

Past Papers

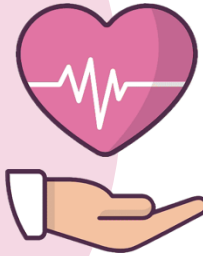
- Maternal and child health
- Primary health care

﴿ وَإِن تَتَوَلَّوْا يَسْتَبَدِلْ قَوْمًا غَيْرَكُمْ ثُمَّ لَا يَكُونُوا أَمْثَلَكُمْ ﴾

اللهم استعملنا ولا تستبدلنا

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Maternal and child health

1-Which of the following is wrong about Antenatal care:

- A. The first visit should be made as early as possible
- B. Focused Antenatal care model is associated with more Maternal death than ANC models that comprise at least eight visits
- C. In LMICs, ANC utilization has increased since introduction of WHO ANC model(FANC)
- D. A planned examination, observation and guidance given to the pregnant women from conception till labor

Answer: B

2-Which of the following is not an objective of MCH:

- A. To reduce morbidity and mortality among mothers and children.
- B. Assesses the risk factor of complications in pregnancy
- C. Reducing domestic and sexual violence without ensuring proper management of victims
- D. To reduce the risk of sexually transmitted diseases (STDs)
- E. All of the above

Answer: C

3-Which of the following is not a correct statement about preeclampsia?

- A. Development of proteinuria and hypertension after 20 weeks of gestation
- B. Can evolve into eclampsia which is characterized by new onset of epileptic spasms
- C. Family history of preeclampsia increases the risk of developing preeclampsia
- D. New-Onset of hypertension with systolic and diastolic blood pressure readings of ≥ 140 and ≥ 90 mmHg detected only once

Answer: D

4-Which of the following is incorrect about MMR Vaccine?

- A. Jordan does not provide it for girls and women in the vaccine plan
- B. it is attenuated and weakened, it can be safely given to pregnant women
- C. Measles is an infection that commonly affects kids

Answer: B

5-What is the definition of Fertility rate ?

Answer: The number of live births divided by the number of women age (15-49)

يَا حَيُّ يَا قَيُّوْمُ
بِرَحْمَتِكَ أَسْتَغِيْثُ
أَصْلِحْ لِيْ شَأْنِيْ كَلَّا
وَلَا تَكِلْنِيْ إِلَى نَفْسِيْ
طَرْفَةَ عَيْنٍ

6-Total fertility rate is:

- A. Number of children born to a woman
- B. Number of new births in 1000 population
- C. The number of live births per 1,000 women ages 15-49 in a given year
- D. The level of fertility at which a couple has only enough children to replace themselves

Answer: A

7-One of the following is NOT correct about rubella:

- A. Common hectic fever
- B. Causes intrauterine fatal demise
- C. Primary rubella infection during pregnancy leads to miscarriage
- D. MMR vaccine cannot be given to pregnant women
- E. Known as 'German Measles

Answer: A

8-Which of the following statements is not true regarding preeclampsia?

ANSWER: Chronic hypertension is not a risk factor for preeclampsia.

9-Before becoming pregnant, women should check if they are immune to rubella (---) because MMR vaccine is __ live virus vaccine and pregnant women shouldn't get MMR vaccines.

ANSWER: German measles, attenuated

10–Nearly $\frac{3}{4}$ of maternal deaths are due to indirect causes aggravated by pregnancy.

A.True

B.False

ANSWER: B

11-Which of the following statements is not true regarding Low birth weight?

ANSWER: Premature birth is not associated with low birth weight

12-With regard to ultrasound scan as a routine part of antenatal care, which one of the following statements is correct?

A.It does not show the position of the placenta.

B.It does not help to check the baby size.

C.It does not help to monitor for baby growth.

D.IT can not detect abnormalities in the baby during pregnancy.

E.It shows the position of the baby and the placenta.

Answer: E

13-Which of the following is not an objective for maternal and child health services?

- A.To reduce the incidence and prevalence of sexually transmitted infections (STDs).
- B.To reduce morbidity and mortality among mothers and children, through health promotion activities.
- C.To reduce the incidence and prevalence of cervical cancer.
- D.To reduce domestic and sexual violence.
- E.To reduce morbidity and mortality among mothers and children, through curative interventions.

Answer: E

14-Sudan had one of the highest Maternal Mortality Ratios in the Middle East in 2010 with 385 per 100,000. if you know that in Sudan, 900,000 live births were recorded that year, what is the count of maternal deaths in Sudan in 2010?

- A.34,065
- B.42,777
- C.3,465
- D.4,277
- E.346,500

Answer:C

15–In Ethiopia (2017), Infant Mortality Rate was 61.3 per 1,000. If you know that 153,250 Ethiopian infants have died that year, then what is the count of live births in Ethiopia in 2017?

- A. 25 million
- B. Quarter a million
- C. 40.783 million
- D. 2.5 million
- E. 407,830

Answer: D

16-in Nigeria (2018) General Fertility Rate was 94.1 per 1,000. What was the live births count if you know that the count of women aged 15-49 years in Nigeria that year was 51 million?

- A. 186,000
- B. 48,000
- C. 48 million
- D. 1.86 million
- E. 4.8 million

Answer: E

17-One of the main functions of premarital care is:

- A.Avoiding hazards (smoking, alcohol, drugs).
- B.Assess the risk of complications in delivery.
- C.Help prepare the mother for breastfeeding
- D.Remove stress and worries regarding delivery process.



Answer:A

Primary health care

1- Which of the following is not an aspect of mental health dimension:

- A. Self-awareness
- B. Good self-control
- C. Self-efficacy and self-esteem
- D. Coping with stress
- E. Free from internal conflict

Answer: C

2- Which of the following is correct about health spectrum:

- A. Human health is static
- B. Transition between levels is sudden
- C. Highest level is death
- D. Lowest level is severe disease
- E. Health is subjected to fine variations

Answer:E

3-All of the following statements are correct regarding the Astana declaration for-primary health care, except:

- A. All has been endorsed in the Global Conference on Primary Health Care in2019.
- B. It aims to build sustainable primary health care
- C. It aims to make bold political choices for health across all sectors
- D. It aims to empower individuals and communities.

Answer:A

4-Secondary healthcare is:

- A. Primary referral
- B. Secondary referral
- C. Advanced care for specific condition
- D. First point of contact

Answer: A

5-Which of the following statements is correct about PHC?

I-Adequacy means to provide abundant services for community's demands

II-Gender equality is considered a principle of PHC

III-Acceptability is when the patient has trust and confidence in health care

A. III & II

B. I & II

C. III only

D. II only

E. All of them are correct

Answer: C

6- One of the following is a principle of Primary healthcare:

A. Social equity

B. Drug availability

C. Immunization

Answer: A

7- Which of the following does not represent Primary healthcare?

- A. Focusing on individual
- B. Health promotion
- C. Intersectoral collaboration

Answer: A

8-Tripod of negligence is related to:

- A. Efficiency
- B. Equity
- C. Intersectoral collaboration
- D. None of the above

Answer:C

9-Self-control is a characteristic of _____ health:

- A) Social
- B) Physical
- C) Spiritual
- D) Mental
- E) Environmental

ANSWER: D

10-An element of PHC:

- A) Food supply
- B) Provision of essential drugs
- C) Health education
- D) All of the above

ANSWER: D

11- Which of the following is not a requirement of PHC?

A) Adequacy

B) Completeness

C) Self-organization

D) Accessibility

ANSWER: C

12-Less than 50% of people visit PHC in Jordan for curative reasons rather than-preventive reasons

a- True

b- False

اللَّهُمَّ صَلِّ وَسَلِّمْ وَبَارِكْ عَلَى
سَيِّدِنَا مُحَمَّدٍ وَعَلَى آلِهِ وَصَحْبِهِ أَجْمَعِينَ

Answer is False

13-Mental health dimensions expect:

A- Free from internal conflict

B- Coping with stress

C- Self esteem and self confidence

D- Aware about himself

ANSWER: C

14- Regarding primary health care in Jordan:

A- We have a limited number of highly qualified doctors

B- Intermediately qualified paramedical staff are abundant.

C- Highly qualified doctors are abundant.

D- All of the above are correct

Answer :C

15-Adequacy in primary health care means?

- A) Services provided are proportionate to what is required by the community.
- B) The service has to be properly selected and performed by trained personnel in a proper way.
- C) Services must be trusted by patients.
- D) People must be able to obtain the services they need as and when they need them.
- E) Adequate attention should be paid to all aspects of a medical problem - prevention, early detection, diagnosis, treatment, follow up measures, and necessary rehabilitation.

Answer: A

16-What term is used to refer to care is provided for all types of health problems in primary health care?

A) Accessibility.

B) Continuity.

C) Completeness.

D) Comprehensiveness.

E) Availability

Answer: D

17-The dimension of health that involves feeling as part of a greater spectrum of existence is:

- A) Social
- B) Spiritual
- C) Environmental
- D) Emotional
- E) Physical

Answer: B

18-Equity theory of motivation focuses on:

ANSWER: People's perception of how fairly they must be treated when compared to others.

19-The skeleton of PHC services is?

ANSWER: Health education

20- Consider the following pairs:

A) Alma-Ata declaration & healthcare

B) Equity & medical care can be readily evaluated

C) Premarital health services & genetic counselling

D) Storm and stress period of adolescence & Edwin Locke

Which of the pairs is/are paired correctly?

ANSWER: A and C

21-An example of health dimension:

A- spiritual well being

B- Mental well being

C- social well being

D- all of the above

Answer: D

For any feedback, scan the code or click on



Corrections from previous versions:

Versions	Slide # and Place of Error	Before Correction	After Correction
V0 → V1	Slide 20	Answer: C	The right answer is E
V1 → V2			

Additional Resources:

رسالة من الفريق العلمي:

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ
اللَّهُ لَطِيفٌ بِعِبَادِهِ يَرْزُقُ مَنْ يَشَاءُ وَهُوَ الْقَوِيُّ الْعَزِيزُ
﴿١٩﴾ مَنْ كَانَ يُرِيدُ حَرْثَ الْآخِرَةِ نَزِدْ لَهُ فِي حَرْثِهِ وَمَنْ
كَانَ يُرِيدُ حَرْثَ الدُّنْيَا نُؤْتِهِ مِنْهَا وَمَا لَهُ فِي الْآخِرَةِ
مِنْ نَصِيبٍ ﴿٢٠﴾