

The graph above shows the voltage changes which occur across a nerve cell membrane during an action potential. The following questions refer to each of the points A to E indicated above

1. Which point corresponds to membrane hyperpolarisation?
2. At which points is the membrane at rest?
3. Which point corresponds to membrane repolarisation?
4. Which point corresponds to membrane depolarisation?
5. At which point are the sodium gates fully open?

Answers : D, A and E ,C, B and B

Intensity of the stimulus (mV)	Action of the neuron
10	no action potential
20	action potential
30	action potential
40	action potential

In Table 1, the scientists noted that in each test that produced an action potential, the membrane charge reached (40 mV) during the action potential. Which of the following facts does this demonstrate?

- (a) The threshold potential is 40 mV
- (b) Any thing above threshold produces an all-or none response
- (c) Depolarization is dependent on the strength of the stimulus.

Answer: B

Resting Membrane Potential is the difference across plasma membranes expressed in millivolts

Select one of the following:

True



False

Resting Membrane Potential is determined by..

Select one of the following:

Permeability to  $K^+$  and  $Ca^{2+}$

Permeability to  $Na^+$  and  $K^+$  ✓

Permeability to  $Na^+$  and  $Ca^{2+}$

When  $K^+$  concentration inside the cell is high, the electrical gradient will force  $K^+$  into the cell because the electrical gradient is stronger than the chemical gradient.

Select one of the following:

True

False ✓

When  $\text{Na}^+$  concentration inside the cell is low, the cell will

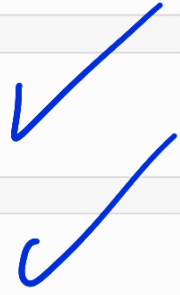
Select one or more of the following:

Move  $\text{Na}^+$  out of the cell because of the electrical gradient

Move  $\text{Na}^+$  into the cell because of the electrical gradient

Move  $\text{Na}^+$  into the cell because of the chemical gradient

Move  $\text{Na}^+$  out of the cell to reach an equilibrium



An Action Potential occurs when a threshold point of  $-40\text{mV}$  is reached

Select one of the following:

True

False



During the repolarisation phase of an action potential..

Select one or more of the following:

Na<sup>+</sup> voltage gates open

K<sup>+</sup> gates open at -90mV(ICF) ✓

K<sup>+</sup> gates opening, allowing K<sup>+</sup> to flow out the cell ✓

K<sup>+</sup> gates close at -90mV (ICF) ✓

Na<sup>+</sup> voltage gates close at -30mV (ICF)

The electrical signal (action potential) is sent along the axon of a nerve cell

Select one of the following:

True ✓

False

What happens to the electrical signal (action potential) when it enters the axon terminal?

Select one or more of the following:

Causes an influx of  $\text{Ca}^{2+}$  ✓

It continues as an electrical gradient

It enters the synaptic cleft as neurotransmitters ✓

it stays in the axon terminal

It changes to a chemical signal ✓

1. What maintains the resting membrane potential close to the equilibrium potential of potassium ( $E_{\text{K}^+}$ )?

- A) Leakage of  $\text{Na}^+$
- B) Leakage of  $\text{K}^+$
- C) Activation of  $\text{Na}^+$  channels
- D) Activation of  $\text{K}^+$  channels

Answer: B) Leakage of  $\text{K}^+$

2. What happens to  $\text{K}^+$  channels during depolarization? •

- A) They close •
- B) They open
- C) They become inactive
- D) They remain unchanged

Answer: B) They open

3. How does the activation of voltage-gated K<sup>+</sup> channels compare to Na<sup>+</sup> channels?

- A) It is faster
- B) It is slower
- C) It is the same
- D) It depends on the cell type

Answer: B) It is slower

4. What does the delayed activation of K<sup>+</sup> channels result in?

- A) Rapid depolarization
- B) Delayed repolarization
- C) Delayed hyperpolarization
- D) Rapid hyperpolarization

Answer: B) Delayed repolarization

5. What is the result of the combined delayed activation of K<sup>+</sup> channels and inactivation of Na<sup>+</sup> channels?

- A) Rapid depolarization
- B) Rapid repolarization
- C) Rapid hyperpolarization
- D) Rapid return to resting potential

Answer: B) Rapid repolarization

6. What is the term for the phase in the action potential characterized by a rapid return of the membrane potential to its resting level?

- A) Rising phase
- B) Falling phase
- C) Overshoot phase

D) Afterpotential phase

Answer: B) Falling phase

7. During the afterpotential phase, the membrane potential may go to:

A) More positive potential than during resting potential

B) More negative potential than during resting potential

C) The same potential as during resting potential

D) Zero potential

Answer: B) More negative potential than during resting potential

8. What is the term for the more negative potential than resting potential during the afterpotential phase?

A) Positive afterpotential

B) Negative afterpotential

C) Hyperpolarization

D) Depolarization

Answer: A) Positive afterpotential

9. What causes the positive afterpotential?

A) Excess influx of  $K^+$

B) Excess efflux of  $K^+$

C) Excess influx of  $Na^+$

D) Excess efflux of  $Na^+$

Answer: B) Excess efflux of  $K^+$

10. What is the likely consequence of excess  $K^+$  efflux during the positive afterpotential?

A) Accumulation of positive ions inside the cell



- B) Accumulation of negative ions inside the cell
  - C) Deficit of positive ions inside the cell
  - D) Deficit of negative ions inside the cell
- Answer: C) Deficit of positive ions inside the cell

11. During resting state, what maintains the resting membrane potential close to  $E_{K^+}$ ?

- A) Leakage of  $Na^+$
  - B) Leakage of  $K^+$
  - C) Activation of  $Na^+$  channels
  - D) Activation of  $K^+$  channels
- Answer: B) Leakage of  $K^+$

12. What occurs to  $K^+$  channels during depolarization?

- A) They open
  - B) They close
  - C) They become inactive
  - D) They remain unchanged
- Answer: A) They open

13. How does the activation of voltage-gated  $K^+$  channels compare to  $Na^+$  channels?

- A) It is slower
  - B) It is faster
  - C) It is the same
  - D) It depends on the cell type
- Answer: A) It is slower

14. What is the result of the delayed activation of  $K^+$  channels?

- A) Rapid depolarization
- B) Delayed repolarization
- C) Delayed hyperpolarization
- D) Rapid hyperpolarization

Answer: B) Delayed repolarization

15. What causes the falling phase in the action potential?

- A) Rapid depolarization
- B) Rapid repolarization
- C) Rapid hyperpolarization
- D) Rapid return to resting potential

Answer: B) Rapid repolarization

16. During the positive afterpotential, the membrane potential may become:

- A) More positive than resting potential
- B) More negative than resting potential
- C) The same as resting potential
- D) Zero

Answer: B) More negative than resting potential

17. What term describes the phase where the membrane potential goes to a more negative potential than during resting potential?

- A) Positive afterpotential
- B) Negative afterpotential
- C) Hyperpolarization
- D) Depolarization

Answer: C) Hyperpolarization

18. What is the likely cause of the positive afterpotential?

- A) Excess influx of  $K^+$
- B) Excess efflux of  $K^+$
- C) Excess influx of  $Na^+$
- D) Excess efflux of  $Na^+$

Answer: B) Excess efflux of  $K^+$

19. What is the probable consequence of excess  $K^+$  efflux during the positive afterpotential?

- A) Accumulation of positive ions inside the cell
- B) Accumulation of negative ions inside the cell
- C) Deficit of positive ions inside the cell
- D) Deficit of negative ions inside the cell

Answer: C) Deficit of positive ions inside the cell

20. What maintains the resting membrane potential close to the equilibrium potential of potassium ( $E_{K^+}$ ) during resting state?

- A) Leakage of  $Na^+$
- B) Leakage of  $K^+$
- C) Activation of  $Na^+$  channels
- D) Activation of  $K^+$  channels

Answer: B) Leakage of  $K^+$

\*\*21. What is responsible for the rising phase of an action potential?\*

- A) Slow  $K^+$  –  $Ca^{++}$  channels
- B) Fast activation of  $Na^+$  channels
- C) Slow activation of  $K^+$  channels
- D) Slow activation of  $Ca^{++}$  channels

Answer: B) Fast activation of Na<sup>+</sup> channels

**\*\*22. In which types of excitable cells are slow K<sup>+</sup> – Ca<sup>++</sup> channels commonly found?\***

- A) Neuronal cells
- B) Skeletal muscle cells
- C) Cardiac muscle and uterine muscle cells
- D) Liver cells

Answer: C) Cardiac muscle and uterine muscle cells

**\*\*23. How do slow K<sup>+</sup> – Ca<sup>++</sup> channels compare to Na<sup>+</sup> channels in terms of activation rate?\***

- A) They are activated faster
- B) They are activated at the same rate
- C) They are activated slower
- D) They are not involved in activation

Answer: C) They are activated slower

**\*\*24. What is the main ion that enters the cell through slow K<sup>+</sup> – Ca<sup>++</sup> channels?\***

- A) Na<sup>+</sup>
- B) K<sup>+</sup>
- C) Cl<sup>-</sup>
- D) Ca<sup>++</sup>

Answer: D) Ca<sup>++</sup>

**\*\*25. What does the prolonged opening of slow channels prevent?\***

- A) Entry of Na<sup>+</sup> ions
- B) Rapid fall induced by activation of K<sup>+</sup> channels

C) Depolarization of the membrane potential

D) Activation of fast Na<sup>+</sup> channels

Answer: B) Rapid fall induced by activation of K<sup>+</sup> channels

**\*\*26. What is the term for the period during which the membrane potential is maintained for a while before falling to its resting level?\***

A) Rising phase

B) Falling phase

C) Plateau phase

D) Refractory period

Answer: C) Plateau phase

**\*\*27. Why is the presence of a plateau phase important in certain cells?\***

A) It shortens the action potential duration

B) It prevents the cell from responding to stimuli

C) It prolongs the time of an action potential

D) It increases the refractory period

Answer: C) It prolongs the time of an action potential

**\*\*28. Which type of cells remain longer in the refractory period due to the presence of a plateau phase?\***

A) Neuronal cells

B) Skeletal muscle cells

C) Cardiac muscle and uterine muscle cells

D) Liver cells

Answer: C) Cardiac muscle and uterine muscle cells

**\*\*29. What is the primary function of slow K<sup>+</sup> – Ca<sup>++</sup>**

channels in excitable cells?\*

- A) Rapid repolarization of the membrane potential
  - B) Maintaining the resting membrane potential
  - C) Preventing depolarization of the membrane potential
  - D) Prolonging the duration of the action potential
- Answer: D) Prolonging the duration of the action potential

\*\*30. What ion primarily enters the cell through slow  $K^+$  –  $Ca^{++}$  channels, contributing to the plateau phase?\*

- A)  $Na^+$
  - B)  $K^+$
  - C)  $Cl^-$
  - D)  $Ca^{++}$
- Answer: D)  $Ca^{++}$

31. During which stage of the action potential does the cell become unresponsive to any stimulus, even if it is stronger?

- A) Firing stage
  - B) Rising phase
  - C) Falling phase
  - D) Absolute refractory period
- Answer: D) Absolute refractory period

32. How long does the absolute refractory period last during an action potential?

- A) Until the end of the action potential
- B) Until the end of the falling phase
- C) Until the end of the rising phase
- D) Until the end of the first third of the falling phase

Answer: D) Until the end of the first third of the falling phase

33. What happens to the cell's ability to respond to stimuli during the absolute refractory period?

- A) It becomes more responsive
- B) It becomes less responsive
- C) It remains unchanged
- D) It becomes completely unresponsive

Answer: D) It becomes completely unresponsive

34. Which of the following describes the absolute refractory period?

- A) The cell can respond to a stronger stimulus than usual
- B) The cell cannot respond to any stimulus, regardless of its strength
- C) The cell responds only to specific types of stimuli
- D) The cell responds more quickly than usual to a stimulus

Answer: B) The cell cannot respond to any stimulus, regardless of its strength

35. What is the significance of the absolute refractory period during an action potential?

- A) It ensures the cell responds to all stimuli
- B) It prevents the cell from responding to consecutive stimuli, allowing for proper regulation of signaling
- C) It increases the cell's sensitivity to stimuli
- D) It shortens the duration of the action potential

Answer: B) It prevents the cell from responding to consecutive stimuli, allowing for proper regulation of signaling

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36. During which phase of the action potential does the relative refractory period occur?

- A) Rising phase
- B) Falling phase
- C) Second phase
- D) Resting phase

Answer: C) Second phase

37. What characterizes the relative refractory period of an action potential?

- A) The cell can respond to any stimulus
- B) The cell cannot respond to any stimulus
- C) The cell can respond only to weaker stimuli
- D) The cell can respond to stronger stimuli, but it requires a greater stimulus than usual

Answer: D) The cell can respond to stronger stimuli, but it requires a greater stimulus than usual

38. How does the membrane potential during the relative refractory period compare to the resting membrane potential?

- A) It is higher
- B) It is lower
- C) It is the same
- D) It fluctuates

Answer: B) It is lower

39. What is the main purpose of the relative refractory period?

- A) To prevent the cell from responding to any stimulus



B) To provide a period of adaptation after the action potential

C) To increase the cell's sensitivity to stimuli

D) To shorten the duration of the action potential

Answer: B) To provide a period of adaptation after the action potential

40. Which type of stimulus can alter the membrane potential during the relative refractory period?

A) Weaker stimulus

B) Stronger stimulus

C) Any stimulus

D) Specific type of stimulus

Answer: B) Stronger stimulus

41. During which phase of the action potential does the relative refractory period occur?

A) Rising phase

B) Falling phase

C) Second phase

D) Resting phase

Answer: C) Second phase

42. What characterizes the relative refractory period of an action potential?

A) The cell can respond to any stimulus

B) The cell cannot respond to any stimulus

C) The cell can respond only to weaker stimuli

D) The cell can respond to stronger stimuli, but it requires a

greater stimulus than usual

Answer: D) The cell can respond to stronger stimuli, but it requires a greater stimulus than usual

43. How does the membrane potential during the relative refractory period compare to the resting membrane potential?

- A) It is higher
- B) It is lower
- C) It is the same
- D) It fluctuates

Answer: B) It is lower

44. What is the main purpose of the relative refractory period?

- A) To prevent the cell from responding to any stimulus
- B) To provide a period of adaptation after the action potential
- C) To increase the cell's sensitivity to stimuli
- D) To shorten the duration of the action potential

Answer: B) To provide a period of adaptation after the action potential

45. Which type of stimulus can alter the membrane potential during the relative refractory period?

- A) Weaker stimulus
- B) Stronger stimulus
- C) Any stimulus
- D) Specific type of stimulus

Answer: B) Stronger stimulus

46. Which term describes the cell membrane potential of a neuron at rest?

- A) Polarized
- B) Depolarized
- C) Hyperpolarized
- D) Repolarized

Answer: A) polarized

47. How are potassium ions typically moved out of a neuron when the membrane is at rest?

- A) Electrical gradients move potassium ion out of the cell.
- B) The sodium-potassium pump moves potassium ions out of the cell.
- C) Potassium ions are stable and do not move
- D) Concentration gradients move potassium ions out of the cell.

Answer: D

48). Action potentials are characterized by which of the following?

- A) Depolarization or hyperpolarization
- B) Slightly negative polarization
- C) Rapid depolarization

Answer: C

49) A typical neuron has a resting membrane potential of about:

- (A) +70 mV (B) +70 V (C) -70 mV (D) -70V (E) All of the above are observed at rest

50) Which ion is found in a higher concentration outside a neuron than inside?

- A) Sodium  
B) Potassium  
C) proteins

Answer: B

51) What causes depolarization of the neuron?

- A) sodium going into neuron  
B) sodium going out of neuron  
C) potassium going into neuron  
D) potassium going out of neuron

Answer: A

52. What is the main function of the sodium-potassium pump in a neuron?

A) To maintain the resting membrane potential

B) To initiate the action potential

C) To release neurotransmitters

D) To regulate the synaptic transmission

Answer: A

53- What are the units used to measure membrane potential?

A. Calories

B. Millivolts

C. Moles

D. Kelvin

Answer: B. Millivolts

54- What does the Nernst equation measure?

A. The electrochemical gradient

B. The plasma membrane

C. Ions

D. Membrane potential

Answer: D. Membrane potential

55- What are the two constants in the Nernst equation?

- A. Faraday's constant and inside concentration
- B. Universal gas constant and Faraday's constant
- C. Moles and concentration
- D.  $2.3 \ln$  and

Answer: A. Faraday's constant and inside concentration

56) One of the Causes of RMP is:

- A. Selective permeability
- B. inhibition of Sodium potassium pump.
- C. equal distribution of ions
- D. Voltage-gated Na- channels

Answer: A

57) The resting membrane potential is caused by:

- A. Diffusion of  $K^+$  ions outside the nerve fibers.
- B. Diffusion of  $Na^+$  ions inside the nerve fibers.
- C. Opening of the chemically activated ion channels.
- D. Opening of the voltage activated ion channels

**Answer:A**

**The resting membrane potential in nerve fibers is:**

**(A) Normally about -70mV**

**(B) Due to  $K^+$  diffusion from outside to inside the nerve fibers.**

**(C) Due to diffusion of intracellular protein to outside the nerve fibers.**

**(D) A passive process.**

**(E, None of the above.**

**Answer:E**