

# **Cholinoceptor-Blocking Drugs**

**Yacoub Irshaid MD, PhD, ABCP**  
**Department of Pharmacology**

# Cholinoceptor-Blocking Drugs

**Comprise 3 groups of drugs:**

- 1. Antimuscarinic drugs.**
- 2. Ganglion Blockers (nicotinic receptors)**
- 3. Neuromuscular junction blockers (nicotinic receptors). These are NOT part of the autonomic nervous system (ANS).**

# Muscarinic Receptor-blocking Drugs

- They are also called antimuscarinic drugs.

## Include:

1. Naturally occurring alkaloids: **Atropine** (hyoscyamine) – prototype, and **Scopolamine** (hyoscine).
2. Quaternary amines for GIT application (peptic ulcer disease and hypermotility): **Propantheline, Glycopyrrolate.**

# Antimuscarinic Drugs

3. Tertiary amines for peripheral applications:  
**Pirenzepine** (peptic ulcer disease), **Tropicamide** (mydriatic), **Dicyclomine** (peptic disease and hypermotility).
4. Quaternary ammonium for use in asthma:  
**Ipratropium**.
5. Tertiary amine for Parkinson's disease:  
**Benztropine, Tiotropium**
6. **Tolterodine** – for hyperactive bladder.

# Antimuscarinic Drugs

## Pharmacokinetics:

- **The natural alkaloids and most of the tertiary antimuscarinic agents are well absorbed from the gut and conjunctival membranes.**
- **They are also widely distributed in the body including CNS**
- **Quaternary antimuscarinic drugs are poorly absorbed after oral administration, and poorly transported to the brain.**

# Antimuscarinic Drugs

## Pharmacodynamics:

### A. Mechanism of Action:

- **Antimuscarinic drugs cause reversible and competitive blockade of muscarinic receptors, preventing acetylcholine from binding.**

# Antimuscarinic Drugs

## B. Organ System Effects:

### 1. CNS:

A. Atropine has sedative effect on the brain.

B. Scopolamine has more marked central effects producing drowsiness and amnesia.

- These actions make them useful as pre-anesthetic medications.
- At **toxic doses**, both can produce **excitement, agitation, hallucinations and coma.**

# Antimuscarinic Drugs

- C. Centrally acting antimuscarinic drugs reduce the tremor of Parkinson's disease**
- D. Prevention or reversal of the vestibular disturbances of motion sickness.**

# Antimuscarinic Drugs

## 2. Eye:

- A. Dilation of the pupil (mydriasis) due to blockade of the pupillary constrictor muscle.
- B. Weaken contraction of the ciliary muscle (**cycloplegia**) leading to loss of the ability to accommodate for near vision.
- C. Reduction of lacrimal secretions leading to dry or sandy eyes.

# Antimuscarinic Drugs

## 3. Cardiovascular system (CVS):

- A. Small doses of atropine produce bradycardia by stimulation of acetylcholine release by blocking presynaptic  $M_1$  autoreceptors.
- B. Moderate to high doses of atropine produce tachycardia by blocking postsynaptic muscarinic receptors in the SA node in the heart.
- C. Effects on atria and ventricles are minor.

# Antimuscarinic Drugs

- D. Block vasodilation (in coronary arteries and skeletal muscle blood vessels) induced by cholinomimetics despite lack of parasympathetic innervation of blood vessels (but contain endothelial muscarinic receptors).**
- E. Cutaneous blood vessel dilation in the upper part of the body (may be due to blocking of sweating??) → flushing at toxic doses.**

# Antimuscarinic Drugs

## 4. Respiratory system:

- A. Bronchodilation ( $M_3$  receptors).
- B. Reduced respiratory secretions.
- C. Prevention of laryngospasm.

## 5. Gastrointestinal tract:

- A. Effects on gastrointestinal function are modulated by local hormones, noncholinergic neurons and enteric nervous system.

# Antimuscarinic Drugs

- B. Reduce salivary secretions → dry mouth.**
- C. Reduction of gastric secretions – volume and amount of acid, pepsin and mucin. Basal secretion is blocked more than that stimulated by food, nicotine or alcohol.**
- D. Pancreatic and intestinal secretions are less (?) affected.**

# Antimuscarinic Drugs

- E. Relaxation of smooth muscle of GIT from stomach to colon, both tone and propulsive movements are diminished. → prolong gastric emptying time and intestinal transit time.**
- F. Constipation**

# Antimuscarinic Drugs

## 6. Genitourinary tract:

A. Relaxation of smooth muscle of the ureters and bladder wall → slows voiding (urination) → urinary retention.

## 7. Sweat glands (sympathetic cholinergic fibers):

A. Suppress thermoregulatory sweating → reduce sweating and elevate body temperature.