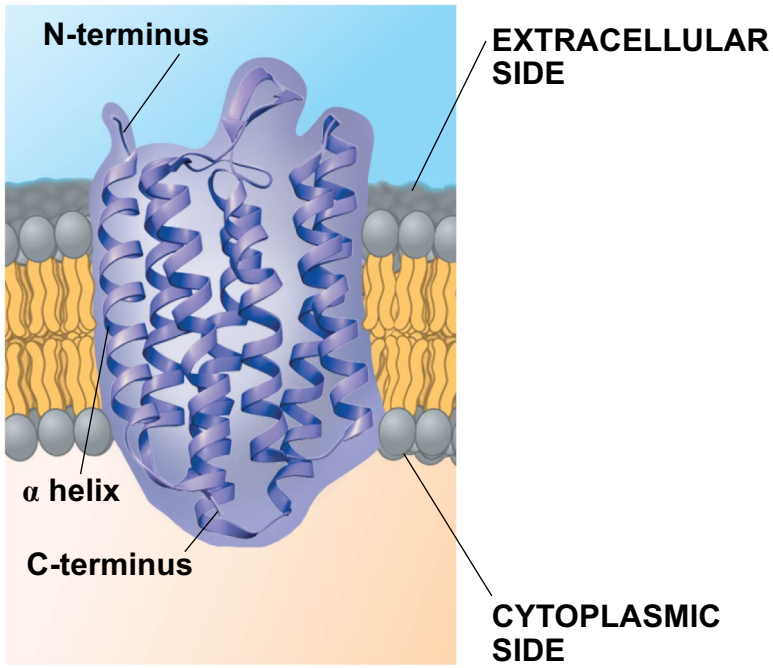
Membrane Proteins and Their Functions

- Somewhat like a tile mosaic, a membrane is a collage of different proteins, often clustered in groups, embedded in the fluid matrix of the lipid bilayer
- Phospholipids form the main fabric of the membrane
- Proteins determine most of the membrane's functions

Figure 8.UN01

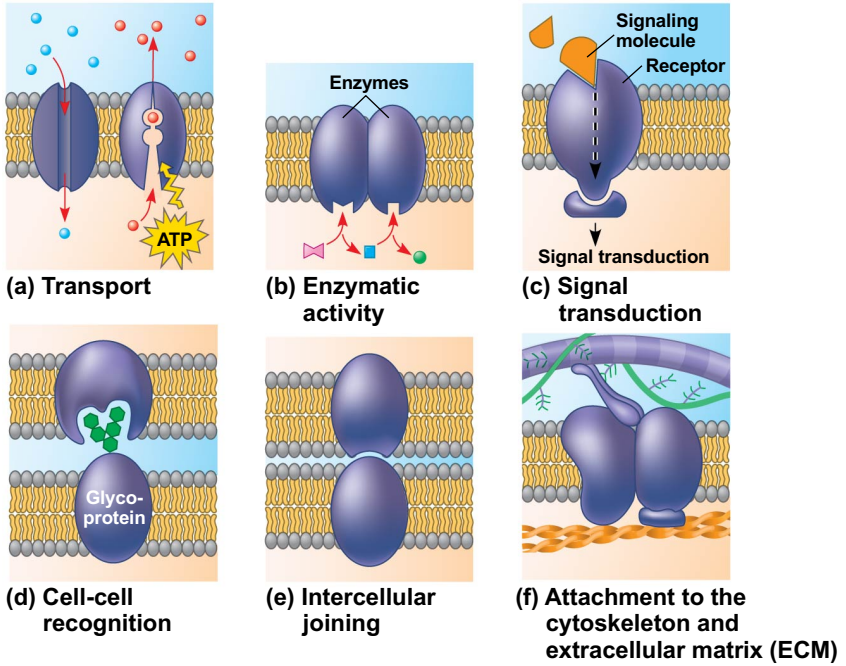
- **Peripheral proteins** are bound to the surface of the membrane
- **Integral proteins** penetrate the hydrophobic core
- Integral proteins that span the membrane are called transmembrane proteins
- The hydrophobic regions of an integral protein consist of one or more stretches of nonpolar amino acids, often coiled into α helices

Figure 8.6



- Cell-surface membranes can carry out several functions:
  - Transport
  - Enzymatic activity
  - Signal transduction
  - Cell-cell recognition
  - Intercellular joining
  - Attachment to the cytoskeleton and extracellular matrix (ECM)

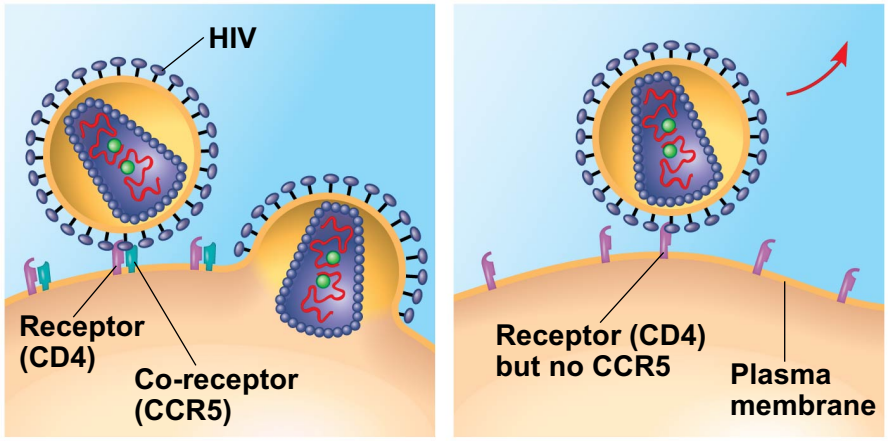
Figure 8.7



(a) Transport
(b) Enzymatic activity
(c) Signal transduction
(d) Cell-cell recognition
(e) Intercellular joining
(f) Attachment to the cytoskeleton and extracellular matrix (ECM)

- Cell-surface proteins are important in the medical field
  - For example, HIV must bind to the immune cell-surface protein CD4 and a “co-receptor” CCR5 in order to infect a cell
  - HIV cannot enter the cells of resistant individuals who lack CCR5
  - Drugs are now being developed to mask the CCR5 protein

Figure 8.8



(a) HIV can infect a cell with CCR5 on its surface, as in most people.
(b) HIV cannot infect a cell lacking CCR5 on its surface, as in resistant individuals.

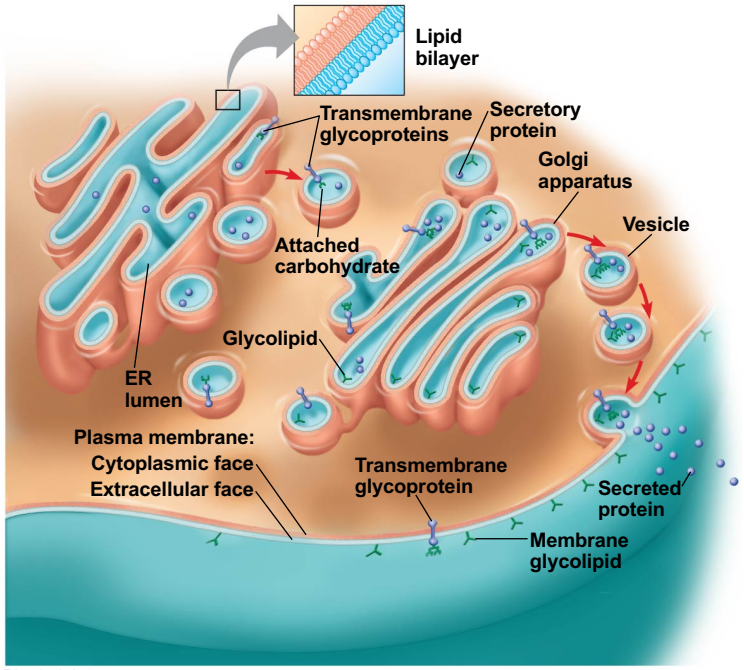
The Role of Membrane Carbohydrates in Cell-Cell Recognition

- Cells recognize each other by binding to molecules, often containing carbohydrates, on the extracellular surface of the plasma membrane
- Membrane carbohydrates may be covalently bonded to lipids (forming **glycolipids**) or, more commonly, to proteins (forming **glycoproteins**)
- Carbohydrates on the extracellular side of the plasma membrane vary among species, individuals, and even cell types in an individual

Synthesis and Sidedness of Membranes

- Membranes have distinct inside and outside faces
- The asymmetrical distribution of proteins, lipids, and associated carbohydrates in the plasma membrane is determined when the membrane is built by the ER and Golgi apparatus

Figure 8.9



Concept 8.2: Membrane structure results in selective permeability

- A cell must exchange materials with its surroundings, a process controlled by the plasma membrane
- Plasma membranes are selectively permeable, regulating the cell's molecular traffic

The Permeability of the Lipid Bilayer

- Hydrophobic (nonpolar) molecules, such as hydrocarbons, can dissolve in the lipid bilayer and pass through the membrane rapidly
- Hydrophilic molecules including ions and polar molecules do not cross the membrane easily
- Proteins built into the membrane play key roles in regulating transport

Transport Proteins

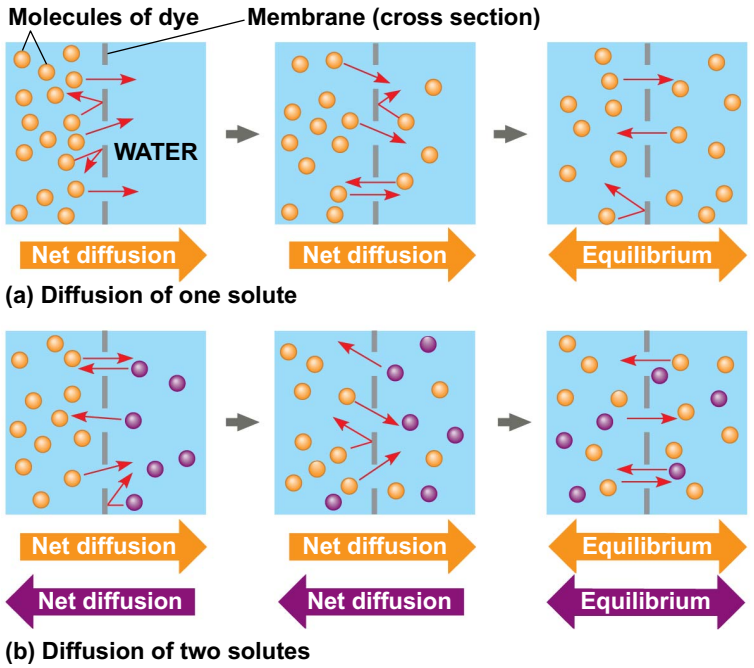
- **Transport proteins** allow passage of hydrophilic substances across the membrane
- Some transport proteins, called channel proteins, have a hydrophilic channel that certain molecules or ions can use as a tunnel
- Channel proteins called **aquaporins** greatly facilitate the passage of water molecules

- Other transport proteins, called carrier proteins, bind to molecules and change shape to shuttle them across the membrane
- A transport protein is specific for the substance it moves

Concept 8.3: Passive transport is diffusion of a substance across a membrane with no energy investment

- **Diffusion** is the tendency for molecules to spread out evenly into the available space
- Although each molecule moves randomly, diffusion of a population of molecules may be directional
- At dynamic equilibrium, as many molecules cross the membrane in one direction as in the other

Figure 8.10



- Substances diffuse down their **concentration gradient**, the region along which the density of a chemical substance increases or decreases
- No work must be done to move substances down the concentration gradient
- The diffusion of a substance across a biological membrane is **passive transport** because no energy is expended by the cell to make it happen

Effects of Osmosis on Water Balance

- **Osmosis** is the diffusion of water across a selectively permeable membrane
- Water diffuses across a membrane from the region of lower solute concentration to the region of higher solute concentration until the solute concentration is equal on both sides

Figure 8.11

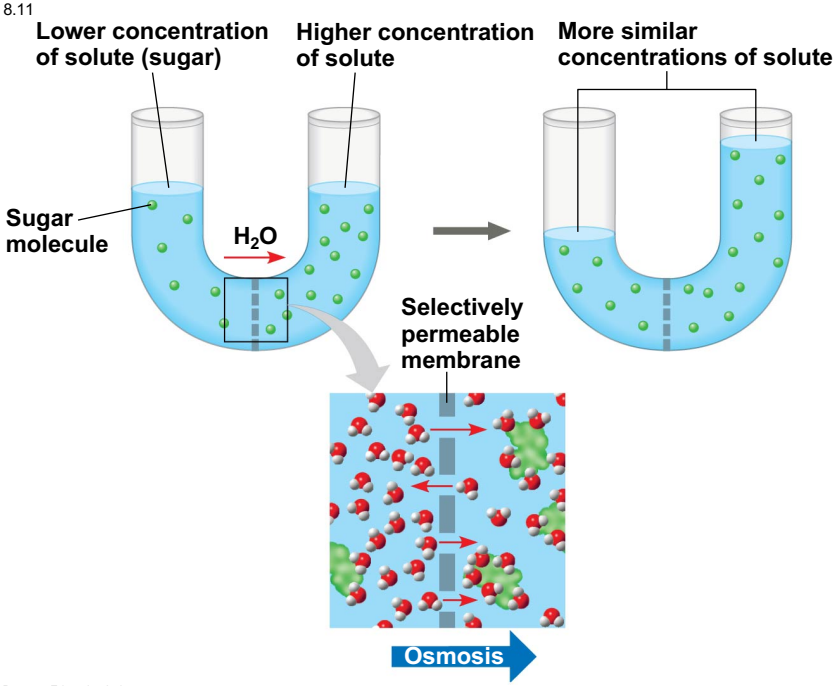
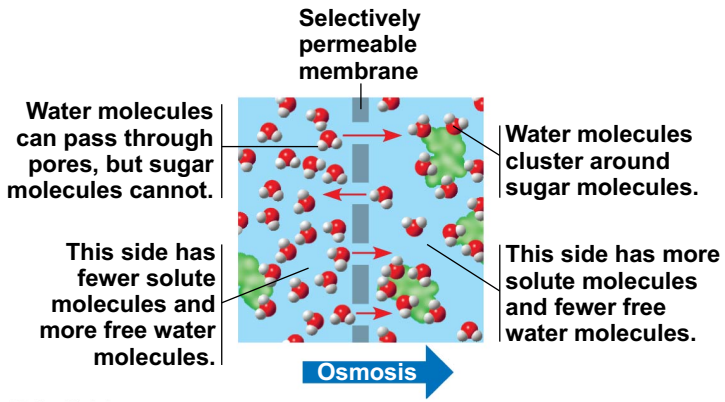


Figure 8.11a



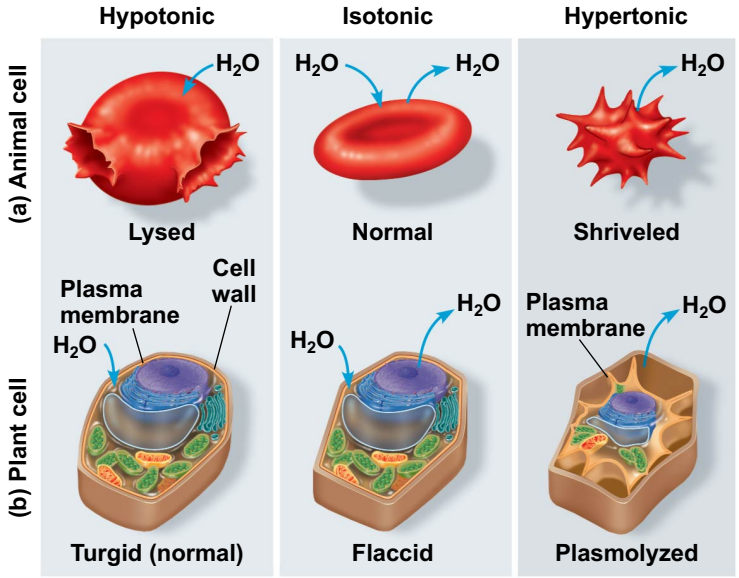
Water Balance of Cells Without Cell Walls

- **Tonicity** is the ability of a surrounding solution to cause a cell to gain or lose water
- The tonicity of a solution depends on its concentration of solutes that cannot cross the membrane relative to that inside the cell

- **Isotonic** solution: Solute concentration is the same as that inside the cell; no *net* water movement across the plasma membrane
- **Hypertonic** solution: Solute concentration is greater than that inside the cell; cell loses water
- **Hypotonic** solution: Solute concentration is less than that inside the cell; cell gains water
- Cells without cell walls will shrivel in hypertonic solution and lyse (burst) in a hypotonic solution

Figure 8.12

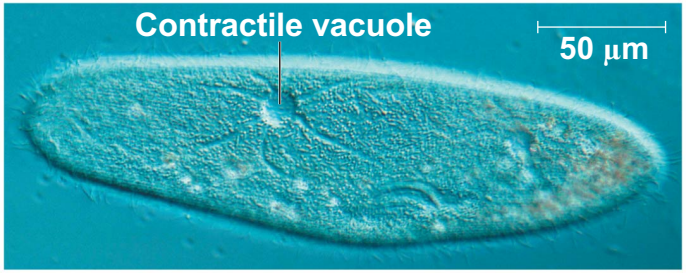
same - same



- Hypertonic or hypotonic environments create osmotic problems for organisms that have cells without rigid walls
- **Osmoregulation**, the control of solute concentrations and water balance, is a necessary adaptation for life in such environments
  - For example, the unicellular eukaryote *Paramecium*, which is hypertonic to its pond water environment, has a contractile vacuole that acts as a pump

Figure 8.13

The contractile vacuole of *Paramecium*



- Bacteria and archaea that live in hypersaline (excessively salty) environments have cellular mechanisms to balance internal and external solute concentrations

Water Balance of Cells with Cell Walls

- Cell walls help maintain water balance
- A plant cell in a hypotonic solution swells until the wall opposes uptake; the cell is now **turgid** (firm)
- If a plant cell and its surroundings are isotonic, there is no net movement of water into the cell; the cell becomes **flaccid** (limp)

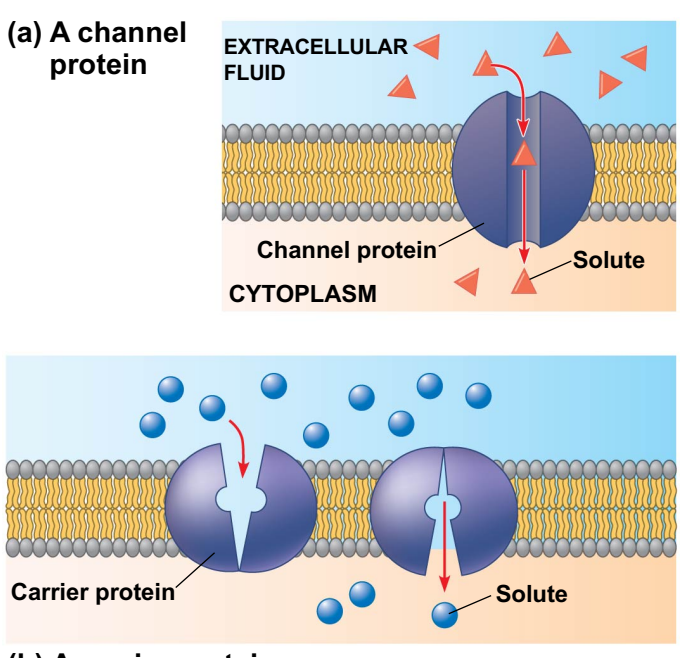
- In a hypertonic environment, plant cells lose water
- The membrane pulls away from the cell wall, causing the plant to wilt, a potentially lethal effect called **plasmolysis**

Facilitated Diffusion: Passive Transport Aided by Proteins

- In **facilitated diffusion**, transport proteins speed the passive movement of molecules across the plasma membrane
- Transport proteins include channel proteins and carrier proteins

- Channel proteins provide corridors that allow a specific molecule or ion to cross the membrane
- Aquaporins facilitate the diffusion of water
- **Ion channels** facilitate the transport of ions
- Some ion channels, called **gated channels**, open or close in response to a stimulus
  - For example, in nerve cells, ion channels open in response to electrical stimulus

Figure 8.14



- Carrier proteins undergo a subtle change in shape that translocates the solute-binding site across the membrane
- This change in shape can be triggered by the binding and release of the transported molecule

Concept 8.4: Active transport uses energy to move solutes against their gradients

- Facilitated diffusion is still passive because the solute moves down its concentration gradient, and the transport requires no energy
- Some transport proteins, however, can move solutes against their concentration gradients

The Need for Energy in Active Transport

- **Active transport** requires energy, usually in the form of ATP hydrolysis, to move substances against their concentration gradients
- All proteins involved in active transport are carrier proteins

- Active transport allows cells to maintain concentration gradients that differ from their surroundings
  - For example, an animal cell has a much higher potassium (K^+) and a much lower sodium (Na^+) concentration compared to its surroundings
  - This is controlled by the **sodium-potassium pump**, a transport protein that is energized by transfer of a phosphate group from the hydrolysis of ATP

Figure 8.15

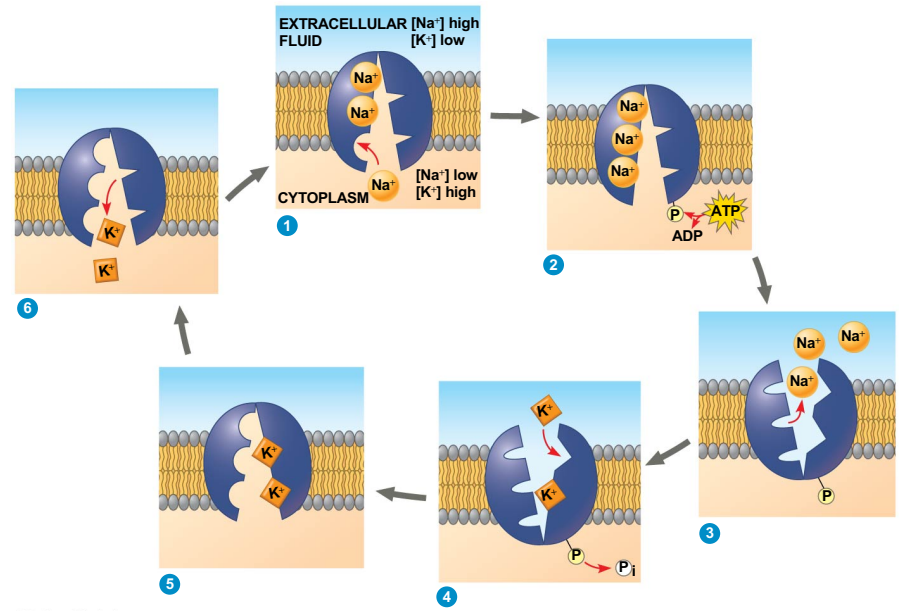
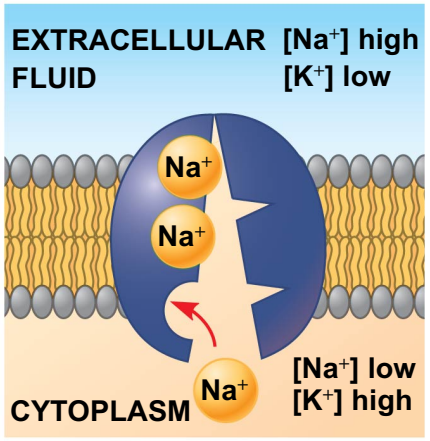
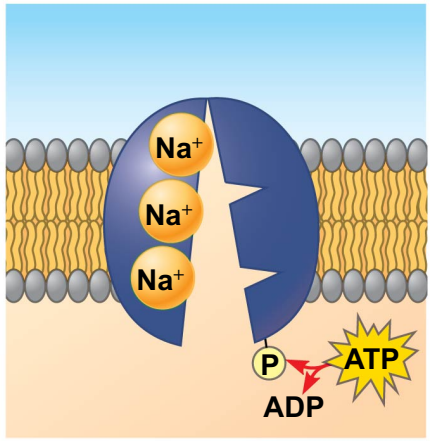


Figure 8.15a

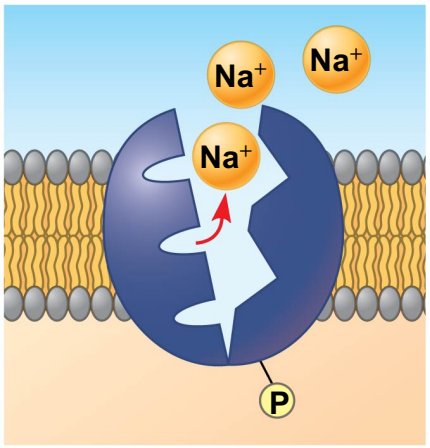


1 Cytoplasmic Na^+ binds to the sodium-potassium pump. The affinity for Na^+ is high when the protein has this shape.

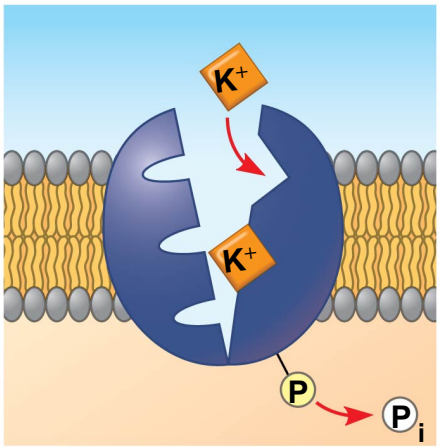


2 Na^+ binding stimulates phosphorylation by ATP.

Figure 8.15b

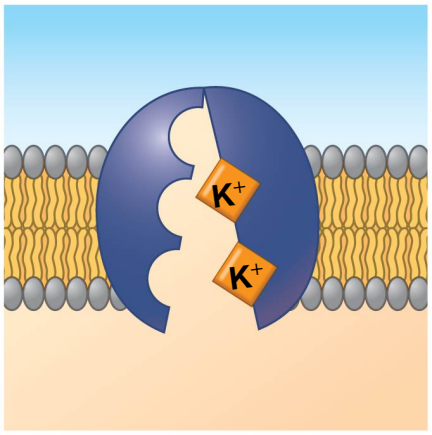


3 Phosphorylation leads to a change in protein shape, reducing its affinity for Na^+, which is released outside.

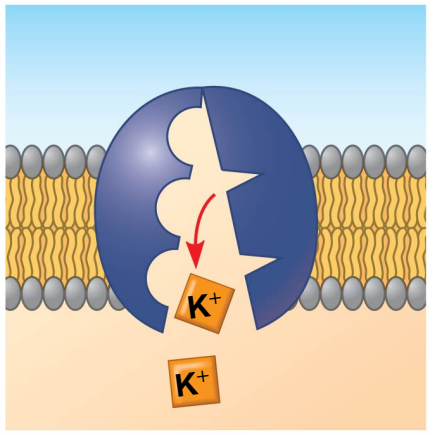


4 The new shape has a high affinity for K^+, which binds on the extracellular side and triggers release of the phosphate group.

Figure 8.15c

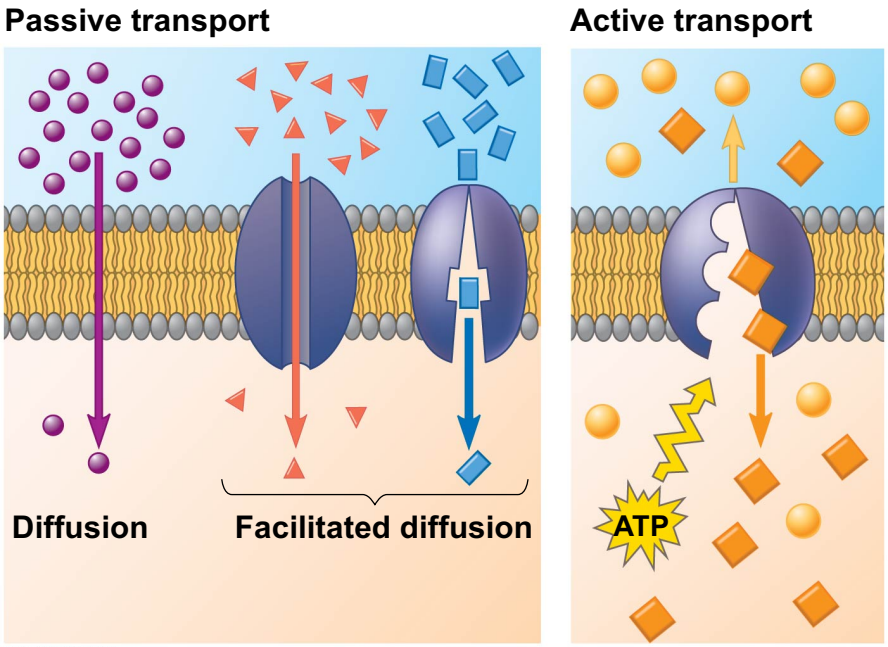


5 Loss of the phosphate group restores the protein's original shape, which has a lower affinity for K^+.

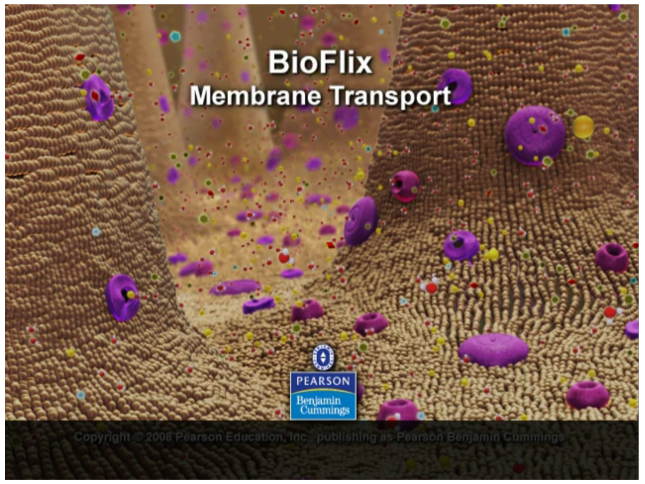


6 K^+ is released; affinity for Na^+ is high again, and the cycle repeats.

Figure 8.16



BioFlix: Membrane Transport



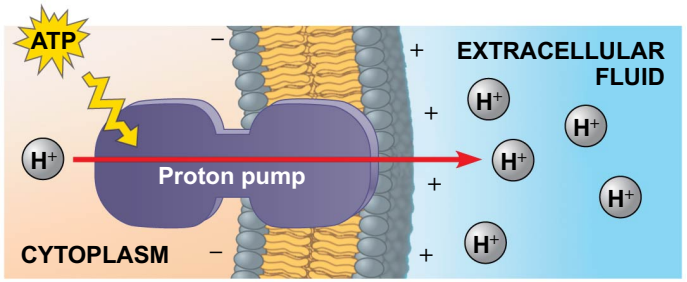
How Ion Pumps Maintain Membrane Potential

- **Membrane potential** is the voltage across a membrane
- Voltage is created by differences in the distribution of positive and negative ions across a membrane
- The cytoplasmic side of the membrane is negative in charge relative to the extracellular side

- Two combined forces, collectively called the **electrochemical gradient**, drive the diffusion of ions across a membrane
  - A chemical force (the ion's concentration gradient)
  - An electrical force (the effect of the membrane potential on the ion's movement)

- An **electrogenic pump** is a transport protein that generates voltage across a membrane
- The sodium-potassium pump is the major electrogenic pump of animal cells
- The main electrogenic pump of plants, fungi, and bacteria is a **proton pump**, which actively transports hydrogen ions (H^+) out of the cell
- Electrogenic pumps help store energy that can be used for cellular work

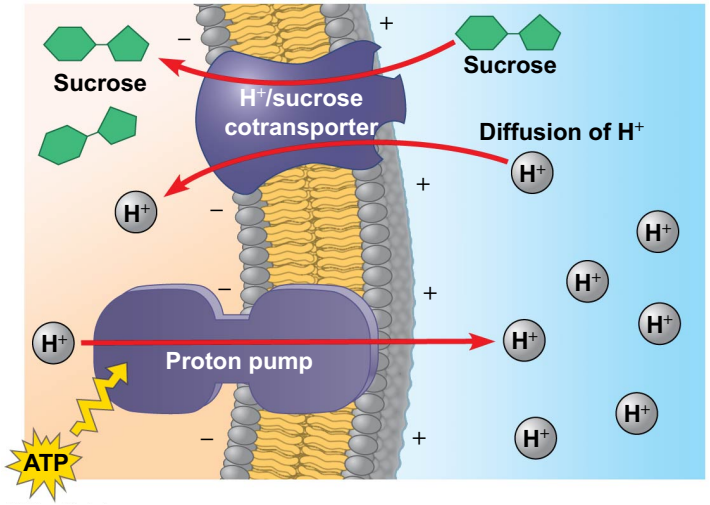
Figure 8.17



Cotransport: Coupled Transport by a Membrane Protein

- **Cotransport** occurs when active transport of a solute indirectly drives transport of other substances
- The diffusion of an actively transported solute down its concentration gradient is coupled with the transport of a second substance against its own concentration gradient

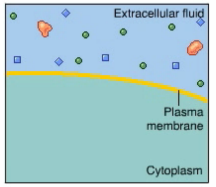
Figure 8.18



Concept 8.5: Bulk transport across the plasma membrane occurs by exocytosis and endocytosis

- Small molecules and water enter or leave the cell through the lipid bilayer or via transport proteins
- Large molecules, such as polysaccharides and proteins, cross the membrane in bulk via vesicles
- Bulk transport requires energy

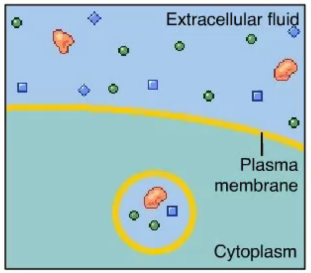
Animation: Exocytosis and Endocytosis Introduction



Exocytosis

- In **exocytosis**, transport vesicles migrate to the membrane, fuse with it, and release their contents outside the cell
- Many secretory cells use exocytosis to export their products

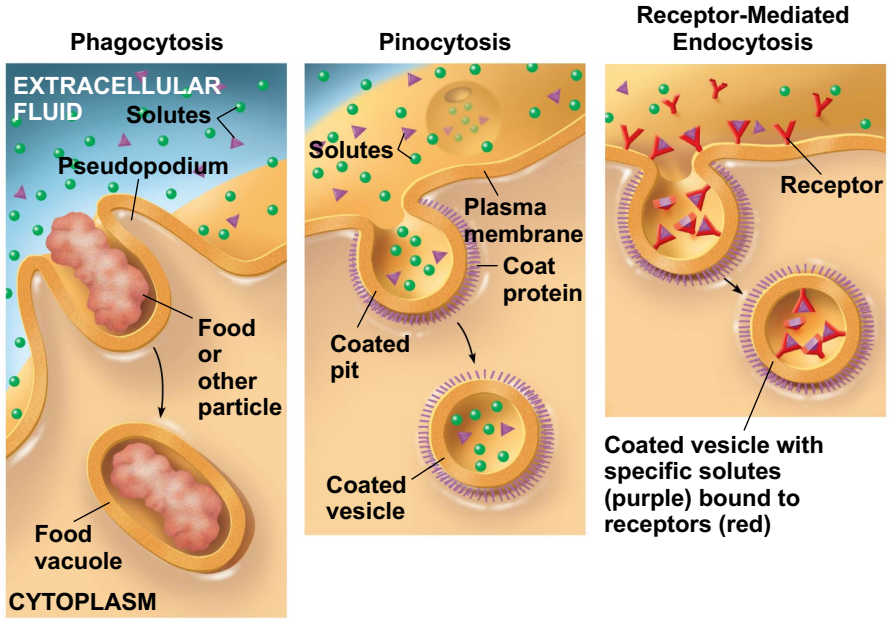
Animation: Exocytosis



Endocytosis

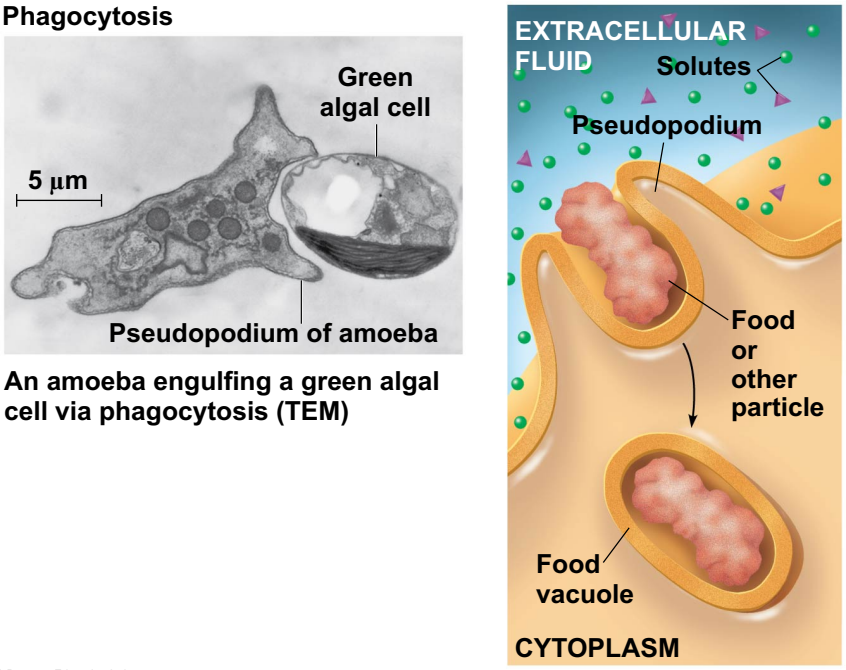
- In **endocytosis**, the cell takes in macromolecules by forming vesicles from the plasma membrane
- Endocytosis is a reversal of exocytosis, involving different proteins
- There are three types of endocytosis
  - Phagocytosis (“cellular eating”)
  - Pinocytosis (“cellular drinking”)
  - Receptor-mediated endocytosis

Figure 8.19

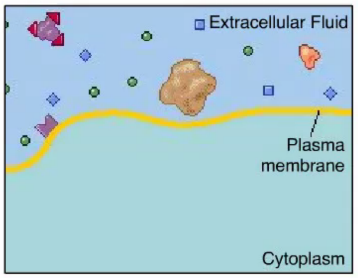


- In **phagocytosis**, a cell engulfs a particle in a vacuole
- The vacuole fuses with a lysosome to digest the particle

Figure 8.19a

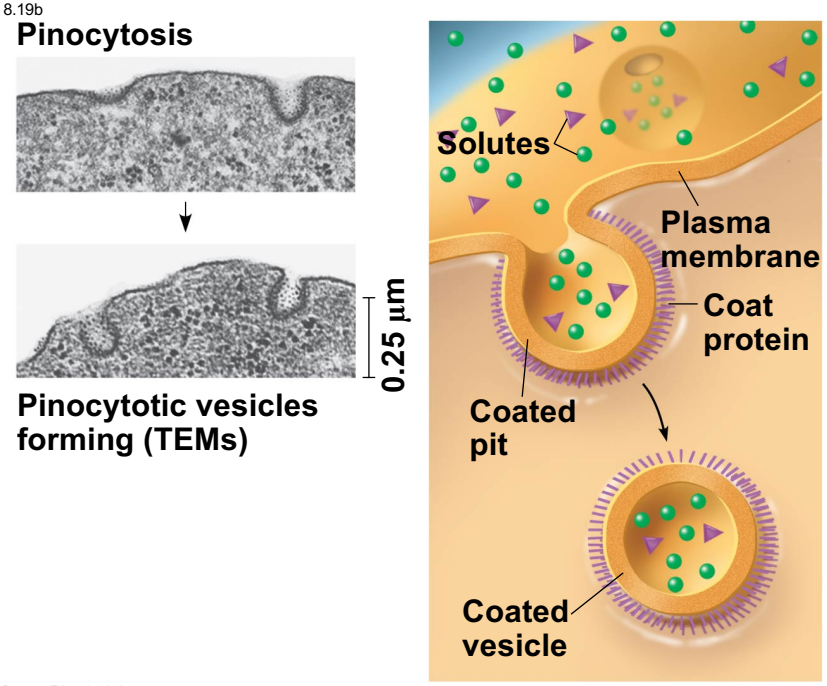


Animation: Phagocytosis

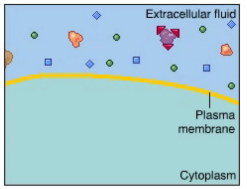


- In **pinocytosis**, molecules dissolved in droplets are taken up when extracellular fluid is “gulped” into tiny vesicles

Figure 8.19b

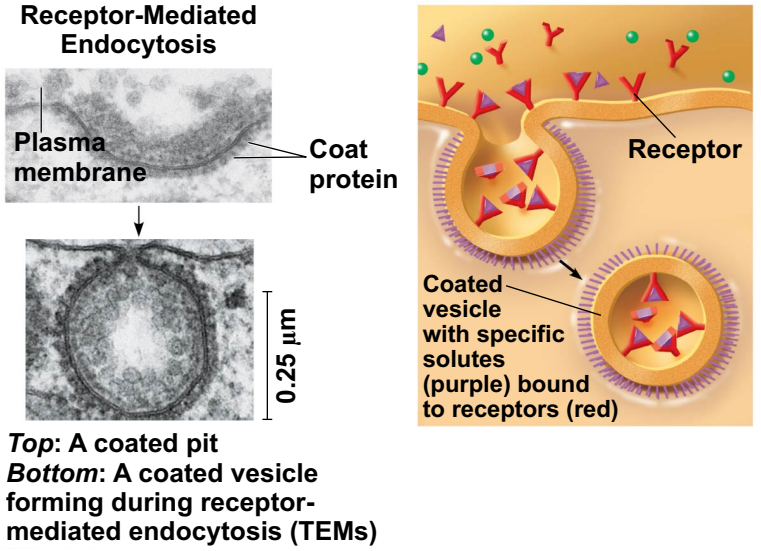


Animation: Pinocytosis



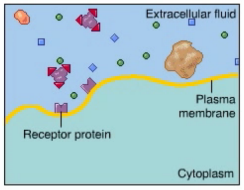
- In **receptor-mediated endocytosis**, binding of specific solutes to receptors triggers vesicle formation
- Receptor proteins, receptors, and other molecules from the extracellular fluid are transported in the vesicles
- Emptied receptors are recycled to the plasma membrane

Figure 8.19c



***Top*: A coated pit**
***Bottom*: A coated vesicle forming during receptor-mediated endocytosis (TEMs)**

Animation: Receptor-Mediated Endocytosis



- Human cells use receptor-mediated endocytosis to take in cholesterol, which is carried in particles called low-density lipoproteins (LDLs)
- Individuals with the disease familial hypercholesterolemia have missing or defective LDL receptor proteins