### بسم الله الرحمن الرحيم





### FINAL | Lectures 11-15

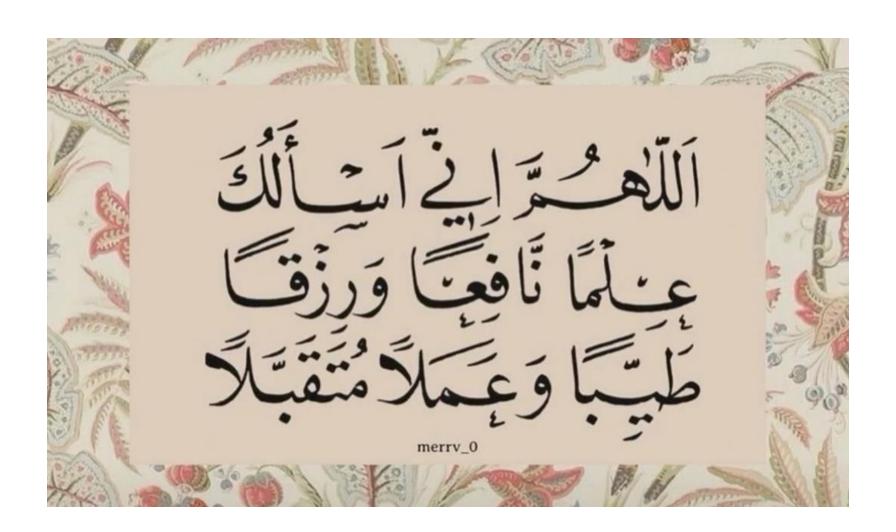


### Test bank

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### Test bank





## Gluteal region



# Q1. Which of the following structures passes through the greater sciatic foramen and then re-enters the pelvis via the lesser sciatic foramen?

- A. Sciatic nerve
- B. Pudendal nerve
- C. Posterior femoral cutaneous nerve
- D. Inferior gluteal nerve

Q2. A patient presents with a waddling gait. On examination, you note that the pelvis drops on the contralateral side when they stand on one leg. Which muscle is most likely weak or paralyzed?

- A. Gluteus maximus
- B. Gluteus medius
- C. Piriformis
- D. Quadratus femoris

## Q3. The upper medial quadrant of the buttock receives its sensory supply from:

- A. Posterior cutaneous nerve of the thigh
- B. Anterior rami of L1 and T12
- C. Posterior rami of upper lumbar and sacral nerves
- D. Lateral cutaneous nerve of the thigh

### Q4. All of the following pass through the lesser sciatic foramen EXCEPT:

- A. Internal pudendal artery
- B. Pudendal nerve
- C. Sciatic nerve
- D. Tendon of obturator internus

# Q5. The sacrotuberous ligament connects the sacrum to which of the following bony landmarks?

- A. Ischial tuberosity
- B. Ischial spine
- C. Greater trochanter
- D. Iliac crest

### Q6. Which of the following is a wrong match?

- A. Gluteus minimus Superior gluteal nerve
- B. Sciatic nerve Exits above piriformis
- C. Tensor fasciae latae Assists in knee extension
- D. Gluteus maximus Inserts into iliotibial tract

## Q7. The muscle that primarily extends the hip joint and contributes to knee extension via the iliotibial tract is:

- A. Gluteus medius
- B. Gluteus minimus
- C. Gluteus maximus
- D. Piriformis

### Q8. Which of the following is correct?

- A. Gluteus medius abducts the thigh and stabilizes the pelvis when walking
- B. Gluteus maximus lies deep to gluteus minimus
- C. Inferior gluteal nerve exits above piriformis
- D. Sciatic nerve gives off the pudendal nerve

Q9. A patient receives a gluteal intramuscular injection in the lower medial quadrant and complains of shooting pain down the posterior thigh. Which structure was likely injured?

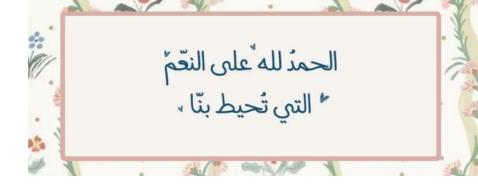
- A. Femoral nerve
- B. Pudendal nerve
- C. Superior gluteal nerve
- D. Sciatic nerve

Q10 . A 40-year-old woman presents with difficulty walking. On examination, when asked to stand on her right leg, her **left** pelvis drops. This is a positive Trendelenburg sign. Which of the following is the most likely cause?

- A. Left gluteus medius weakness
- B. Right gluteus maximus injury
- C. Right superior gluteal nerve damage
- D. Left inferior gluteal nerve injury

Explanation: The pelvis drops on the unsupported side (left) when there's weakness of the gluteus medius and minimus on the stance side (right). These muscles are innervated by the superior gluteal nerve.

Ans: C



## The Leg

### Q1. The lateral cutaneous nerve of the calf is a branch of which nerve?

- A. Tibial nerve
- B. Saphenous nerve
- C. Common peroneal nerve
- D. Femoral nerve

## Q2. Which of the following statements about the anterior fascial compartment of the leg is NOT correct?

- A. Tibialis anterior inverts the foot and helps maintain the medial longitudinal arch.
- B. Peroneus tertius everts the foot but is innervated by the superficial peroneal nerve.
- C. Extensor hallucis longus extends the big toe and inverts the foot.
- D. Extensor digitorum longus is innervated by the deep peroneal nerve and extends the lateral four toes.

### Q3. The peroneus longus muscle helps in:

- A. Inversion of the foot
- B. Dorsiflexion
- C. Eversion and plantar flexion
- D. Extension of the toes

### Q4. Which structure lies most medially under the flexor retinaculum?

- A. Posterior tibial artery
- B. Flexor hallucis longus
- C. Tibial nerve
- D. Tibialis posterior tendon

Q5. Which nerve provides sensation to the lateral side of the foot and little toe?

- A. Sural nerve
- B. Medial plantar nerve
- C. Saphenous nerve
- D. Deep peroneal nerve

### Q6. The tendon that lies most laterally behind the medial malleolus is:

- A. Flexor hallucis longus
- B. Tibialis posterior
- C. Flexor digitorum longus
- D. Posterior tibial artery

## Q7. Which muscle is innervated by L4, L5 and supports the medial longitudinal arch?

- A. Peroneus brevis
- B. Tibialis anterior
- C. Soleus
- D. Gastrocnemius



## Foot Pt1 & 2

### Q1. The first lumbrical of the foot is innervated by the:

- A. Deep peroneal nerve
- B. Medial plantar nerve
- C. Lateral plantar nerve
- D. Tibial nerve

## Q2. All of the following statements about the adductor hallucis are true EXCEPT:

- A. It has both oblique and transverse heads.
- B. It inserts into the lateral side of the proximal phalanx of the big toe.
- C. It is innervated by the medial plantar nerve.
- D. It flexes the metatarsophalangeal joint of the big toe and holds metatarsals together.

### Q3. Which of the following is INCORRECT?

- A. The medial plantar nerve is a branch of the tibial nerve.
- B. The saphenous nerve is a branch of the femoral nerve.
- C. The sural nerve supplies the medial side of the foot.
- D. The lateral plantar nerve supplies the lateral 1½ toes.

### Q4. Which structure mainly supports the transverse arch of the foot?

- A. Peroneus longus tendon
- B. Plantar aponeurosis
- C. Tibialis posterior tendon
- D. Flexor hallucis longus tendon

### Q5. Which of the following is true about the lateral plantar artery?

- A. It is smaller than the medial plantar artery
- B. It passes superficial to the flexor retinaculum
- C. It contributes to the plantar arch
- D. It supplies only the lateral toe

### Q6. The medial plantar nerve supplies all EXCEPT:

- A. Abductor hallucis
- B. Flexor digitorum brevis
- C. 1st lumbrical
- D. Adductor hallucis

### Q7. Which of the following tendons lie in the 2nd layer of the sole?

- A. Tibialis posterior
- B. Peroneus longus
- C. Flexor hallucis longus
- D. Extensor digitorum brevis

## Q8. A lesion to the deep branch of the lateral plantar nerve would affect which muscle?

- A. Flexor digitorum brevis
- B. Flexor hallucis brevis
- C. Adductor hallucis
- D. Abductor hallucis

#### Q9. The dorsalis pedis artery is a continuation of the:

- A. Anterior tibial artery
- B. Posterior tibial artery
- C. Fibular artery
- D. Medial plantar artery

### Q10. Loss of sensation in first web space suggests injury to:

- A. Saphenous nerve
- B. Superficial peroneal nerve
- C. Deep peroneal nerve
- D. Tibial nerve

## Q11. The most important tendons maintaining the medial longitudinal arch are:

- A. Flexor digitorum brevis and abductor digiti minimi
- B. Tibialis posterior and flexor hallucis longus
- C. Peroneus brevis and tibialis anterior
- D. Abductor hallucis and peroneus longus

اللهم هب كنا من الأقدار أجملها

# Nerve injury of LL

Q1. A 25-year-old athlete is stabbed in the anterior thigh and can no longer extend his knee. There is also sensory loss on the medial leg and foot. Which nerve is most likely injured?

- A. Obturator nerve
- B. Tibial nerve
- C. Sciatic nerve
- D. Femoral nerve

Q2. A 30-year-old man is involved in a motorcycle accident and fractures the neck of his fibula. He now has foot drop and loss of sensation over the dorsum of the foot. Which nerve is affected?

- A. Tibial nerve
- B. Saphenous nerve
- C. Common peroneal nerve
- D. Deep peroneal nerve

Q3. A stab wound to the popliteal fossa causes weakness in plantarflexion and numbness of the sole. Which branch of the sciatic nerve is affected?

- A. Tibial nerve
- B. Common peroneal nerve
- C. Superficial peroneal nerve
- D. Deep peroneal nerve

Q4. A patient has intact plantarflexion but cannot evert the foot. Sensory loss is noted on the lateral dorsum of the foot. Which nerve is likely injured?

- A. Deep peroneal nerve
- B. Tibial nerve
- C. Superficial peroneal nerve
- D. Femoral nerve

### Q5. Obturator nerve injury leads to loss of sensation in:

- A. Lateral foot
- B. Middle of medial thigh
- C. Anterior thigh
- D. Sole of foot

### For any feedback, scan the code or click on it.



#### Corrections from previous versions:

| Versions | Slide # and Place of Error | Before Correction | After Correction |
|----------|----------------------------|-------------------|------------------|
| V0 → V1  |                            |                   |                  |
| V1 → V2  |                            |                   |                  |

### Additional Resources:

### رسالة من الفريق العلمي

ءَامَنَ ٱلرَّسُولُ بِمَآ أَنْزِلَ إِلَيْهِ مِن رَّبِّهِ عَوَالْمُؤْمِنُونَ حُكُلُّ ءَامَنَ بِٱللَّهِ وَمَلَتْمِكَتِهِ عَ وَكُتُبِهِ ، وَرُسُلِهِ ، لَا نُفَرِقُ بَيْنَ أَحَدِ مِن رُسُلِهِ ، وَقَالُواْ سَمِعْنَا وَأَطَعْنَا عُفْرَانَكَ رَبَّنَا وَإِلَيْكَ ٱلْمَصِيرُ ١ الْأَكُلُّفُ ٱللَّهُ نَفْسًا إِلَّا وُسْعَهَأَ لَهَا مَا كَسَبَتْ وَعَلَيْهَا مَا أَكْتَسَبَتُّ رَبَّنَالَا تُوَاحِذُنَا إِن نَّسِينَا أَوْأَخْطَأْنَأُ رَبَّنَا وَلَاتَحْمِلْ عَلَيْنَا إِصْرًاكَمَا حَمَلْتَهُ وَعَلَى ٱلَّذِينَ مِن قَبْلِنَأْ رَبَّنَا وَلَا يُحْمِلْنَا مَا لَاطَاقَةَ لَنَا بِيُّهُ وَأَعْفُ عَنَّا وَأَغْفِرْلَنَا وَٱرْحَمْنَأَ أَنْتَ مَوْلِكِنَا فَأَنْصُرْنَا عَلَى ٱلْقَوْمِ ٱلْكَفِرِينَ ١



