



Triangles of the Neck

Dr.Ahmed Salman

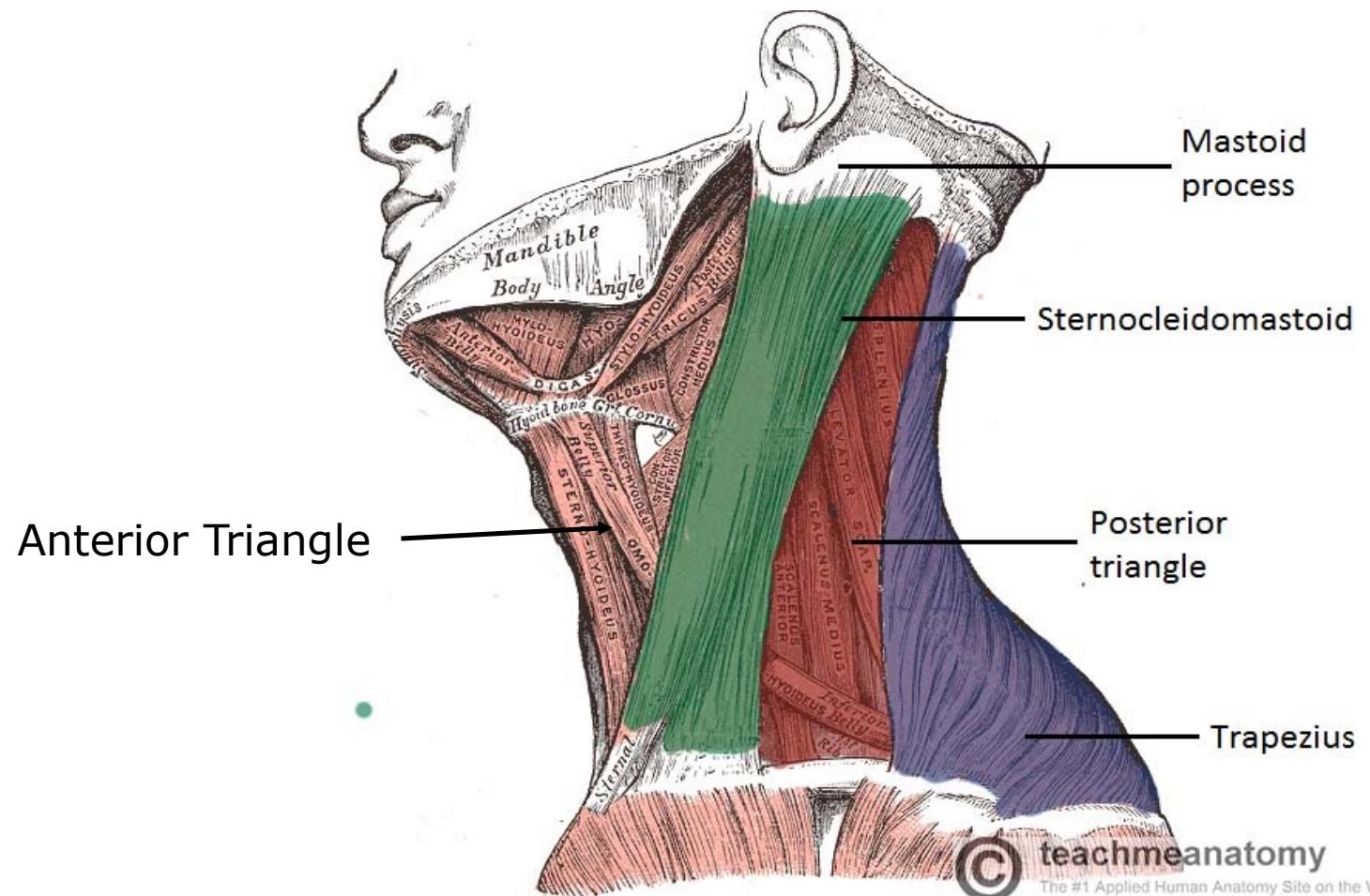
Associate professor of anatomy

Neck Triangles

The neck is divided by



into two triangles Anterior and posterior



Neck Triangles

Anterior Triangles

Two Carotid Triangles

Two Digastric Triangles

Posterior Triangles

One Submental Triangles

Two Muscular Triangles

Posterior Triangles

Boundary :

Anterior :

Posterior:

Base :

Apex:

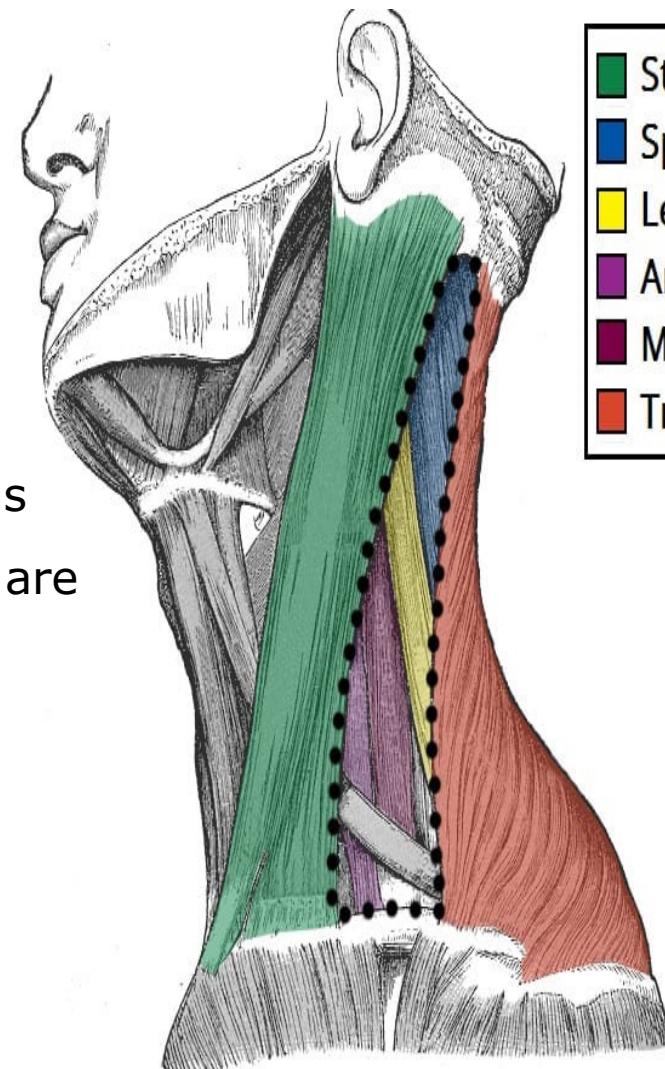
Roof :

Floor : scalene muscles, levator scapulae, splenius capitis and a small part of semispinalis capitis, all are covered by the prevertebral fascia

Subdivision

The inferior belly of omohyoid subdivides the posterior triangle into

-
-



Sternocleidomastoid
Splenius capitis
Levator scapulae
Anterior scalene
Middle scalene
Trapezius



Contents of the Posterior Triangle :

A. Nerves :

1)

2)

A.

B.

C.

D.



C. Lymph Nodes :

1)



D. Muscle:



D. Arteries in the Posterior Triangle :

1)

2)

- This part extends from the ***lateral border*** of scalenus anterior to the ***lateral border*** of the first rib where it becomes the axillary A.

3)

4)

3,4 are branches from thyrocervical trunk of the first part of the subclavian A

E. Veins:

1.

2.

3.

POSTERIOR TRIANGLE - deeper

Brachial
plexus roots &
trunks

Transverse
(superf.)
Cervical A.

Suprascapular
A.

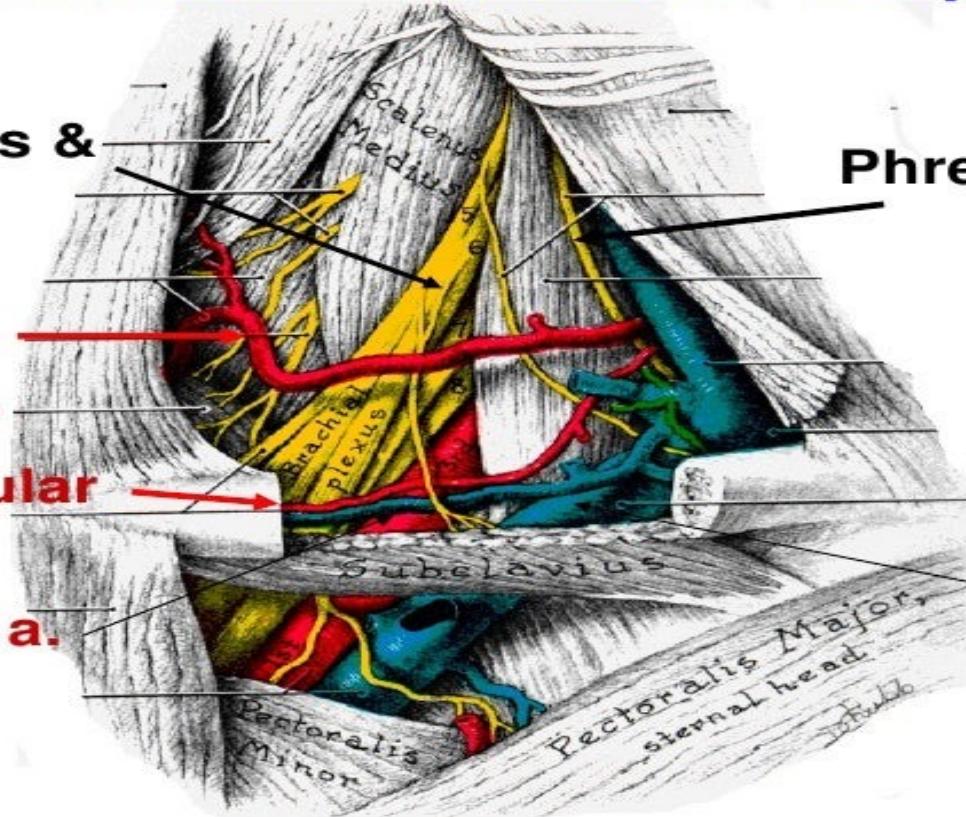
Subclavian a.

Phrenic n.

Nose



Subclavian
vein



note: Subclavian vein is not in post triangle

Anterior Triangles

Boundary:

Anterior :

Posterior:

Base :

Apex:

Roof :

Subdivision:

The anterior triangle is divided by digastric muscle and superior belly of omohyoid into 3 1/2 triangles as follows:

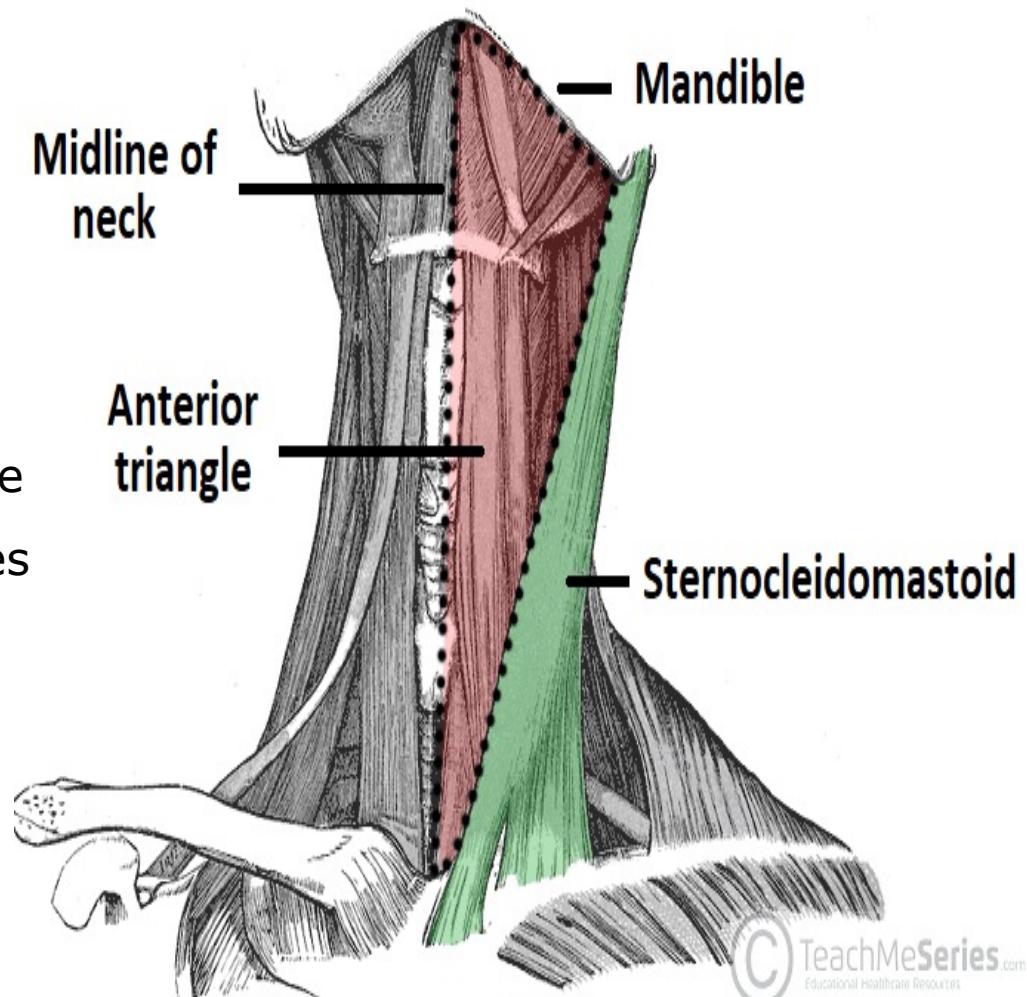
1-



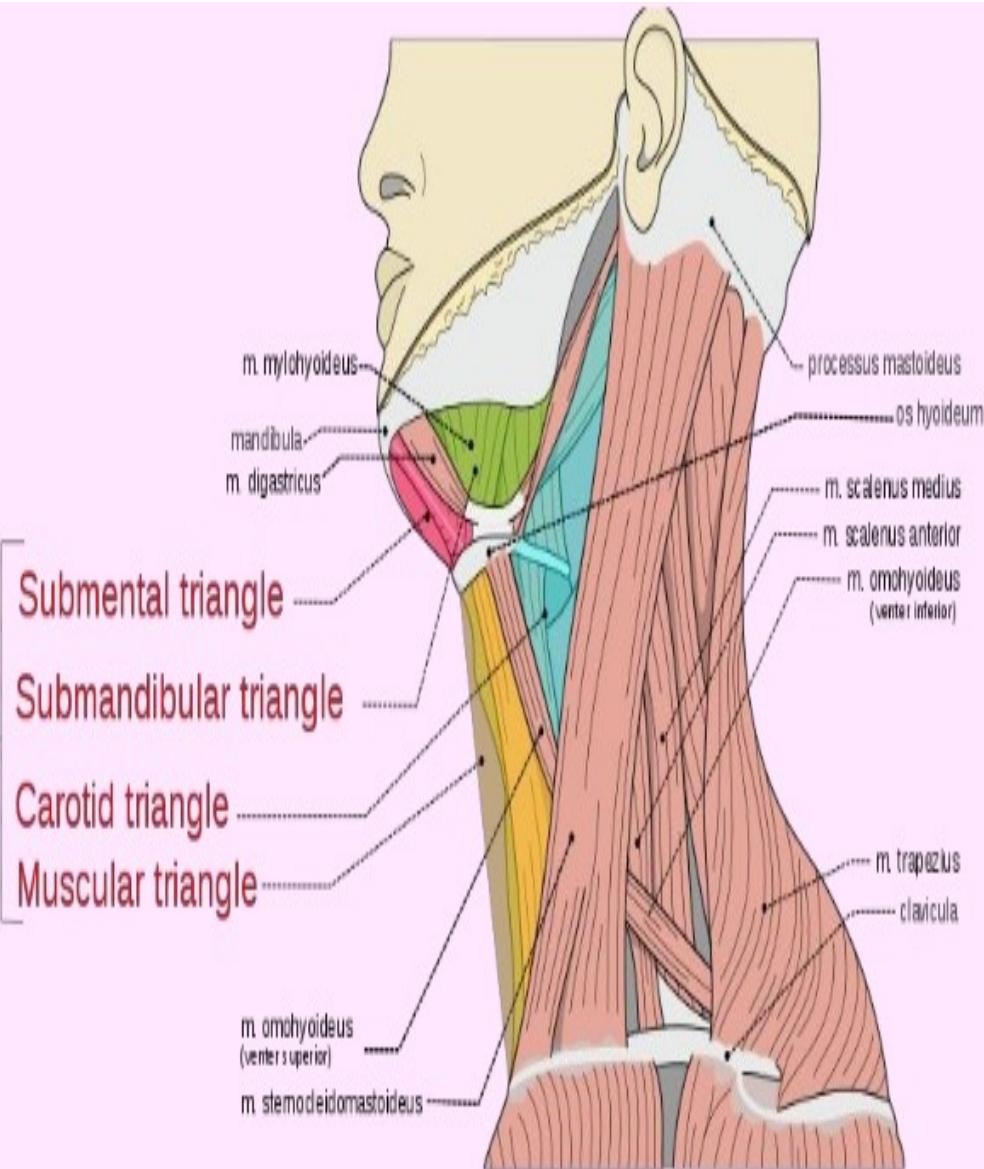
2-

3-

4-



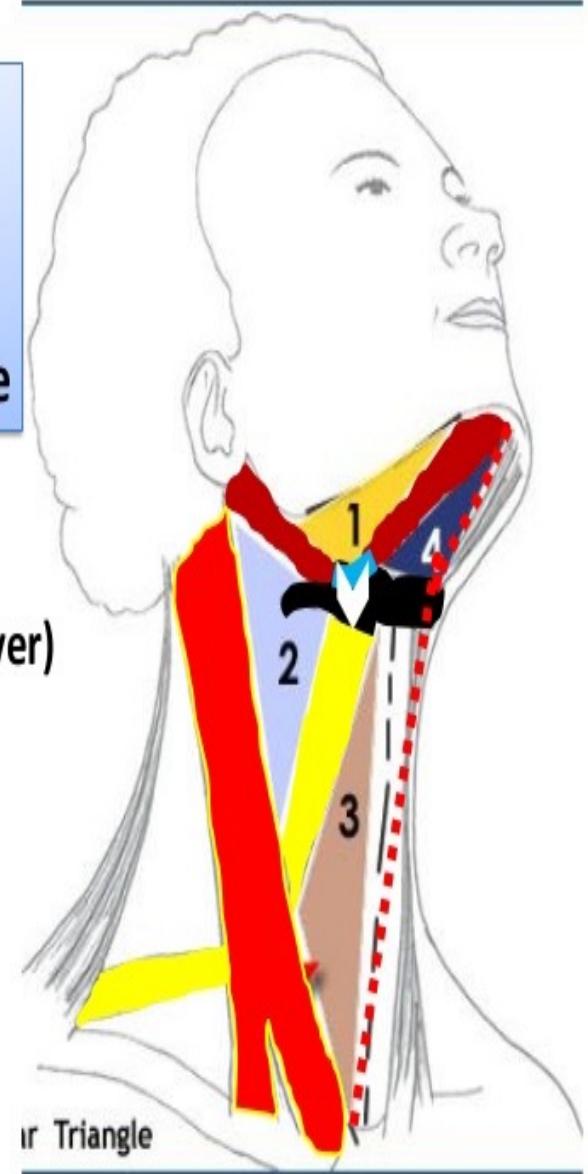
Anterior triangle



1. Digastric triangle
2. Carotid triangle
3. Muscular triangle
4. Submental triangle

Fascial sling (investing layer)

Division of
anterior triangle



I) **Digastric triangle:** (Submandibular triangle)

 **Boundaries:**

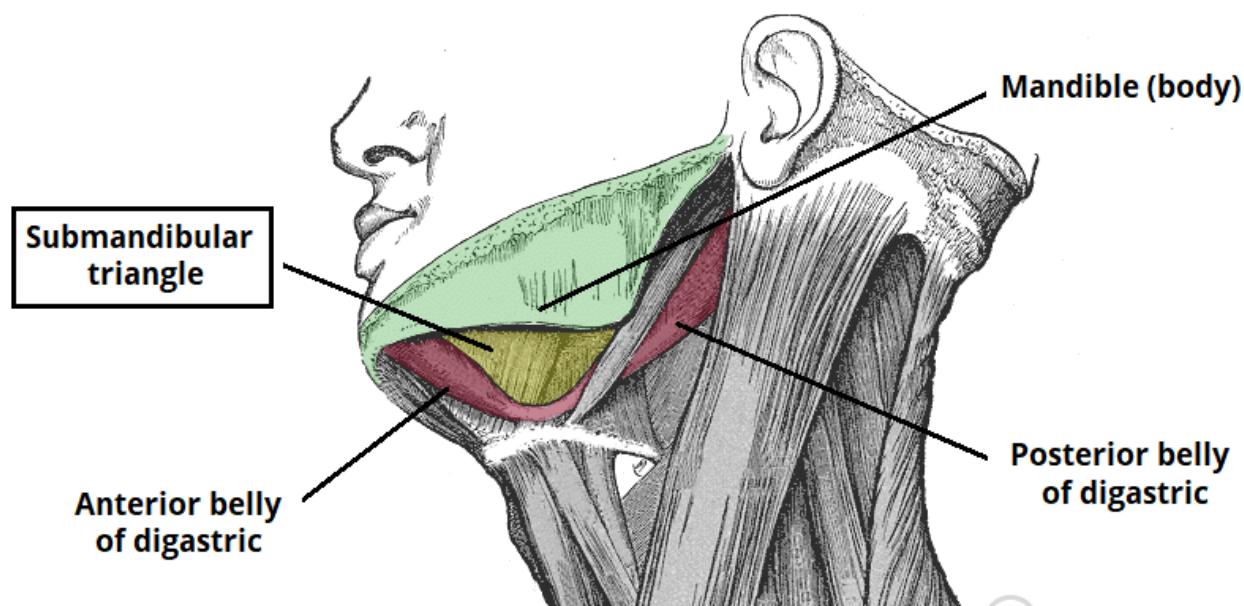
 **Above:**

 **Below and in front:**

 **Below and behind:**

 **Roof:**

▪ **Floor:**





Contents: (2 glands, 2 vessels and 2 nerves)

1. Gland:

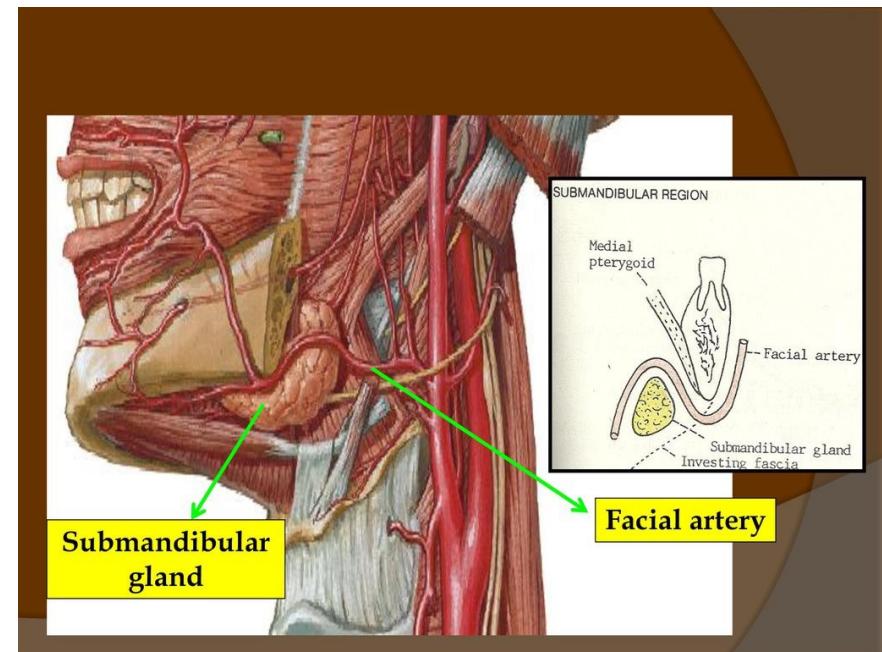
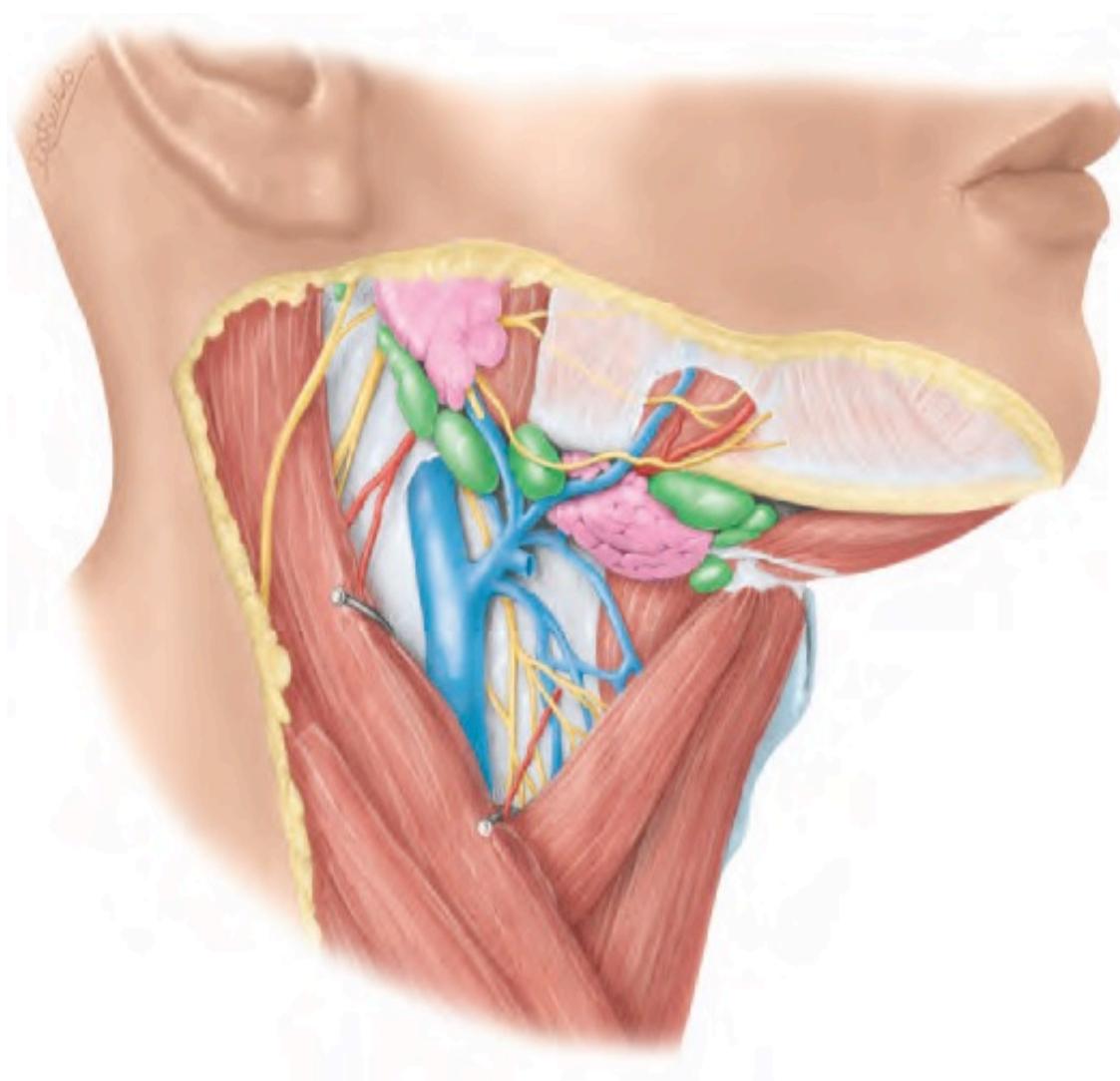
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2. Vessels:

a. Facial artery: It ascends on the posterior border of submandibular gland then between the gland and the mandible. It gives its submental artery.

b. Anterior facial vein: It lies superficial on the submandibular gland.

3. Nerves:



II) Carotid triangle:

▪ **Boundaries:**

▪ **Posterior:**

▪ **Above:**

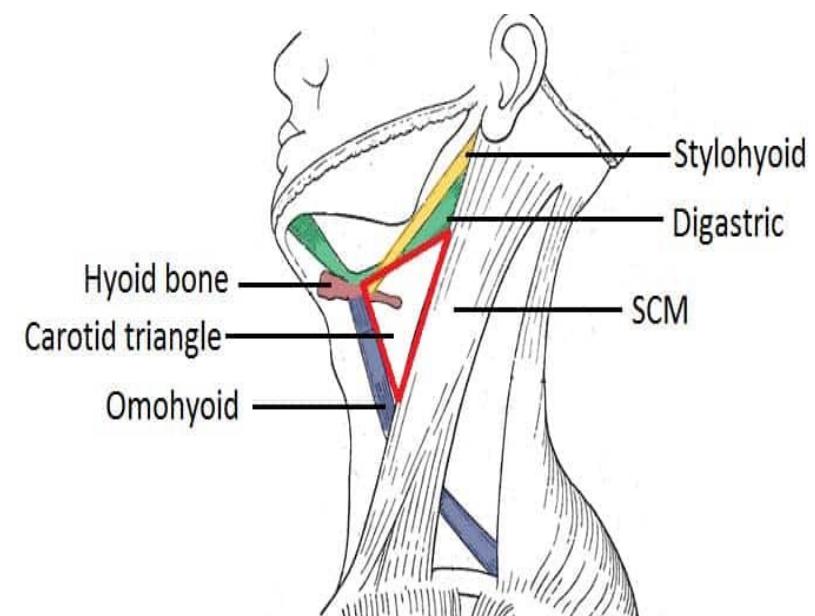
▪ **Below and in front:**

▪ **Roof:**

▪ **Floor:** Not mentioned

➤ **Anterior:**

➤ **Posterior:**



Contents:

A) Carotid sheath

B) Arteries: (3 carotid arteries)

1. Upper part of common carotid artery (CCA) divides opposite the upper border of thyroid cartilage into external and internal carotid arteries.

2. External carotid artery (ECA):

gives 5 branches in the triangle: 

3. Internal carotid artery (ICA):

C) Deep cervical lymph nodes:

Related to 

D) Veins:

1. Internal jugular vein (IJV) descends in the carotid sheath
common carotid arteries.



to internal and

E) Nerves:

- 1.
- 2.
- 3.
- 4.



- 5.



- 6.



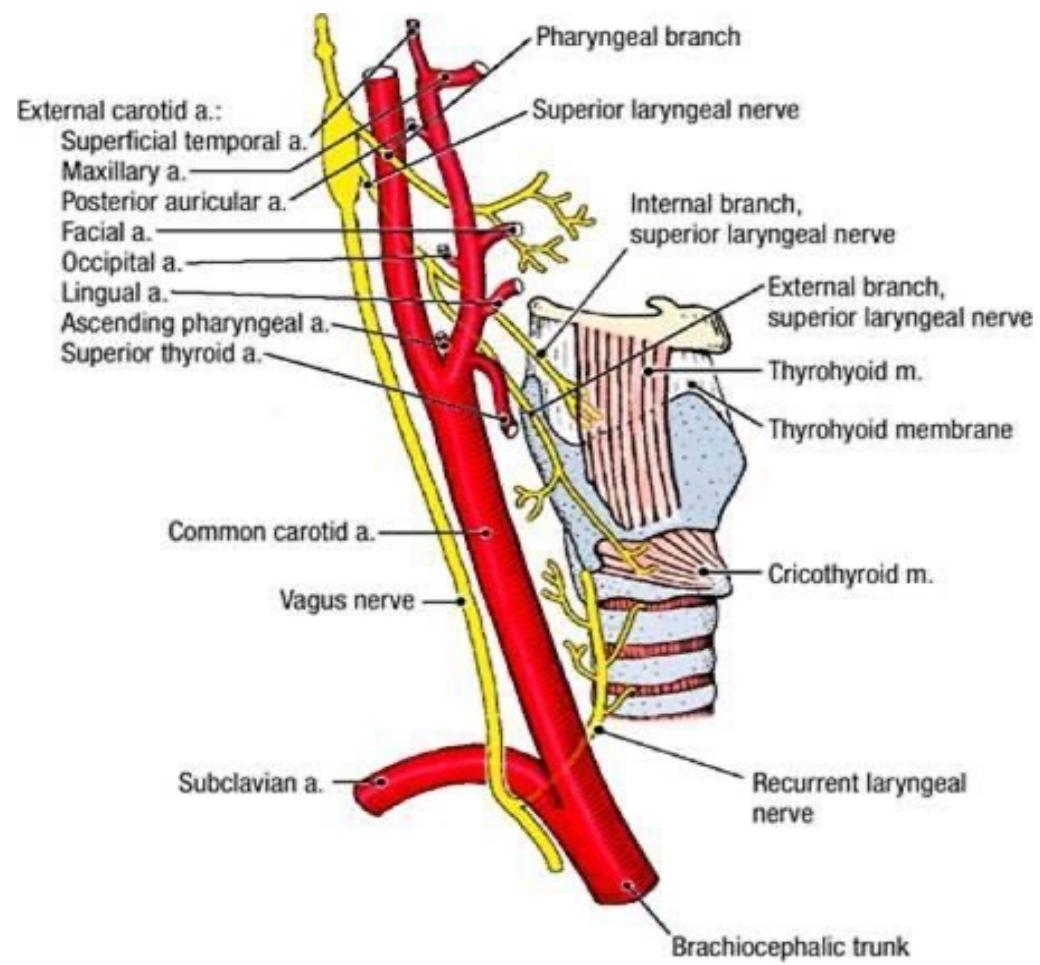
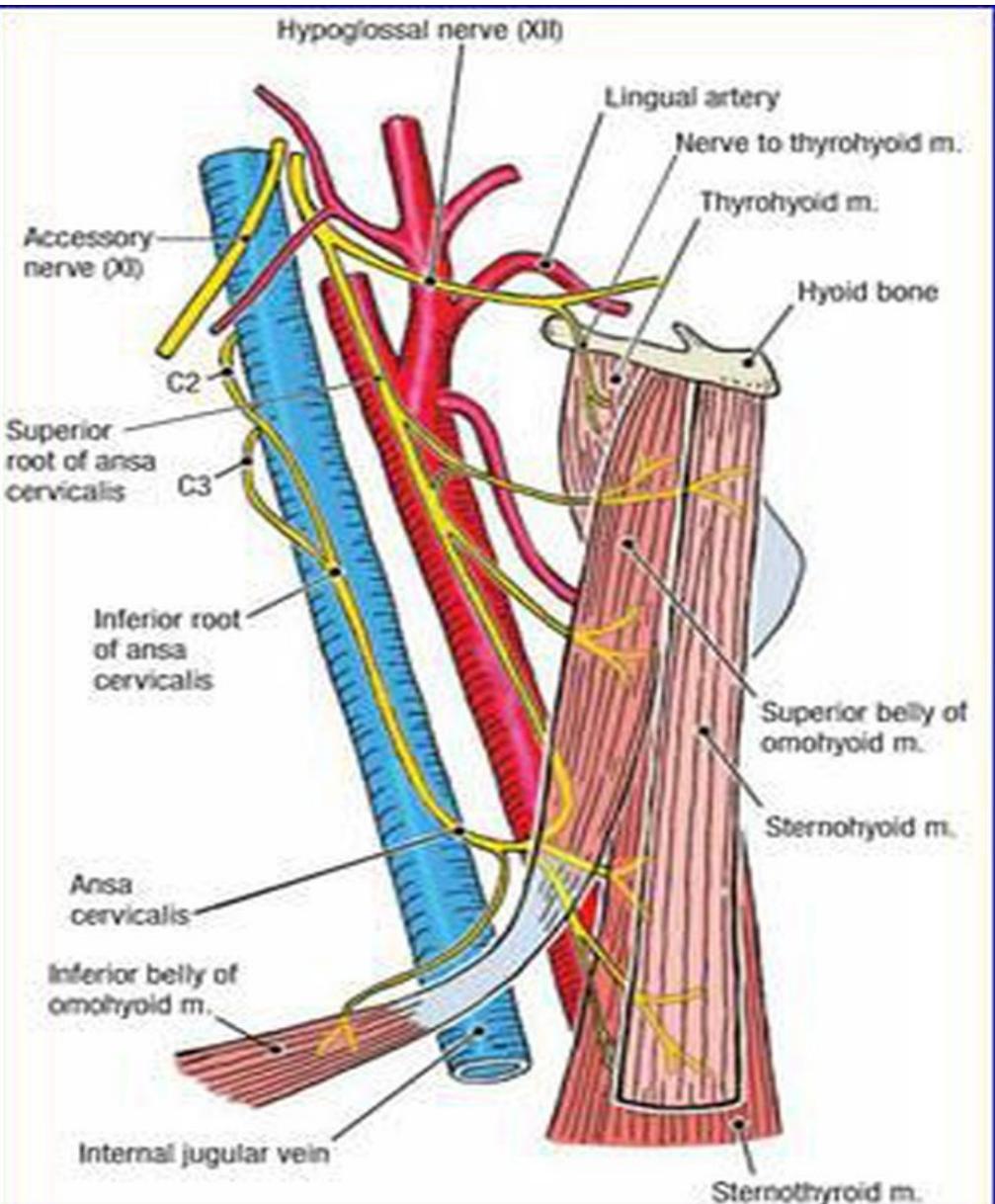
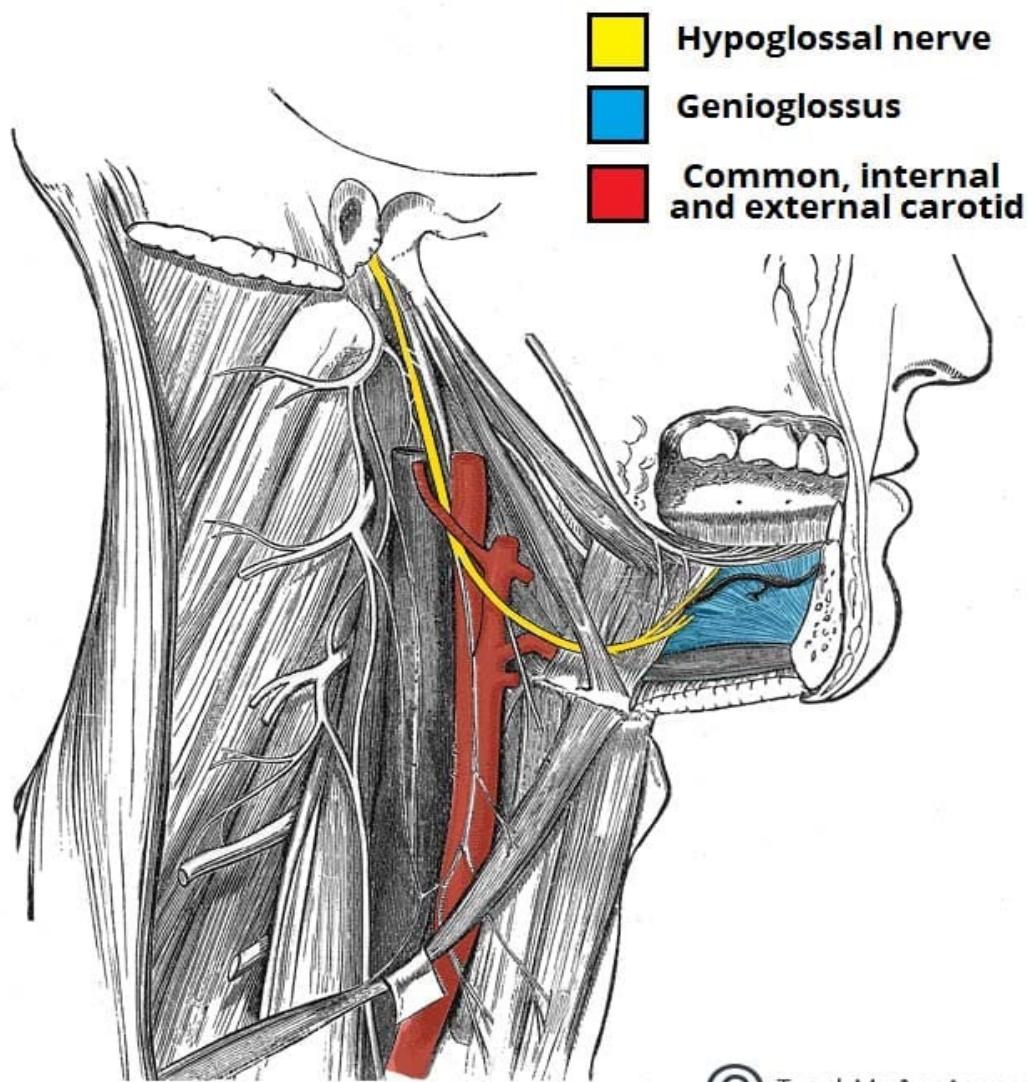


Figure 7.9. Branches of the external carotid artery and right vagus nerve (X) in the neck.



III) Muscular triangle:

 **Boundaries:**

 **1-In front:**

 **2- Above and behind:**

 **3-Below and behind:**

 **4-Floor:**

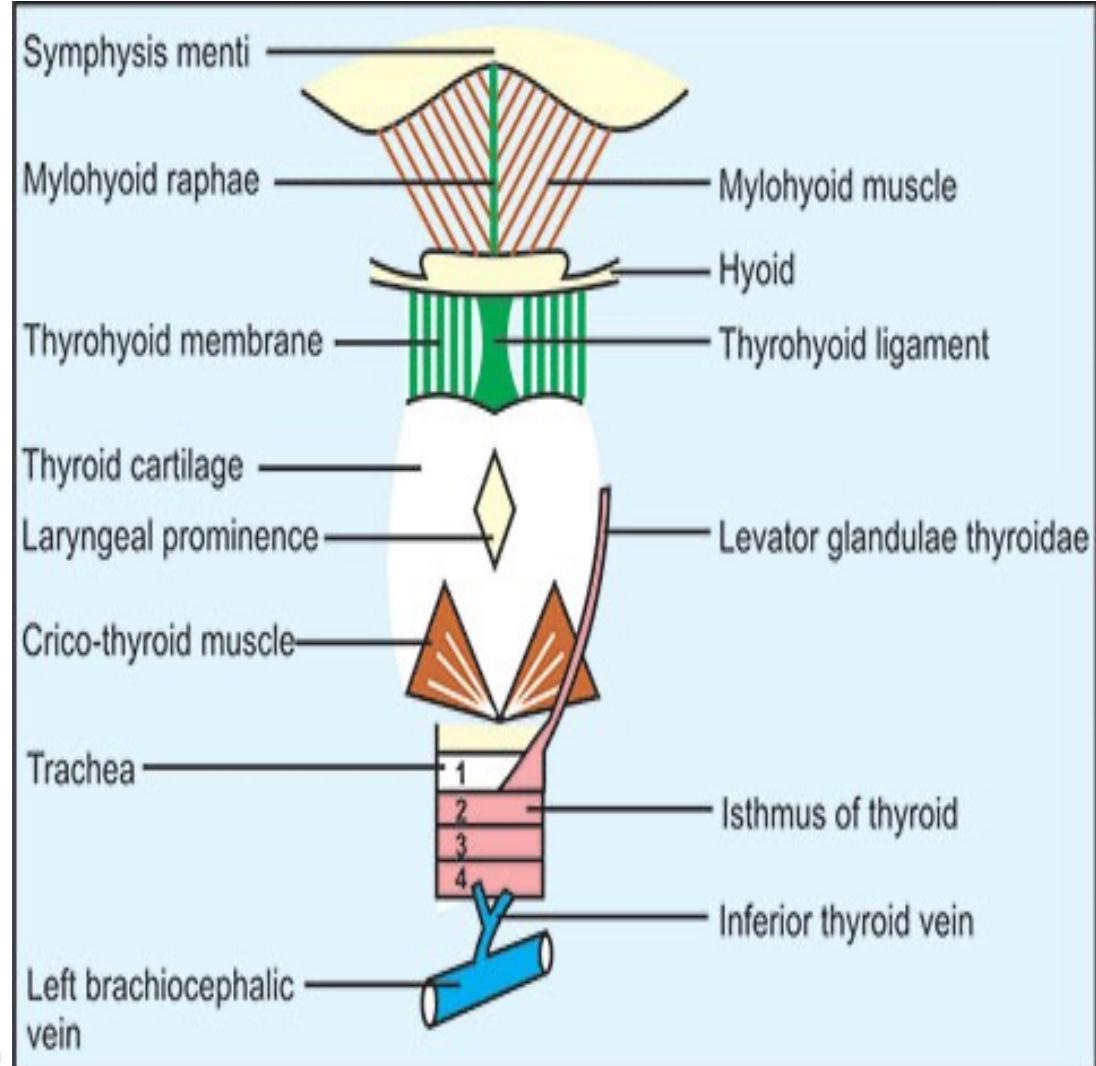
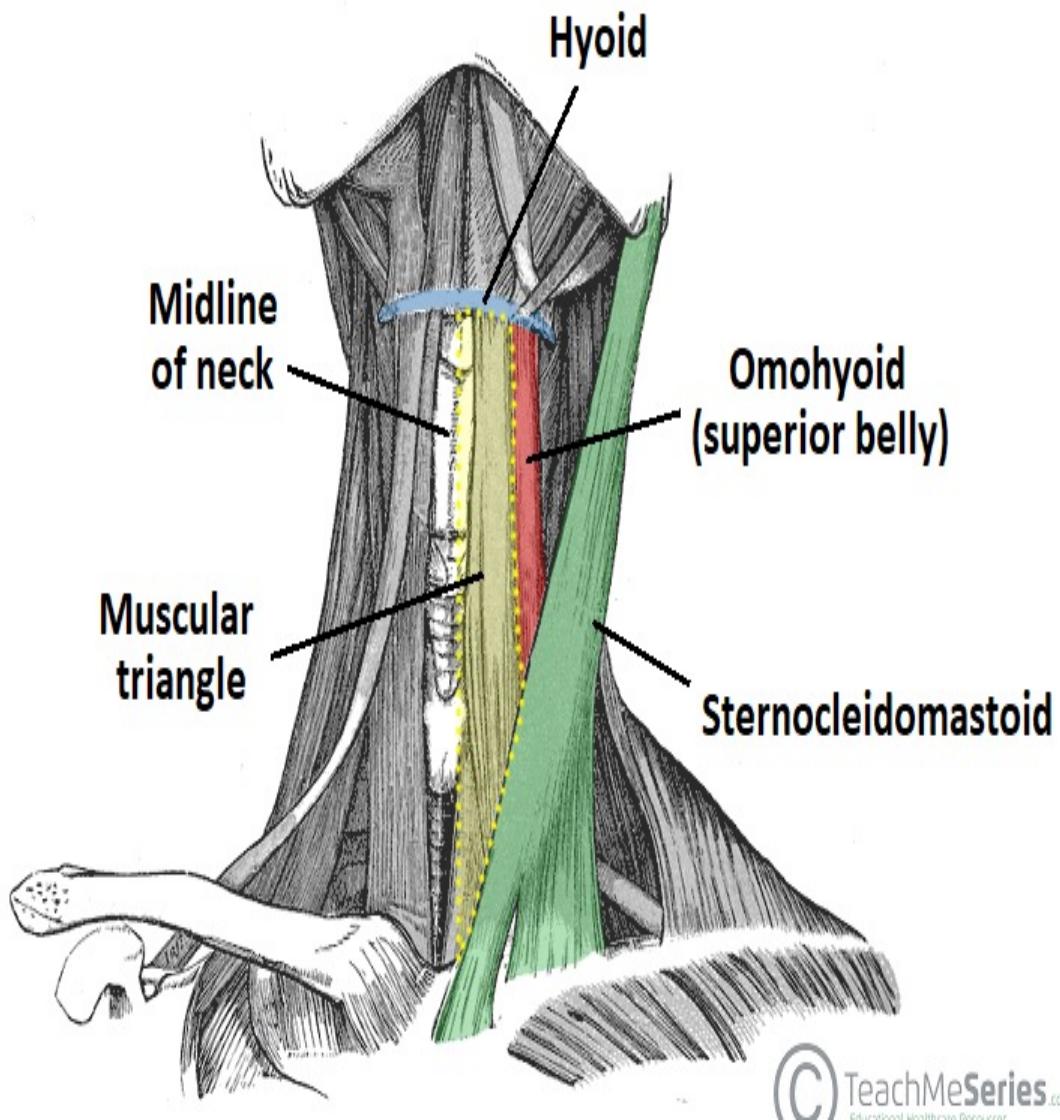
5- Roof:

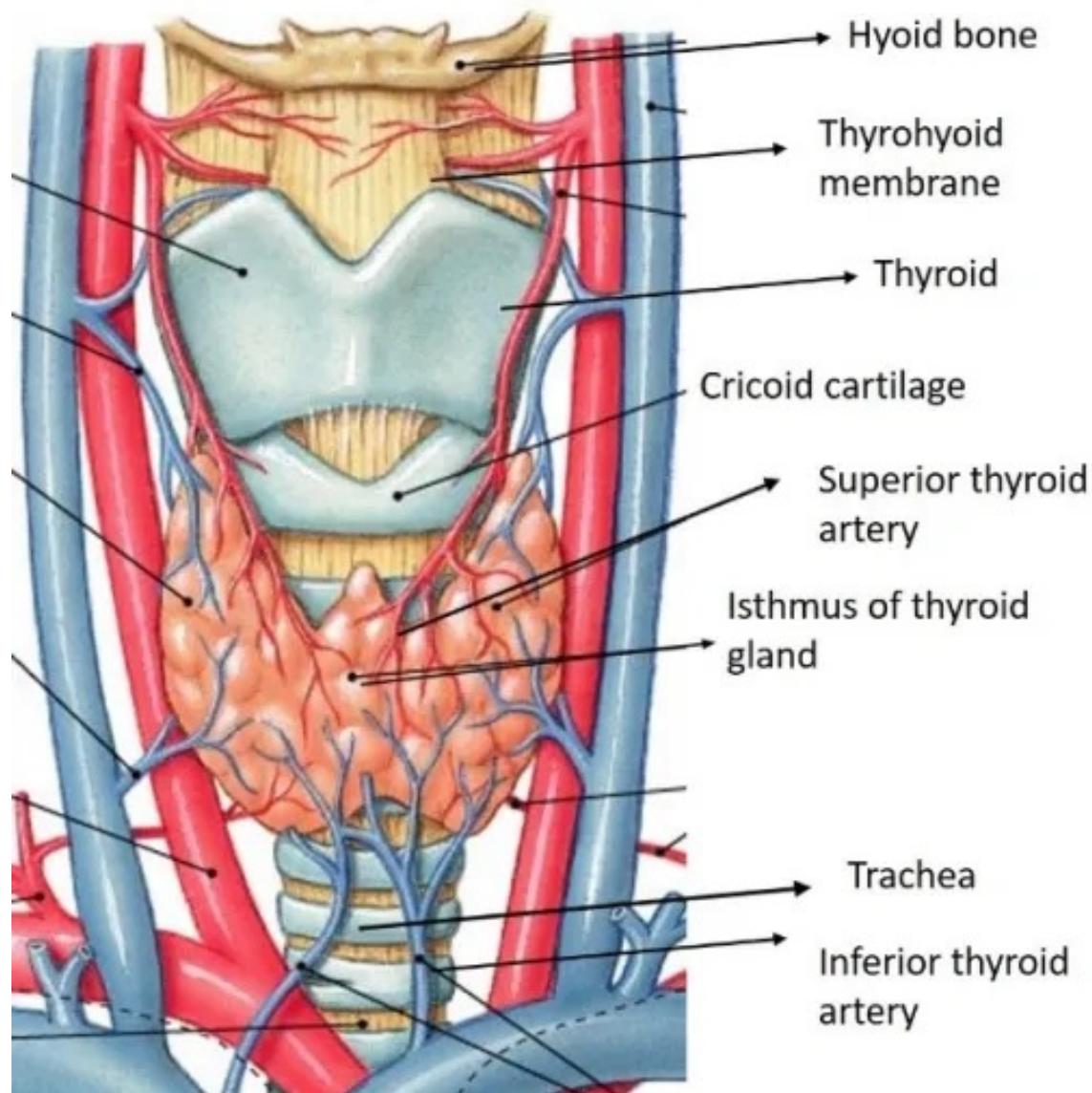
 **Contents:**

 **1. Three infrahyoid muscles:** Sternohyoid, sternothyroid and thyrohyoid.

 **2. Structures in the median region of the neck below the hyoid bone:**

1.Pre laryngeal and pre tracheal lymph nodes.





Not important for the EXAM.

IV. Submental Triangle:

- It is a single triangle, 1/2 of this triangle presents in right anterior triangle and the other 1/2 is present in the left anterior triangle.

I think you can say "not included".

But if you have time

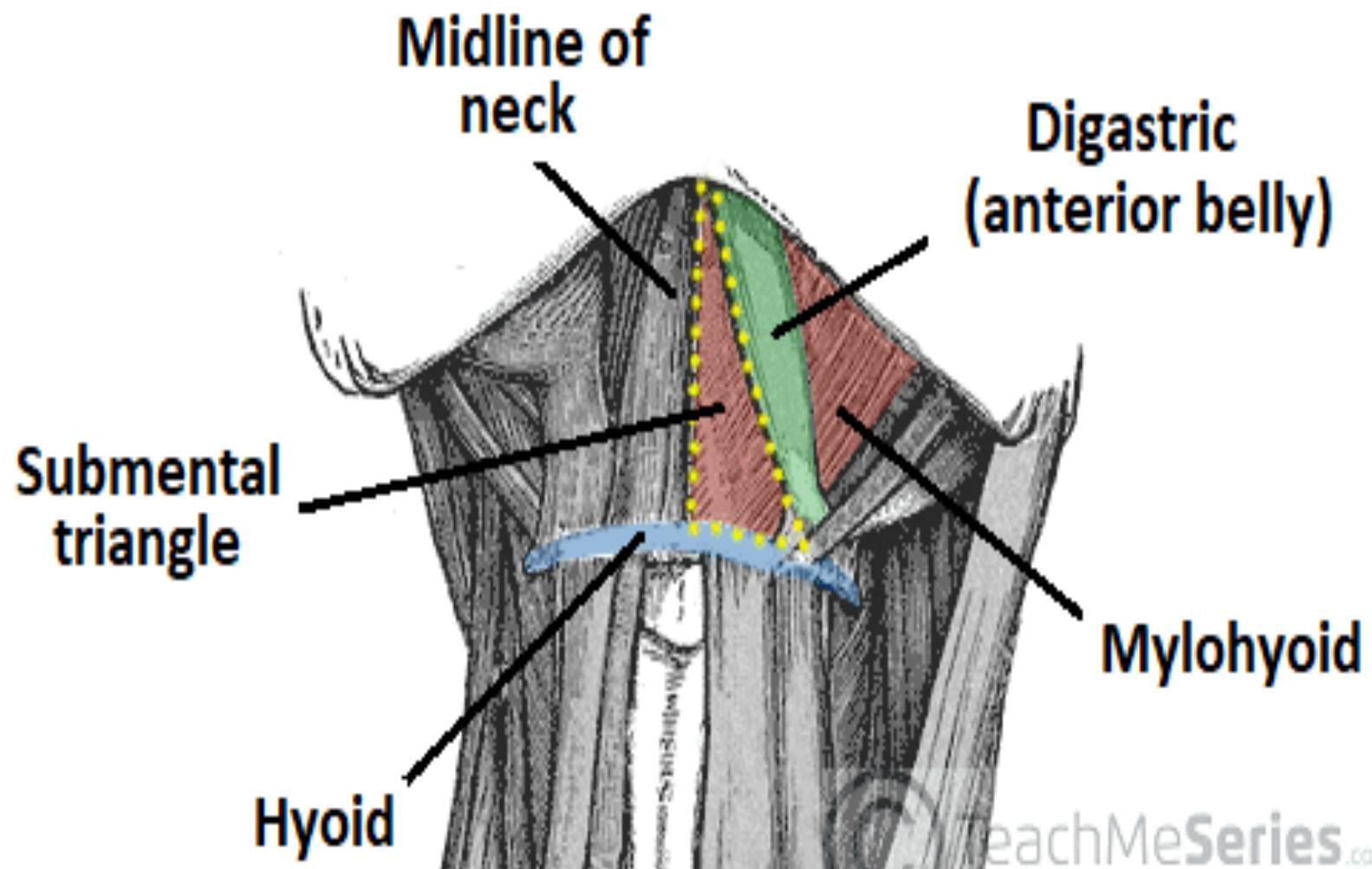
Boundaries:

- **Base below:** Body of the hyoid bone (forms its base).
- **On each side:** Anterior belly of digastric.
- **Apex above:** Symphysis menti.
- **Floor:** Parts of both mylohyoid muscles as they meet each other in the median raphe.

Read it
Doctors.

Contents:

- ❖ Submental lymph nodes
- ❖ Submental veins which unite to form the anterior jugular vein.



thank
you

