

## Community

- \_ Introduction to primary Healthcare
- \_ Declaration of Astana – Activity
- \_ Basic concept of primary Healthcare
- \_ Health Education



# TEST BANK

**Rama Aloweyrat**

# Introduction to PHC

**What is the primary objective of Community Medicine?**

- A) Treatment of diseases
- B) Promotion of health and prevention of disease
- C) Curing chronic illnesses
- D) Reducing healthcare costs

Answer: B

Slide 2

**According to WHO, health is defined as a state of complete well-being in all the following dimensions EXCEPT:**

- A) Physical
- B) Financial
- C) Social
- D) Mental

Answer: B

Slide 6

**Which of the following is NOT a core subject in Community Medicine?**

- A) Epidemiology
- B) Cardiology
- C) Public health nutrition
- D) Biostatistics

Answer: B

Slide 3

**Primary Health Care (PHC) was introduced internationally by which conference?**

- A) Geneva Convention
- B) Astana Conference
- C) Alma Ata Conference
- D) Paris Health Summit

Answer: C

Slide23

**The Alma Ata Declaration emphasized that health is a fundamental human right and that inequalities in health are:**

- A) Natural and unavoidable
- B) Politically and socially acceptable
- C) Economically necessary
- D) Politically, socially, and economically unacceptable

Answer: D

Slide 27

**Which level of health care is described as the “first level of contact” with the health care delivery system?**

- A) Tertiary health care
- B) Secondary health care
- C) Primary health care
- D) Specialized health care

Answer: C

Slide 20

**The social determinants of health include all EXCEPT?**

- A) Economic stability
- B) Individual genetic traits
- C) Education access and quality
- D) Neighborhood and built environment

Answer: B

Slide 13

**A person’s health status is determined by interactions among several domains. Which of the following is NOT one of these domains?**

- A) Behavioral choices
- B) Political affiliations
- C) Environmental conditions
- D) Social circumstances

Answer: B

Slide 5

**Which dimension of health involves a person's relationship with their surroundings and responsibility for its care?**

- A) Mental health
- B) Social health
- C) Environmental health
- D) Spiritual health

Answer: C

Slide 9

**The 2018 Astana Conference Declaration aimed to achieve which primary goal?**

- A) Introduction of universal health care
- B) Reinforcement of primary health care for sustainable, healthier lives
- C) Development of advanced medical technologies
- D) Establishment of new tertiary care facilities globally

Answer: B

Slide 26

# Declaration of Astana - Activity

**What was a primary goal of the 2018 Declaration of Astana?**

- A) Establishment of universal health care in all developed nations
- B) Shift of health services solely to the private sector
- (C) Strengthening Primary Health Care as a pathway to Universal Health Coverage (UHC)
- D) Reducing health costs by limiting services

Answer: C

Page 3

**Which of the following is emphasized as a fundamental right in the Declaration of Astana?**

- A) Right to free healthcare
- B) Right to the highest attainable standard of health
- C) Right to non-essential health services
- D) Right to private healthcare only

Answer: B

Page 5 (I)

**The Declaration of Astana stresses the importance of addressing which types of diseases due to their growing burden on health?**

- A) Only communicable diseases
- B) Only rare diseases
- C) Noncommunicable diseases
- D) Genetic diseases only

Answer: C

Page 5 (III)

**Which of the following is NOT a component of Primary Health Care (PHC) according to the Declaration?**

- A) Curative services
- B) Palliative care
- C) Financial audits
- D) Preventive care

Answer: C

Page 6 (V)

**What does the Declaration propose to empower communities in health management?**

- A) Limit community engagement
- B) Increase health literacy and community ownership
- C) Delegate all health decisions to private providers
- D) Reduce public health communication

Answer: B

Page 10 (VI)

**How does the Declaration of Astana address the financial aspect of health care?**

- A) Encourages private funding only
- B) Aims to reduce financial hardship by improving funding for PHC
- C) Promotes out-of-pocket spending for individuals
- D) Reduces focus on financial issues in health

Answer: B

Page 9 ( Financing section)

**Which stakeholder is given primary responsibility for promoting and protecting health in the Declaration?**

- A) Private corporations
- B) International donors
- C) Governments
- D) Non-profit organizations

Answer: C

Page 6 ( IV)

**What role does technology play in the Declaration's vision for PHC?**

- A) Replace traditional health services
- B) Only for administrative purposes
- C) Improve access, quality, and efficiency in PHC
- D) Restrict patient access to records

Answer: C

Page 9 ( Technology section )

**In terms of workforce, what does the Declaration of Astana propose for strengthening PHC?**

- A) Employ untrained personnel
- B) Invest in training, retention, and fair compensation
- C) Shift all health workforce to urban areas
- D) Limit professional growth opportunities

Answer: B

Page 8 ( Human resource section)

**”Which approach does the Declaration recommend for achieving “Health in All Policies?”**

- A) Implementing health policies only in medical sectors
- B) Promoting multisectoral action to address social determinants of health
- C) Limiting collaboration with other sectors
- D) Focusing solely on curative care

Answer: B

Page 6 ( IV)

# Basic concepts of primary Healthcare

**What is the primary purpose of primary health care (PHC)?**

- A) Specialized medical treatment
- B) Managing short-term health issues and chronic conditions, promoting health, and connecting patients to specialized services
- C) Focusing solely on illness prevention
- D) Providing exclusive care for infectious diseases

Correct Answer: B

Slide 3

**Which principle of PHC aims to provide fair access to health services for all individuals?**

- A) Community participation
- B) Social equity
- C) Appropriate technology
- D) Individual responsibility

Correct Answer: B

Slide 6

**What does “community participation” in PHC imply?**

- A) Health care decisions are made solely by medical professionals
- B) Patients play a passive role in health care
- C) Joint responsibility and active involvement of the community in health decisions
- D) Patients choose their own treatments independently

Correct Answer: C

Slide 13

**What is a core component of PHC that emphasizes collaboration across various sectors, such as education and agriculture?**

- A) Social equity
- B) Intersectoral coordination
- C) Universal coverage
- D) Advanced medical technology

Correct Answer: B

Slide 11



**The term “appropriate technology” In PHC refers to:**

- A) Advanced medical technologies for hospitals
- B) Simple, affordable, and locally acceptable methods for health care
- C) Technologies that are only used in urban centers
- D) Imported medical equipment

Correct Answer: B

Slide 9

**Which model of health care does PHC reform seek to replace?**

- A) Illness-focused and episodic care model
- B) Community-centered model
- C) Comprehensive and continuous care model
- D) Preventive-only care model

Correct Answer: A

Slide 25

**A feature of PHC is that it is “universally accessible.” This means:**

- A) Only certain populations can access it
- B) It is accessible to all individuals without discrimination
- C) It requires high out-of-pocket costs
- D) It is accessible only to urban populations

Correct Answer: B

Slide 2

**Primary health care emphasizes “health promotion” rather than just treatment. This includes:**

- A) Providing only emergency care
- B) Exclusively treating existing illnesses
- C) Encouraging active lifestyle and education on preventive health
- D) Focusing only on chronic disease management

Correct Answer: C

Slide 25

**In PHC, “nationwide coverage” refers to:**

- A) Services are limited to rural areas
- B) Health services are extended across the entire population of a country
- C) Health services focus only on urban populations
- D) Coverage is limited to certain age groups

Correct Answer: B

Slide 5

**Which of the following is NOT a primary principle of PHC?**

- A) Community participation
- B) Individualized care without coordination
- C) Social equity
- D) Intersectoral coordination

Correct Answer: B

Slide 6

# Health Education

**What has been the trend in life expectancy in Jordan over the past few decades?**

- A. Decreasing due to limited healthcare resources
- B. Stable with little change over the years
- C. Increasing, reaching 73.3 years by 2023
- D. Increasing until 2000, then declining

.Correct Answer: C

Slide 2

**Which of the following is a primary role of health education (HE) in Jordan?**

- A. To primarily cure diseases
- B. To improve the physical environment
- C. To prevent illness by changing individual behaviors and attitudes
- D. To provide emergency healthcare services

Correct Answer: C

Slide 21

**What is the main goal of health education according to the lecture?**

- A. Improve social well-being only
- B. Improve the quality of life in all aspects including health, social, economic, and political
- C. Increase healthcare spending
- D. Focus only on reducing physical ailments

Correct Answer: B

Slide 22

**Which group is NOT specifically targeted in health education programs in Jordan?**

- A. Women
- B. Children
- C. Elderly
- D. Working professionals

Correct Answer: D

Slide 24

**Which approach in health education focuses on empowering individuals to make their own health-related decisions?**

- A. Medical approach
- B. Educational approach
- C. Change in behavior approach
- D. Individual-centered approach

Correct Answer: D

Slide 27

**What percentage of the population in Jordan was under 15 years of age in 2023?**

- A. 50%
- B. 34.4%
- C. 25%
- D. 10%

Correct Answer: B

Slide 4

**Which organization in Jordan is primarily responsible for providing family planning services?**

- A. World Health Organization (WHO)
- B. Jordanian Ministry of Health (MOH)
- C. Jordanian Association of Family Planning and Protection (JAFPP)
- D. Jordanian Red Crescent Society

Correct Answer: B

Slide 8

**Which statement best describes the demographic transition in Jordan?**

- .A. Jordan's population is growing slowly with low fertility rates
- .B. Jordan is transitioning from high fertility and mortality to low fertility and mortality
- .C. Jordan is experiencing high fertility and low mortality
- .D. Jordan's demographic is stable with no major changes

Correct Answer :B

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