

# Cell injury

## Reversible cell injury

### Cellular swelling

If the damaging stimulus is removed → injured cells can return to normal

- > cell swells (ER swells and mitochondria also)
- Because of failure of cell's ion pumps (especially Na<sup>+</sup>/K<sup>+</sup> pump)
- > presence of membrane blebs
- > fatty change abnormal accumulation of fat droplets within the cytoplasm of cells
- Histological example:*- Normal hepatocytes appear **pinkish**, abnormal hepatocytes with hydropic change appear **whitish**.
- > plasma membrane alterations (blebbing, blunting)
- > mitochondrial change (swelling and densities);
- > dilation of ER
- > nuclear clumping of chromatin. (nucleus is still intact inside the cell)
- > Cytoplasmic myelin figures

## Irreversible cell injury

Cell death

### Membrane damage

## Necrosis

Rapid, uncontrollable and severe disturbances

- > mitochondrial dysfunction (No ATP production at all)
- > loss of plasma membrane & intracellular membranes
- > cellular enzymes leak out (cardiac enzymes & liver enzymes)
- > loss of DNA & chromatin structure
- > **local inflammation**
- > Increased cytoplasmic eosinophilia.
- > Marked dilatation of ER, mitochondria.
- > Mitochondrial densities.
- > More myelin figures. (because of damage of membranes)
- Nuclear changes:**
  - **Pyknosis:** shrinkage and increased basophilia;
  - **Karyorrhexis:** fragmentation;
  - **Karyolysis:** basophilia fades (degradation of nuclear material)

## Necroptosis

## Apoptosis

(clean cell suicide)

- > Less severe injury.
- > Regulated by genes and signaling pathways
- > Precisely Controlled.
- > Can be manipulated.
- > In healthy tissues.

Table 2.1 Features of Necrosis and Apoptosis

Feature	Necrosis	Apoptosis
Cell size	Enlarged (swelling)	Reduced (shrinkage)
Nucleus	Pyknosis, karyorrhexis, karyolysis	Fragmentation into nucleosome-size fragments
Plasma membrane	Disrupted <small>Digested organelles</small>	Intact; altered structure, especially orientation of lipids
Cellular contents	Enzymatic digestion; may leak out of cell	Intact; may be released in apoptotic bodies
Adjacent inflammation	Frequent	No
Physiologic or pathologic role	Usually pathologic (culmination of irreversible cell injury)	Often physiologic; means of eliminating unwanted cells; may be pathologic after some forms of cell injury, especially DNA damage

# Necrosis

## Coagulative necrosis

- > Necrotic tissue that remains firm cell shape and organ structure are preserved by coagulation of proteins
- > Enzyme dysfunction.
- > the nucleus disappears
- > Characteristic of ischemic infarction of any organ **except** the brain
- > Leukocyte lysosomal enzymes && phagocytosis required for clearance.
- > Area of infarcted tissue is often wedge-shaped (pointing to focus of vascular occlusion) and pale

## Liquefactive necrosis

- > Necrotic tissue that becomes liquefied
- > Focal infections by Bacterial and fungal organisms.
- ...Producing Pus
- > Center liquefies and digested tissue is removed by phagocytosis
- > CNS infarcts

## Gangrenous necrosis

- > Coagulative necrosis (dry gangrene)
- > Characteristic of ischemia of lower limb and GI tract
- > If superimposed infection of dead tissues occurs, then liquefactive necrosis ensues (wet gangrene).

## Caseous necrosis

- > Cheese like
- > Tissue architecture is not preserved
- > Acellular center
- > Usually enclosed by collection of macrophages. (granuloma)
- > Most often seen in TB (tuberculosis)

## Fat necrosis

- > Occurs in acute pancreatitis
- > Due to release of pancreatic lipases
- > Focal fat destruction
- > Released FA's combine with Ca<sup>2+</sup> (saponification) to produce the **whitish chalky appearance**
- > Shadows of necrotic fat cells

## Fibrinoid necrosis

- > Necrotic damage to blood vessel wall
- > Leaking of proteins (including fibrin) into vessel wall results in bright pink staining of the wall microscopically
- > Characteristic of malignant hypertension and vasculitis