

Summary of all the numbers & Dates in MCH

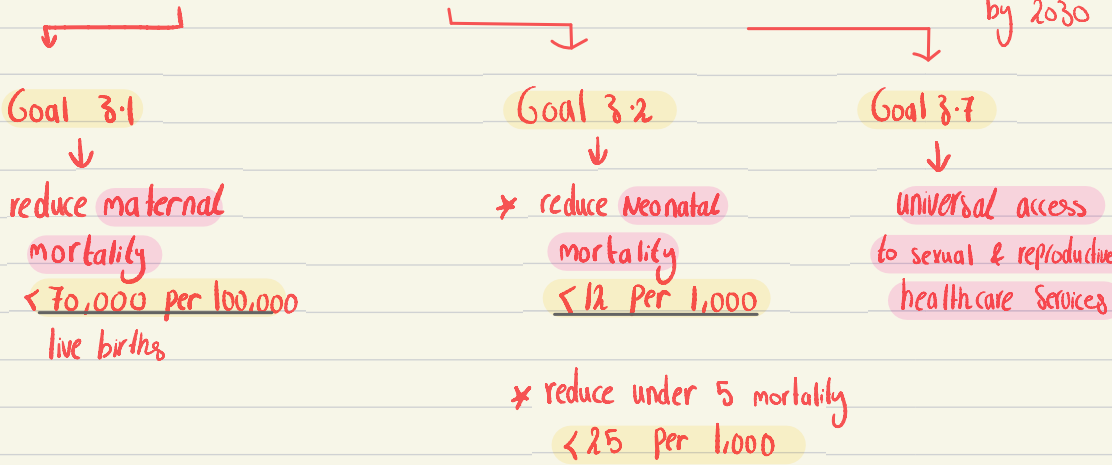
* Alma Ata Conference was in 1978

* Safe motherhood initiative 1987

* Millennium development goals (MDGs) 2000-2015



* Sustainable development Goals (SDGs) 2016



* MCH target population 15-49 years

* children <math>< 15</math> 34.3% of population

* women in reproductive age (15-49) 20%

About 80% of maternal deaths in developing countries are due to direct obstetric causes.

* Preterm birth < 37 weeks

* low birth weight < 2,500 g

* Recommended daily iodine intake 150-250 mcg

* Safe upper limit of Vit A 5,000 IU

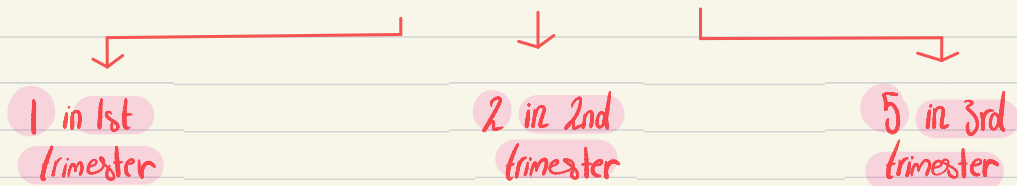
* Vit A teragenic risk dosage > 10,000 IU/day

* mandatory premarital screening for β -thalassemia → 2007

* Recommended routine ultrasound timing 10-13 weeks of gestation

* Minimum FANC visits (2000) → 4 visits

* 2016 ANC → at least 8



* ANC in Jordan : 84% in 1990 , 99% in 2007 , 97% in 2023

* Teenage pregnancy in Jordan (15-19) : 3% → 1% in Mo'aa & Agaba , 5% in Zarqa

chronic hypertension → 140/90 mmHg BEFORE 20 weeks

preclampsia → 140/90 mmHg AFTER 20 weeks

5% in all pregnancies
10% of first pregnancy
20-25% women with chronic hypertension