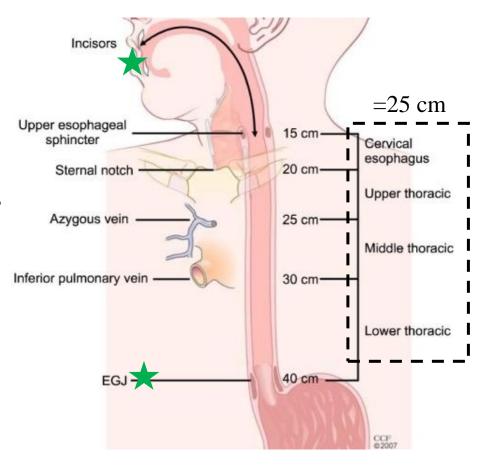
L (3) – Esophagus & Stomach.

1- The esophagus

The esophagus is a **muscular, collapsible tubular structure**, approximately 25 cm (10 inches) long. It begins at the lower border of **the cricoid cartilage** (level of C6 vertebra) **and ends at the cardia of the stomach** (around T11 vertebra). The abdominal portion of the esophagus—the segment below the diaphragm—is relatively short, measuring approximately 1.3 cm.

Clinically, it is also measured from the **incisor teeth to the cardia of the stomach**, giving a total length of about 45 cm. This measurement is particularly useful in ^(c) **endoscopy**, where gastroenterologists pass a *fiberoptic tube from the oral cavity down to the cardiac orifice, using this length as a guide to identify the gastroesophageal junction.



2- The esophagus relations

Relate to HISTOLOGY

the wall of the esophagus, like most of the gastrointestinal (GI) tract, is composed of four concentric layers (from innermost to outermost):

Consists of 4 layers : mucosa, submucosa, muscularis, adventitia.

Thoracic Esophagus – Anatomical Relations:

Anteriorly:

•Trachea.

•Left recurrent laryngeal nerve.

•Left principal (main) bronchus \rightarrow causes a physiological constriction – slide 10.

•Pericardium (specifically the oblique sinus)

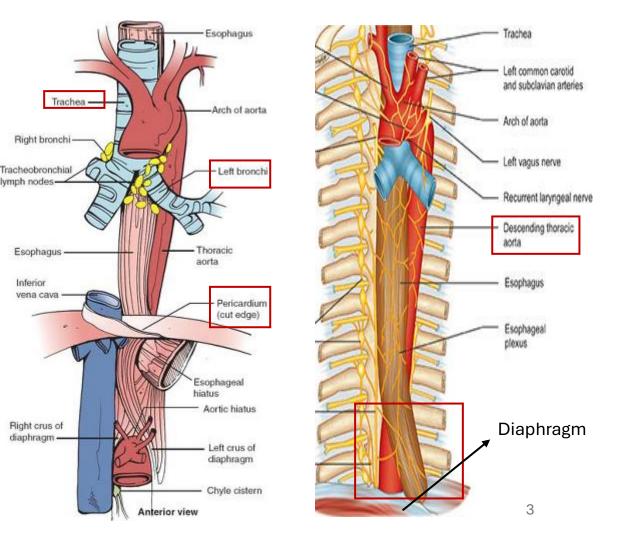
 \rightarrow separates the esophagus from the left atrium.

Posteriorly:

•Bodies of thoracic vertebrae.

•Right posterior intercostal arteries.

•Descending thoracic aorta (at the lower end, before passing through the diaphragm).

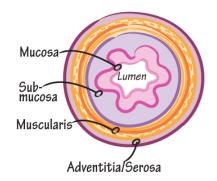




Adventitia vs serosa

Relate to HISTOLOGY

Feature	Adventitia	Serosa
Location	Retroperitoneal organs (only anteriorly covered by peritoneum) (e.g., esophagus , colon)	Intraperitoneal organs (surrounded by visceral peritoneum.) (e.g., stomach , small intestine)
Structure	Loose connective tissue, no mesothelium	Mesothelium + connective tissue
Function	Anchors organ, provides support - fixed	Reduces friction, provides lubrication - mobile
Peritoneal Covering	No peritoneal covering	Covered by peritoneum



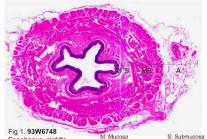
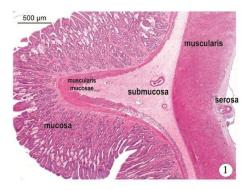


Fig 1. 93W6748 Esophagus, middle portion, human, H&E X: Mucosa ME: Muscularis externa X: Adventitia V: Vessels



2- The esophagus relations

Thoracic Esophagus – Anatomical Relations: Cont. Right Side:

- •Mediastinal pleura (right).
- •Right lung.
- •Azygos vein.

Left Side:

- •Mediastinal pleura (left).
- •Left lung.
- •Left subclavian artery.
- •Arch of the aorta.
- •Thoracic duct.

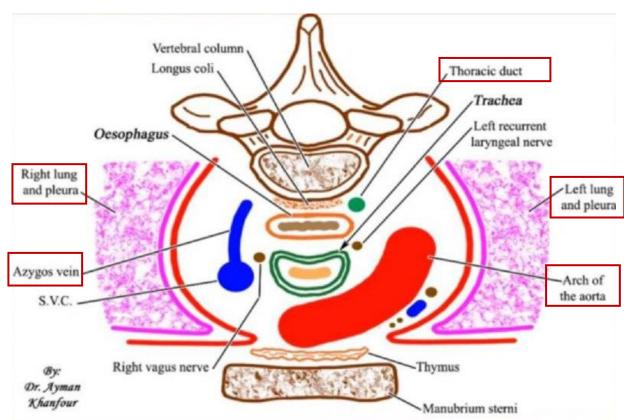
Vagus Nerve and the Esophagus triple relation! :

In the Thorax (before diaphragm): Further explained, slide 41

Left vagus nerve lies on the left side of the esophagus.Right vagus nerve lies on the right side of the esophagus.

In the Abdomen (after diaphragm):

•Left vagus nerve becomes the anterior to the esophagus \rightarrow also called the anterior gastric nerve. = vagal trunk •Right vagus nerve becomes the posterior to esophagus \rightarrow also called the posterior gastric nerve. 5



3- The esophagus blood supply

Arterial Supply:

1.Upper third (cervical part): Supplied by the **inferior thyroid artery.**

2.Middle third (thoracic part):

Supplied by branches from **descending thoracic aorta**:

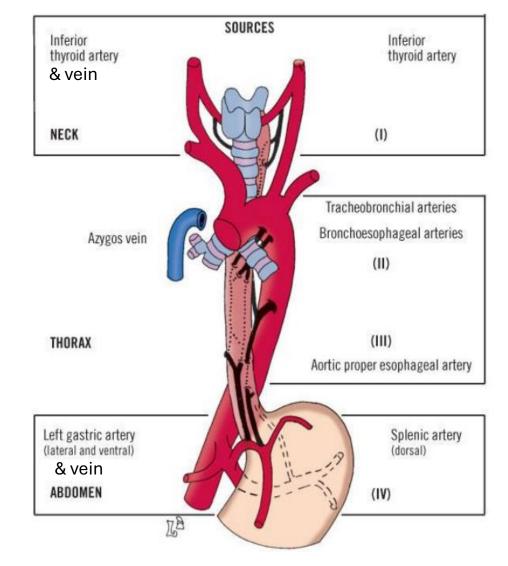
- **1. Tracheobronchial arteries.**
- 2. Bronchoesophageal arteries.
- **3.** Aortic proper esophageal arteries.

3.Lower third (abdominal part):

Supplied by the **left gastric artery** (branch of the **celiac trunk** from the abdominal aorta) supplies the stomach and then the lower third of the esophagus. - slide 31

Venous Drainage:

•Lower third: Drains into the left gastric vein \rightarrow which is a tributary of the portal vein. - slide 34



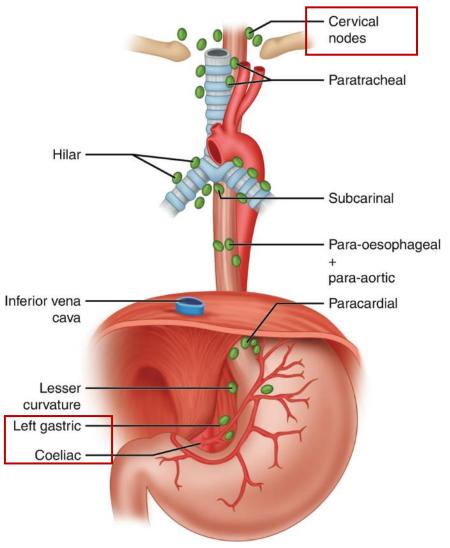
4- The esophagus lymphatics

Lymphatic Drainage of the Esophagus:

1.Upper third (cervical part):
→ Drains into the **deep cervical lymph nodes**.

2.Middle third (thoracic part):
→ Drains into the superior and posterior mediastinal lymph nodes (related to the lungs).

3.Lower third (abdominal part): - slide 36 \rightarrow Drains into the **left gastric lymph nodes** (along left gastric vessels) and then to the **celiac lymph nodes**.



5- The esophagus innervation

Innervation of the Esophagus:

•Parasympathetic supply:

 \rightarrow From the vagus nerves (CN X).

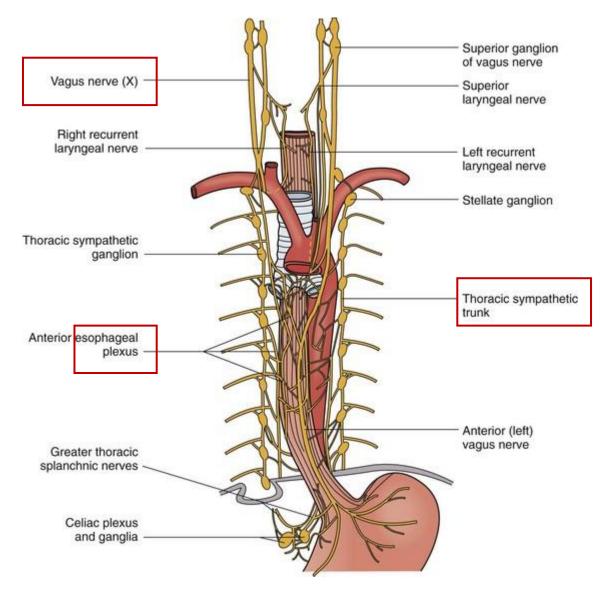
 \rightarrow Promotes peristalsis and glandular secretion.

•Sympathetic supply:

 \rightarrow Arises from the superior cervical sympathetic ganglion, with efferent and afferent fibers traveling via the sympathetic trunks.

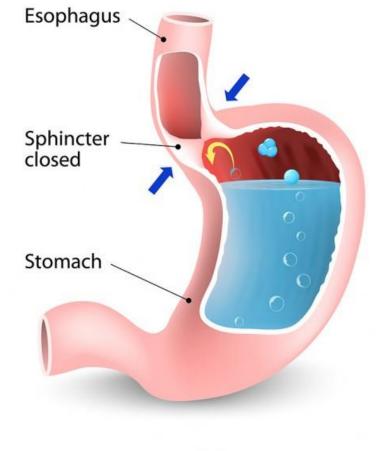
 \rightarrow Modulates vasoconstriction and pain sensation.

•These fibers (sympathetic and parasympathetic) form a mixed **esophageal plexus** around the esophagus.



6- Gastroesophageal Sphincter

- The lower end of the esophagus **lacks a distinct anatomical sphincter** (why?) there's no thickened ring of circular muscle as seen in typical sphincters like the pyloric sphincter. – slide 17
- However, it functions as a **physiological** sphincter since the circular smooth muscle in this region maintains **tonic** contraction (sustained, continuous contraction).
- → Thus, it is a Physiological, Not Anatomical Sphincter.
- Function: prevents reflux of acidic gastric contents back into the esophagus. Recall: 😕 GERD
- **Innervation:** closure of the sphincter is under vagal N. control.

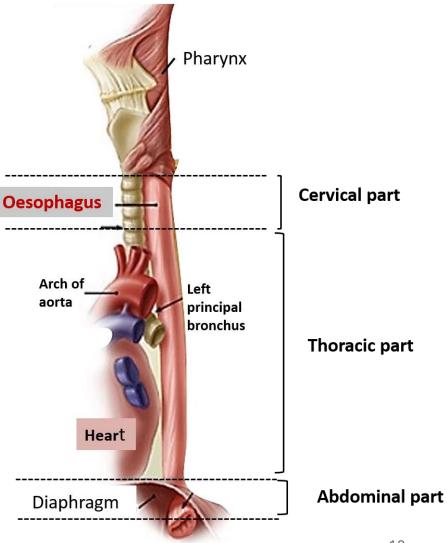


Healthy

7- Constriction sites

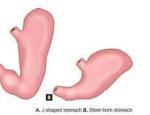
- Constrictions of the esophagus are natural narrowing's where S swallowed objects (especially in children) may get lodged:
- There are 4 potential locations:

#	Location	Cause
1	Cervical (upper) constriction	the pharynx is wider than the esophagus.
2	Thoracic (aortic arch) constriction	Arch of the aorta crossing esophagus
3	Bronchial constriction	Left main bronchus crossing esophagus
4	Diaphragmatic constriction	Esophageal hiatus in diaphragm



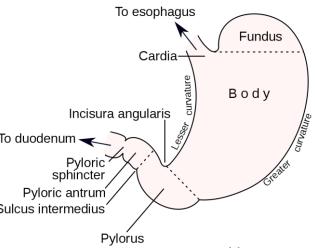
8- The stomach

- The stomach is a dilated, muscular part of the alimentary canal, situated between the esophagus and the duodenum (first part of the small intestine).
- It occupies the **left upper quadrant** of the abdomen, so, it Lies mainly in the **epigastric region** but extends into the left hypochondriac region.
- Typical shape: Roughly J-shaped but In obese individuals appears as steer-horn shaped





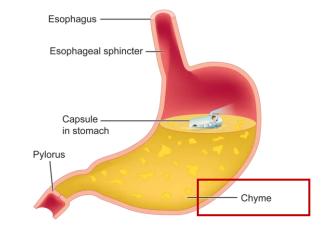
Feature	Details - To be explained -	
Openings (2)	 Cardiac orifice (physiological only; no sphincter muscle). Pyloric orifice (both anatomical and physiological — due to thickened circular smooth muscle). 	Incisura
Curvatures (2)	 Lesser curvature: shorter, concave. Greater curvature: longer, convex. 	To duodenum Pyloric sphincter Pyloric antrum
Surfaces (2)	- Anterior surface & Posterior surface.	



9- Functions of the Stomach

The stomach has three main functions:

- Food Storage
 - •Acts as a reservoir for ingested food.
 - •Capacity in adults: ~1500 Ml.
- Mechanical & Chemical Digestion
 - •Mixes food with gastric secretions (acid, enzymes) to form a semi-fluid mixture called chyme.
 •Chyme stays in the stomach for 2–4 hours.
 - •The pyloric sphincter regulates chyme release:
 - It opens, lets out a small amount of chyme to the duodenum, then closes. -- Gradual release!
 - This cycle repeats until the stomach is emptied (~4 hours).
- Regulation of Chyme Delivery
 - •Controls the rate of chyme entry into the small intestine.
 - •Ensures efficient digestion and absorption in the duodenum.



سبحان الله، ...Worth searching

10- Parts of the Stomach

The stomach is anatomically divided into three main parts:

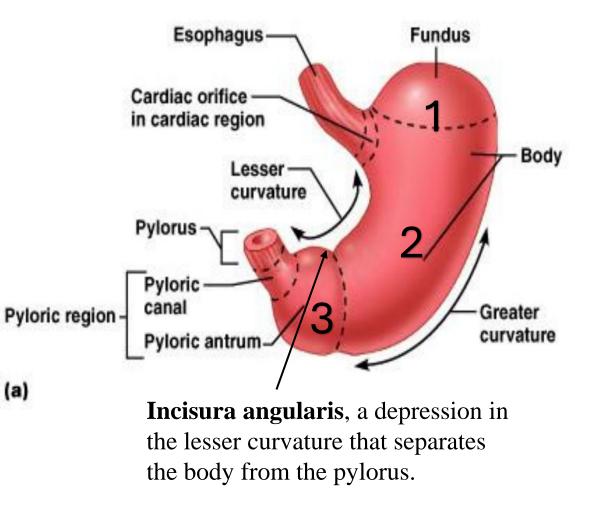
1. Fundus

- Dome-shaped, uppermost part.
- Located above and to the left of the cardiac orifice.
- Usually filled with gas, seen as a **dark spot on Xray(normally).** Although the ***cricopharyngeal** muscle prevents air entry, some air is swallowed and collects in the fundus.

2. Body

- Largest central part
- Extends from the cardiac orifice to the incisura angularis (a notch on the lesser curvature).

3. Pyloric Region



* *Recall L(2): marks the transition from the hypopharynx to the cervical esophagus, it contracts tonically to prevent air from entering the esophagus during breathing and to prevent reflux from the esophagus into the pharynx.*

10- Parts of the Stomach

3. Pyloric Region – cont.

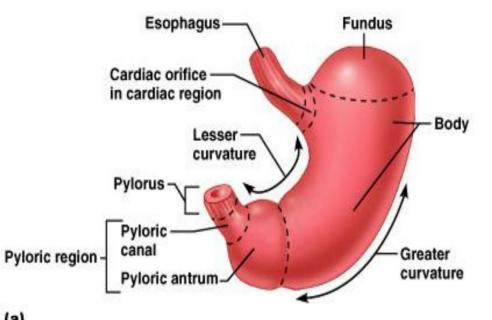
This is the distal part of the stomach, and it's divided into three subparts:

a. Pyloric Antrum

- From the incisura angularis to the pyloric canal.
- **b.** Pyloric Canal

c. Pylorus

- Most tubular part of the stomach.
- Contains the pyloric sphincter (anatomical sphincter: P thickened circular smooth muscle).
- Attached to the duodenal cap (first part of the duodenum)— common site of ^(a) peptic ulcers, which is commonly caused by helicobacter pylori.



11- Gastric and Duodenal Ulcers

The main causative agent for both types: Helicobacter pylori

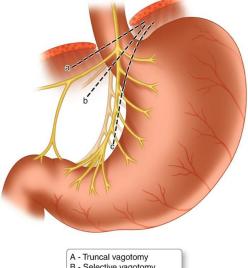
Gastric Ulcer

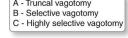
Less common than duodenal ulcers. Suspected to be **malignant until proven otherwise**.

Treatment Evolution ③

Old Treatment	-	Truncal vagotomy : Sectioning vagus nerves below diaphragm \rightarrow many complication
Improved Surgical Option	-	Highly selective vagotomy : cut all branches of vagi except *latarjet N.
Drainage Procedure	-	Pyloroplasty : Bypasses or widens pyloric canal Gastrojejunostomy: Creates a connection between stomach and jejunum.
Modern Management	-	Gastroscopy available in clinics Treated with 2 antibiotics + proton pump inhibitor (PPI)

Duodenal Ulcer (Peptic Ulcer) More common than gastric ulcers. Generally **benign** and **peptic in origin**.



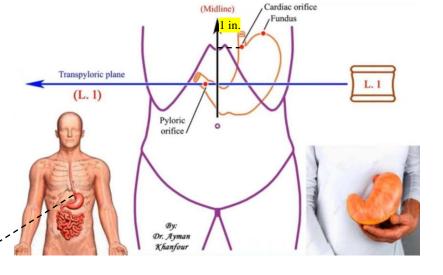


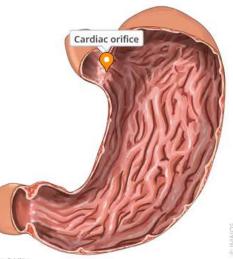
* Latarjet N. : further explained in slide 41

12- Stomach Openings Cardiac Orifice

1- Cardiac Orifice

- Location: Junction of esophagus and stomach.
- Type: **Physiological sphincter** only (no visible thickened muscle).
- Function: Prevents regurgitation of stomach contents into the esophagus.
- Surface anatomy:
 - \circ At the 7th left costal cartilage.
 - \circ 1 inch left of the midline.
 - ~ 45 cm from the incisors (used during endoscopy) recall 2nd slide.
 - $\circ~$ ~10 cm from the anterior abdominal wall.







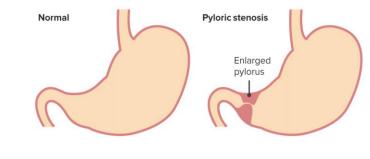
12- Stomach Openings Cardiac Orifice

2- Pyloric Orifice

- Location: Between the pyloric canal and duodenum.
- Type: Both anatomical and physiological sphincter, since it is formed by thickened circular smooth muscle.
- **Surface anatomy:** 1 inch right of the midline.
- Vein of Mayo: A small vein crosses the pyloric sphincter, Used as a surgical landmark.
- Nerve Control:
 - Sympathetic fibers \rightarrow contract the sphincter (tighten)
 - \circ Vagus nerve \rightarrow relax the sphincter (open)
 - The sphincter receives **motor** fibers from the sympathetic system (contraction) and **inhibitory** fibers from the vagus nerve (relaxation).

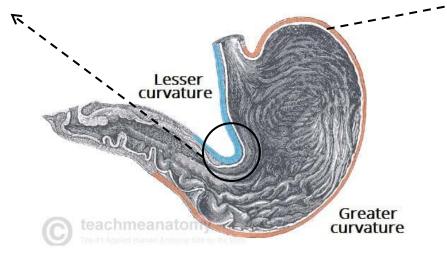
© Congenital anomalies: Hypertrophy of pyloric muscle

It is seen in newborns where it blocks gastric emptying, the muscle obstructs the passage of food from the stomach to the small intestine, leading to **projectile vomiting** after feeding. **© Treatment:** Surgical relief to reduce construction – pyloroplasty.



13- Stomach curvature

Feature	Lesser Curvature	Greater Curvature
Position	Right border of the stomach	Left border of the stomach
Extent	From cardiac orifice to pylorus	From left of cardiac orifice, over fundus to pylorus
Length	Shorter	Much longer
Omental Attachment	Lesser omentum	Greater omentum
Related Arteries	Right & Left Gastric Arteries	Right & Left Gastroepiploic Arteries
Anatomical Features	Site of incisura angularis (notch)	Smooth curve, arches over the fundus



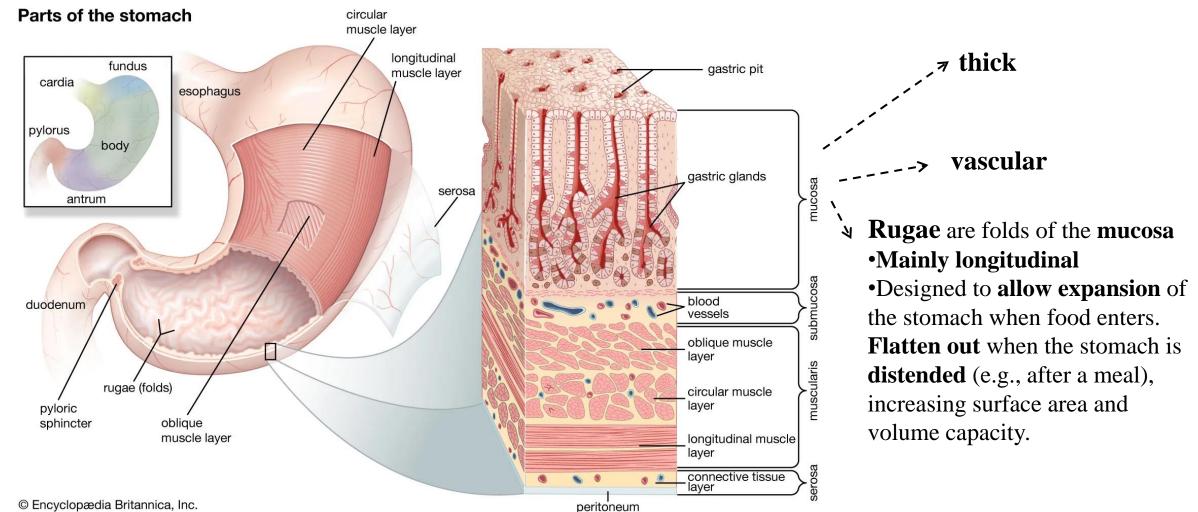
Relate to HISTOLOGY

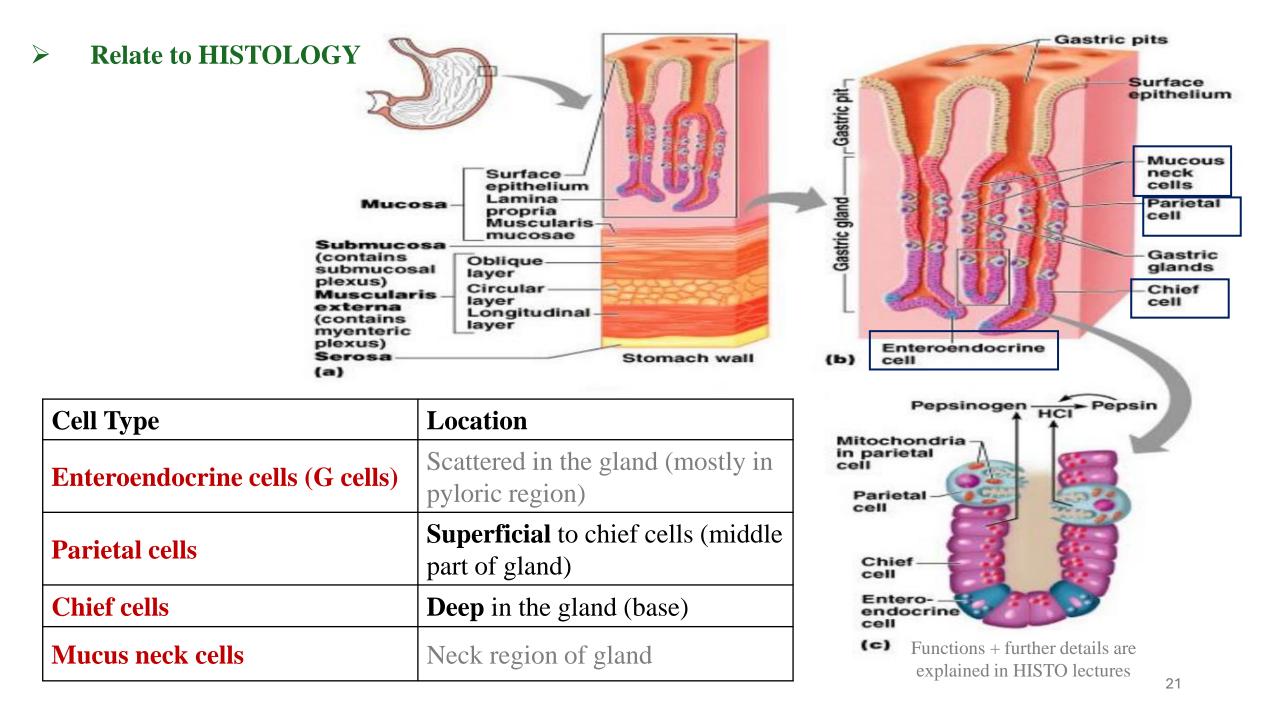
STOMACH, like most of the gastrointestinal (GI) tract, is composed of four concentric layers (from innermost to outermost):

Consists of 4 layers : mucosa, submucosa, muscularis, serosa. – recall Serosa vs Adventitia?

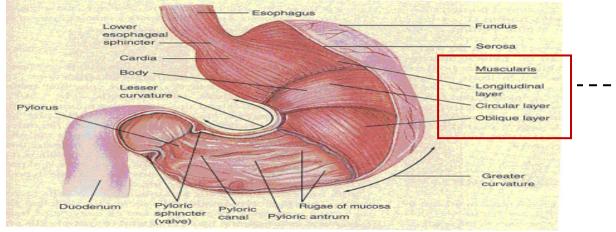
Layer	Subdivisions / Components	Notes
	Consists of 3 layers: 1. Simple columnar epithelium (with no goblet cells)	- The lining epithelium of the luminal surface, gastric pits, and glands is simple columnar, devoid of goblet cells .
1. Mucosa	 2. Lamina propria (filled with gastric glands → open into gastric pits → open into gastric lumen) 3. Muscularis mucosae (thin smooth muscle layer) 	 Rugae (mucosal folds) are oriented longitudinally along the lesser curvature, or transversely/obliquely, aiding the swift passage of fluids through the stomach. Lamina propria (mucosa) is rich in blood and lymphatic vessels.
2. Submucosa	Connective tissue	- Rich in blood and lymph vessels

Mucous membrane = mucosa





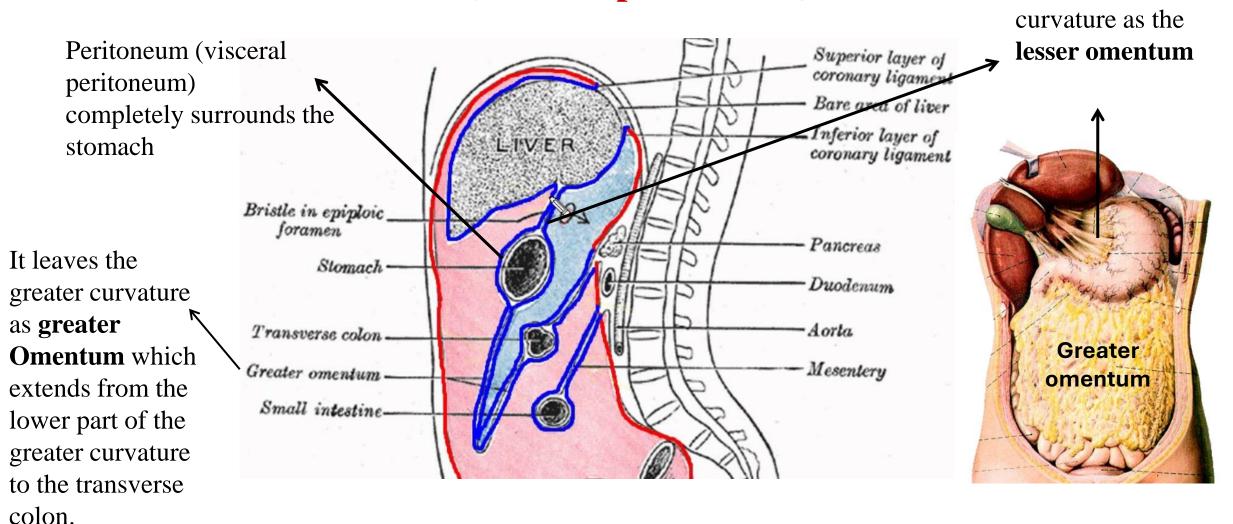
3. Muscularis externa (muscular wall)	Unlike most of the GI tract (which has only two muscle layers), the stomach has three muscular layers - Oblique (innermost) – unique to stomach - Circular (middle) - Longitudinal (outermost)	 Myenteric plexus lies between circular and longitudinal layers. At the pyloric sphincter, the oblique layer is absent, The circular muscle thickens and with the longitudinal layer, forms the pyloric sphincter. 	
4. Serosa (Visceral peritoneum)	Formed by mesothelium (simple squamous epithelium).	The stomach is completely covered with peritoneum; hence it is entirely enclosed b serosa.	



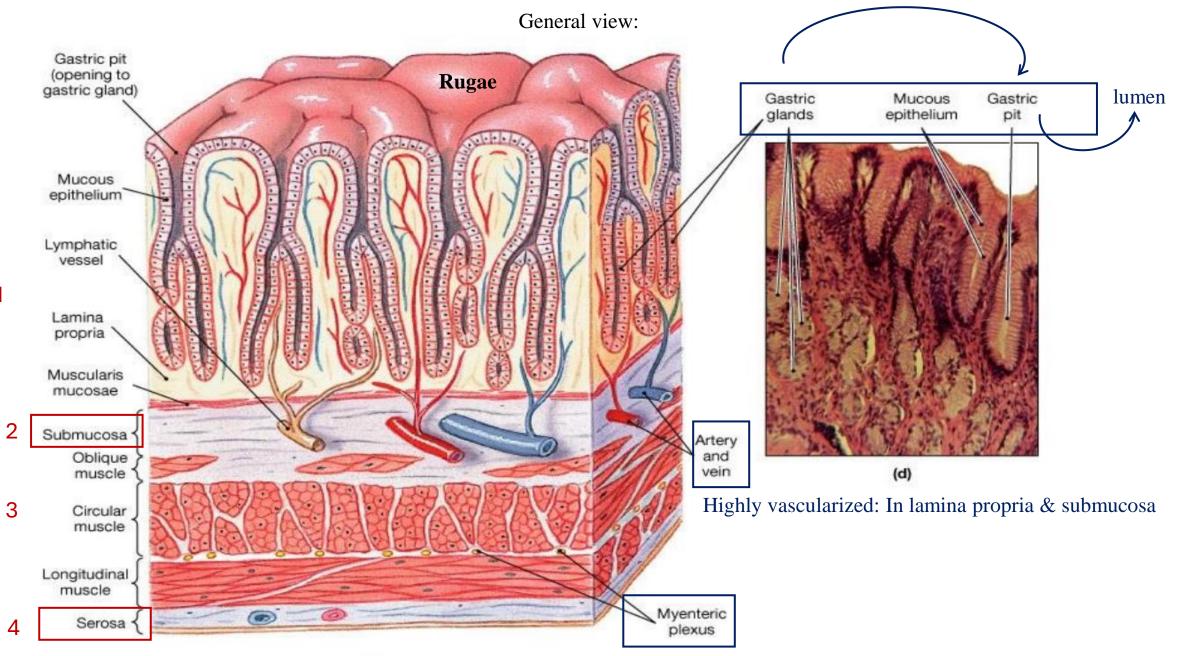
Next slide:

 \mathbf{V}

Serosa (Visceral peritoneum) – cont.



It leaves the lesser



(c)

15- Curvatures & Omentums.

1- Lesser Curvature & Lesser Omentum:

The lesser curvature of the stomach is suspended from the liver by the lesser *omentum, which consists of two parts:
1.Hepatogastric ligament – connects the liver to the stomach

2.Hepatoduodenal ligament – connects the **liver** to the **duodenum**

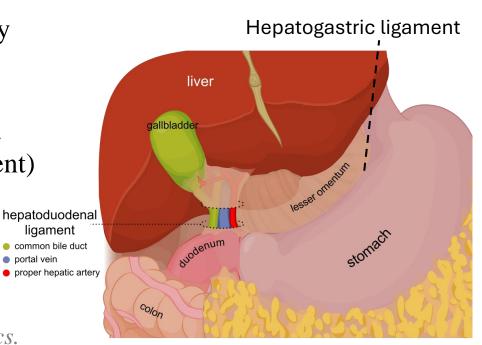
•The free edge of the lesser omentum (in the hepatoduodenal ligament) contains the portal triad:

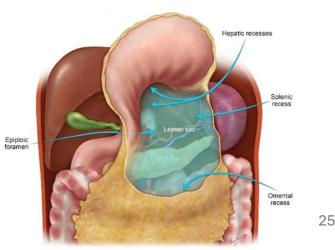
Common bile duct (on the right)
Proper hepatic artery (on the left)
Portal vein (posterior)

* Double layer of peritoneum contains fat, blood vessels, nerves, and lymphatics.

Omental Foramen (Epiploic Foramen / Foramen of Winslow):

Found behind the free edge of the lesser omentum
Connects the greater sac (main peritoneal cavity) with the lesser sac (omental bursa, behind the stomach)

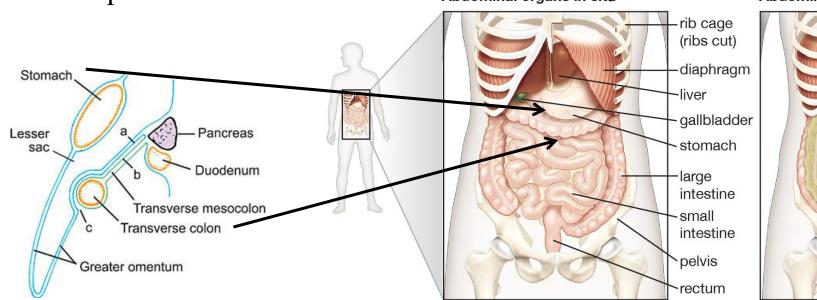




15- Curvatures & omentums

2- Greater Curvature & Greater Omentum:

- Two layers of peritoneum arise from the greater curvature, forming the greater omentum, which contains fat, blood vessels, nerves, and lymphatics.
- The greater omentum: descends from the greater curvature of the stomach(ORIGIN), then ascends, and attaching eventually to the transverse colon(ENDING).
- Transverse colon is an intraperitoneal organ just like the stomach, meaning it is entirely enclosed by the peritoneum, while the ascending and descending colon are retroperitoneal organs, meaning they lie behind the peritoneum.
 Abdominal organs in situ
 Abdominal organs with greater omentum





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16- Stomach Relations

Anterior & Superior Relations of the Stomach:

1.Anterior Abdominal Wall

Especially at the epigastric region (upper central abdomen).

2.Left Costal Margin

The lower border of the rib cage; overlaps stomach when it extends to the left hypochondriac region.

3.Left Pleura and Left Lung

The pleural cavity and lower part of the lung lie above and partially in front of the stomach.

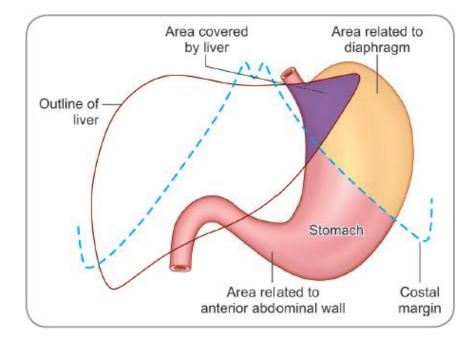
4.Diaphragm

A muscular partition separating the thoracic cavity

(lungs/heart) from the abdomen. Lies superior to the stomach.

5.Left Lobe of the Liver

May extend over the anterior surface of the stomach, especially the lesser curvature and anterior wall of the body.



16- Stomach Relations

Posterior Relations of the Stomach (Stomach Bed)

1.Lesser sac (Omental bursa) 2.Left crus of the diaphragm.

3.Spleen

Lies laterally and relates to both the anterior and posterior aspects of the stomach.

4.Left suprarenal (adrenal) gland

5.Upper part of the left kidney

6.Pancreas (body)

7.Splenic artery

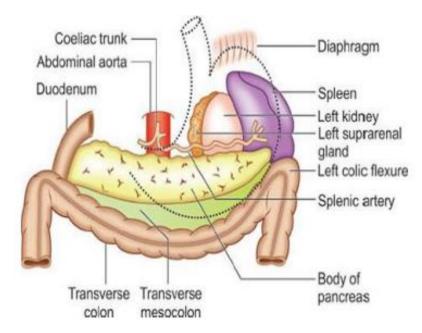
Runs along the superior border of the pancreas, posterior to the stomach.

Splenic vein Lies behind the pancreas, so not part of the true stomach bed.

8.Transverse mesocolon

9.Transverse colon

- The peritoneum forms the greater sac and the lesser sac. The **greater sac** lies in front of the stomach, while the **lesser sac** lies behind it.
- When the stomach expands (is full), it pushes posteriorly into the lesser sac hence, the need for this potential space.



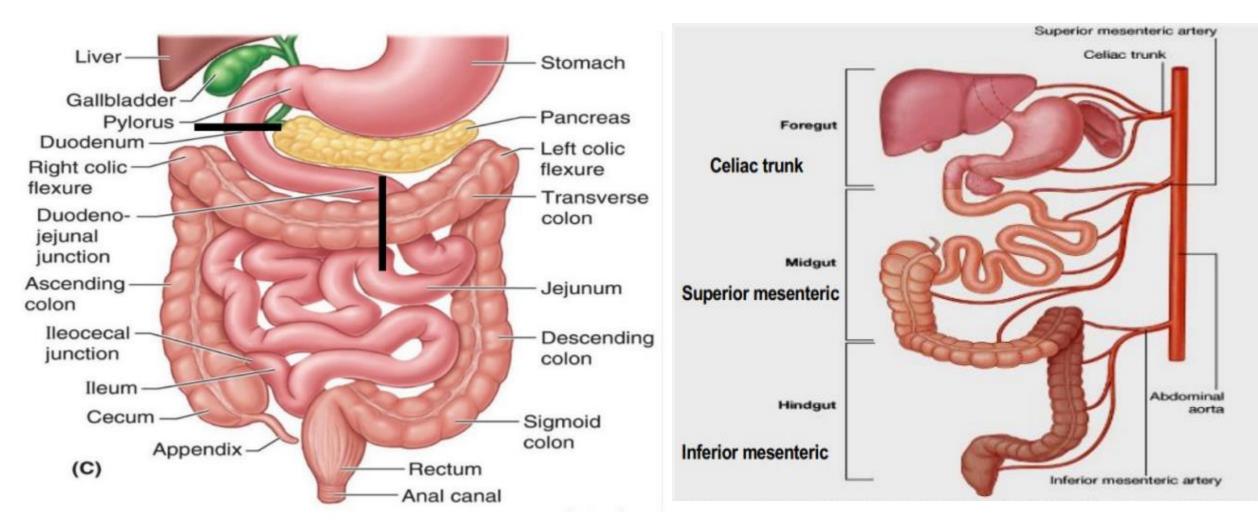
17-Blood supply of the gut

> Relate to Embryology

Region	Structures Derived	Main Arterial Supply	
Foregut	 Lower esophagus Stomach Upper half of the duodenum 	Celiac trunk	
Midgut	 Lower half of the duodenum Small intestine Proximal 2/3 of transverse colon 	Superior mesenteric artery (SMA)	
Hindgut	 Distal 1/3 of the transverse colon Descending colon Rectum Upper part of the anal canal 	Inferior mesenteric artery (IMA)	

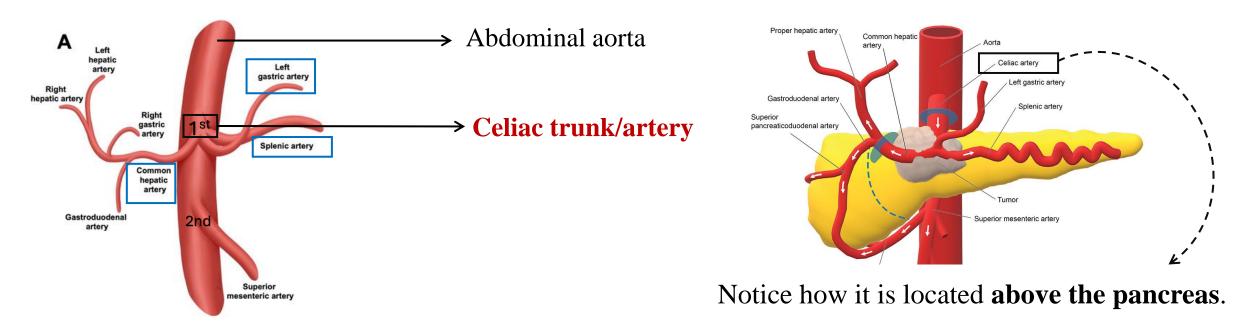
17- Blood supply of the gut

Relate to Embryology



18- Arterial blood supply of the stomach

• The **celiac trunk** is the *first major artery* from the abdominal aorta, and it supplies the **foregut** structures — **including the stomach**. Where it gives ***three main branches**:



1. Left Gastric Artery

It arises from the **celiac trunk**.

It passes upward and to the left, gives **small esophageal branches** to supply the **lower third of the esophagus**. Then, it descends along the **lesser curvature & omentum**, thus supply the right part of the stomach.

18- Arterial blood supply of the stomach

2. Common Hepatic Artery

It gives two important branches relevant to the stomach:

- a. Right Gastric Artery:
- \rightarrow Runs along the **lesser curvature**, thus supply the right side of stomach.
- b. Gastroduodenal Artery:
- → From it comes the **Right Gastroepiploic Artery**, supplies the **greater curvature** & **omentum**.
- \rightarrow Also gives the **Superior Pancreaticoduodenal Artery**, but this mainly supplies the *pancreas* and *duodenum* (not directly the stomach).

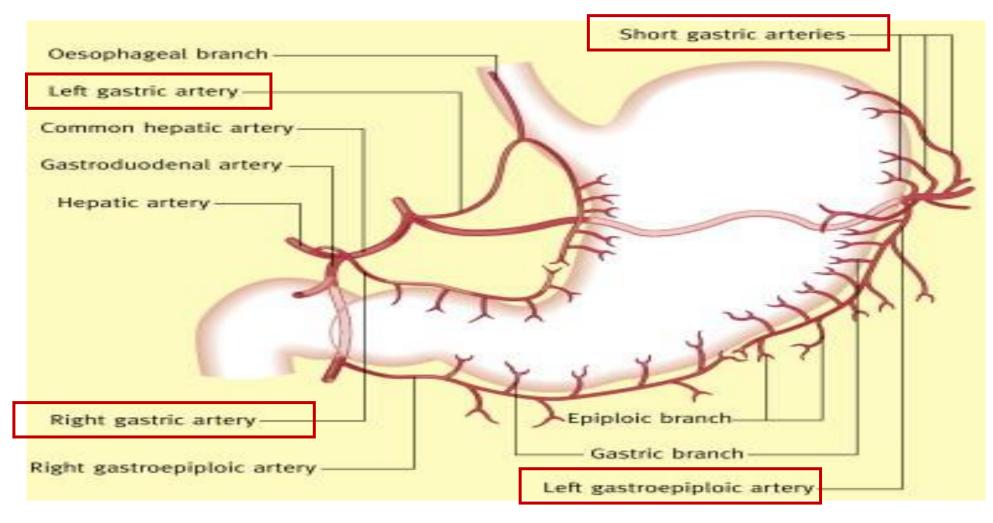
3. Splenic Artery

As it runs to the spleen, it gives off:

- a. Left Gastroepiploic Artery:
- → Supplies the greater curvature & omentum.
- b. Short Gastric Arteries:
- \rightarrow These go directly into the **fundus.**

Note that: The splenic artery has a tortuous (wavy) course, to allow elongation/stretch when the stomach distends, preventing tension or rupture of the artery during gastric filling or expansion.

18- Arterial blood supply of the stomach



Recall:

- Lesser curvature = left and right gastric arteries.
- Greater curvature = left and right gastroepiploic arteries.
- Fundus = short gastric arteries.

19- Venous drainage of the stomach

Venous drainage of the stomach follows the arteries in reverse, and all ultimately drain into the portal vein → to the liver for detoxification and processing.

1- Left Gastric Vein

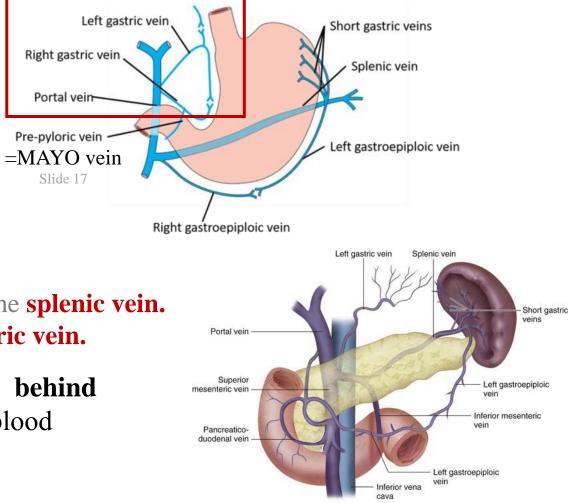
Drains from: Lesser curvature + Lower esophagus Drains directly into the portal vein.

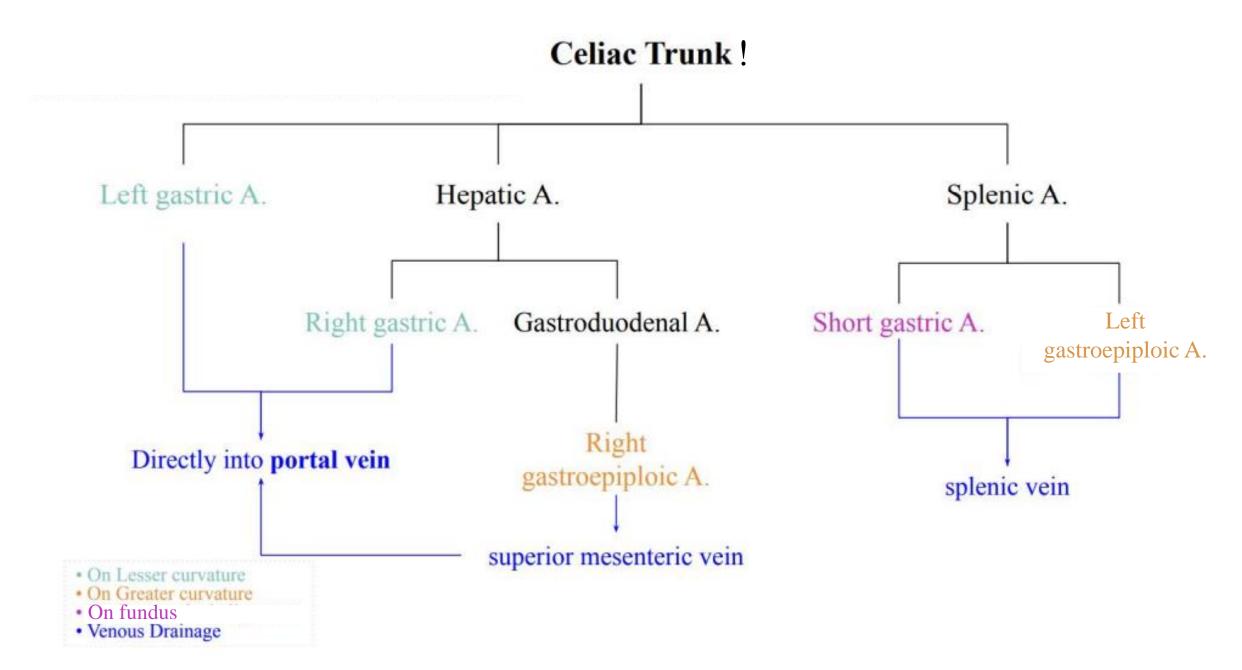
2- Right Gastric Vein

Drains from: Lesser curvature Drains directly into the portal vein

3- Short gastric veins and left gastroepiploic veins join the splenic vein.4- Right gastroepiploic vein joins the superior mesenteric vein.

The splenic vein joins the superior mesenteric vein behind the neck of pancreas \rightarrow forming the portal vein \rightarrow blood flows to the liver for processing.





20- Lymphatic drainage of the stomach

• Lymphatics follow arteries of the stomach → converge into celiac nodes → cisterna chyli → thoracic duct.

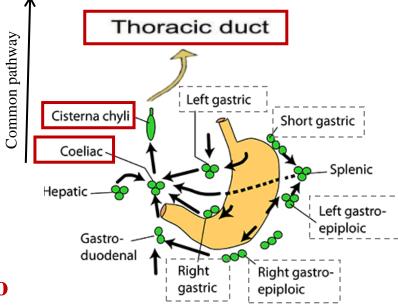
1- Follow the arteries of stomach

- The left and right gastric nodesThe left and right gastroepiploic nodes
- The short gastric nodes

2- All the lymphatic drainage from the organs supplied by the celiac trunk—including the stomach, spleen, and duodenum—first drains into the celiac lymph nodes, located around the coeliac trunk.

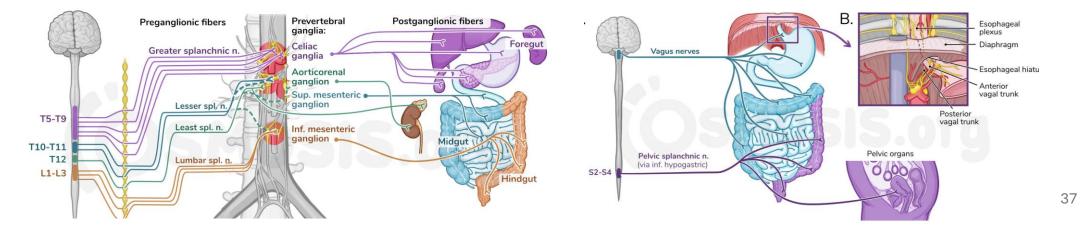
3- From there, lymph flows into larger lymphatic vessels that **drain into the cisterna chyli**, located near the abdominal opening of the aorta.

4- Finally, to the thoracic duct.



Autonomic Nerve Supply of the Stomach Briefly - further clarification in next slides

Туре	Origin	Function
Sympathetic	T5–T9 spinal cord \rightarrow Greater splanchnic nerve \rightarrow Celiac ganglion \rightarrow Celiac plexus	 Inhibits gastric motility & secretion Carries pain sensation Contracts pyloric sphincter (motor)
Parasympathetic	Vagus nerve (CN X): Left vagus \rightarrow Anterior vagal trunk Right vagus \rightarrow Posterior vagal trunk	 Stimulates gastric glands (secretomotor) Promotes peristalsis (motor) Relaxes pyloric sphincter (inhibitory to smooth muscle)



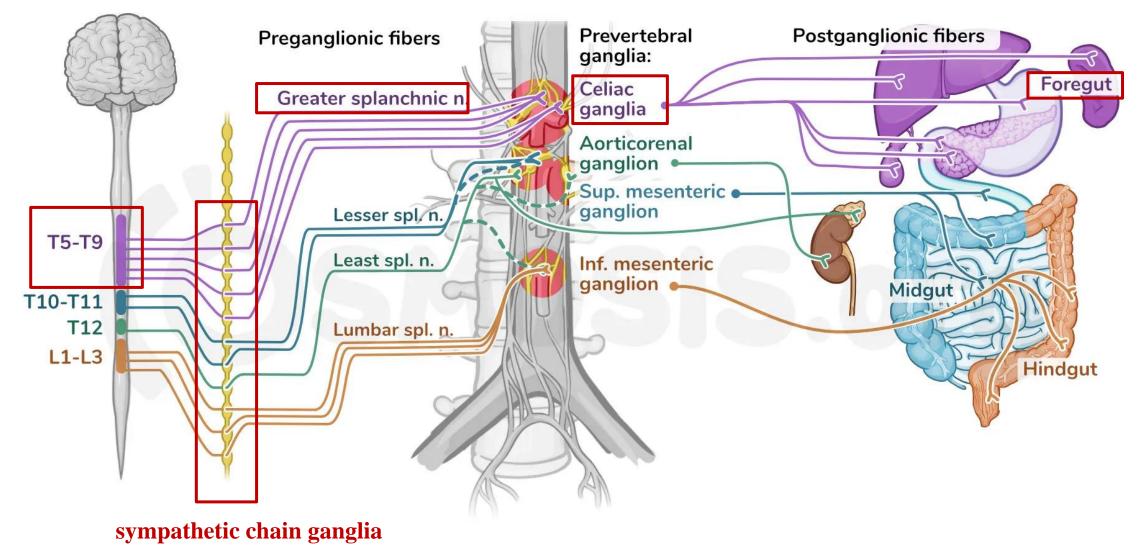
MODIFIED :

21- Nerve supply of the stomach

Sympathetic Nerve Supply of the Stomach

- In general, the sympathetic supply to the abdomen and GI tract comes from the **thoracic and lumbar regions** of the spinal cord, via the **thoracic splanchnic nerves** (greater, lesser, and least) and **lumbar splanchnic nerves**.
- To innervate foregut structures (including the stomach), **preganglionic sympathetic fibers** arise from the **thoracic spinal cord levels T5–T9**. These fibers pass through the **sympathetic chain ganglia without synapsing**, emerge and bundle together to form the **greater splanchnic nerve**, which exits the thorax via the diaphragm and enters the abdomen alongside other thoracic splanchnic nerves.
- The greater splanchnic nerve carries preganglionic fibers that **synapse in the celiac ganglia** (a prevertebral/preaortic ganglion). The **postganglionic fibers** then enter the **celiac plexus**, following branches of the **celiac trunk** to reach and innervate the stomach (foregut).
- Functionally, the **sympathetic fibers** are responsible for **conveying pain sensations**, **inhibiting peristalsis**, **reducing gastric secretions**, and **contracting the pyloric sphincter**.

Sympathetic Nerve Supply of the (foregut) - Stomach



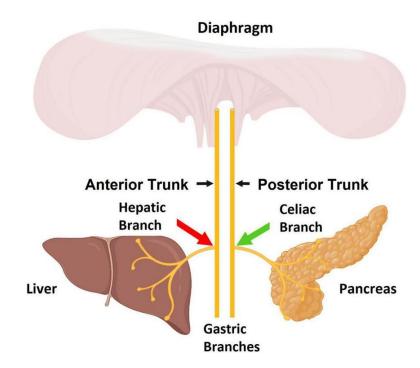
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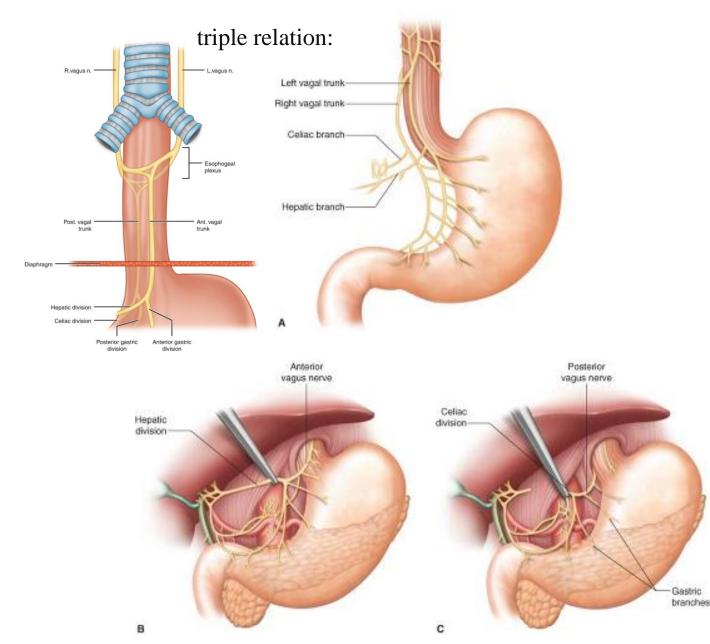
Parasympathetic Nerve Supply of the Stomach

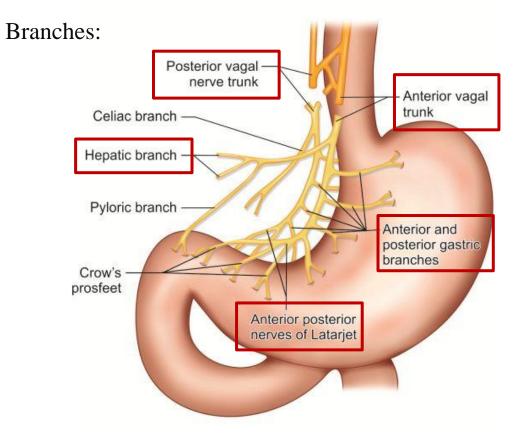
- The parasympathetic innervation of the stomach comes from the **right and left vagus nerves**.
- The vagus nerve carries parasympathetic fibers that distribute through **celiac and superior mesentric plexuses** to foregut and midgut structures. They synapse in the walls of the target organs.
- These vagal fibers are **secreto-motor** to the **gastric glands** and **motor** to the **muscular wall** of the stomach, facilitating **peristaltic movements**. They also provide **inhibitory fibers to the pyloric sphincter**, promoting gastric emptying.
- The vagus nerve descends into the abdomen as the vagal trunk, wrapping around the esophagus.
 As it passes through the diaphragm:
 - The left vagus nerve becomes the anterior vagal trunk
 - The **right vagus nerve** becomes the **posterior vagal trunk**. Both trunks give off branches to abdominal organs:

- - Recall: triple relation

- The anterior vagal trunk (mostly from the left vagus) supplies the 1- anterior surface of the stomach, gives off a 2-hepatic branch to the liver, and a key branch called the 3-anterior nerve of Latarjet, which innervates the pylorus.
- Notably, the nerve of Latarjet is crucial for gastric evacuation. Damage to this nerve (e.g., during surgery) can result in ⁽²⁾ **impaired gastric emptying.**
- The **posterior vagal trunk** (mostly from the right vagus) supplies the 1-**posterior surface of the stomach**, gives off the 2-**posterior nerve of Latarjet** to the **pylorus**, and also sends 3-long branches to the **duodenum**, small intestine, jejunum, and up to the lateral third of the transverse colon.
- Beyond this point, parasympathetic innervation is taken over by the pelvic splanchnic nerves (S2, S3, S4), which supply the hindgut.







Parasympathetic Nerve Supply of the Stomach:

