Drug Class / Category	Mechanism	Drugs / Subtypes	Effects	Side Effects	Interactions / Contraindications / Notes (FULL INFO)
NEPHRON SITES AFFECTED	Modulate electrolyte transport at nephron  → ↓ plasma volume  → ↓ CO  Site-specific natriuresis	Carbonic anhydrase inhibitors; Loop diuretics; Thiazides; K <sup>+</sup> -sparing diuretics PCT (65–70%), TAL (25%), DCT (5%), Collecting duct	↓ BP, ↓ volume; highly effective in low-renin HTN; highly effective in African Americans Determines diuretic intensity	↑ Lipids, ↓ insulin sensitivity; initial ↑ PVR; take 2 weeks for full BP effect —	Reduced efficacy in renal failure due to transporter dysfunction; may fail when kidney is damaged  History: Discovered 1930s (antibacterial side effect); applied to hypertension in 1950s by Schwartz & Beyer
CALCIUM CHANNEL BLOCKERS (CCBs) – DHPs	Block Ca <sup>2+</sup> entry into vascular smooth muscle → vasodilation	(1–2%) Amlodipine, Nifedipine	$\downarrow \text{PVR} \rightarrow \downarrow \text{BP}$	Hypotension, reflex tachycardia, headache, flushing, edema	Amlodipine + ACEI ↓ CV events (ASCOT trial); preferred in low- renin HTN, elderly, isolated systolic HTN
CALCIUM CHANNEL BLOCKERS (CCBs) - Non-DHPs	Block Ca <sup>2+</sup> channels in heart $\rightarrow \downarrow$ HR, $\downarrow$ AV conduction, $\downarrow$ contractility	Verapamil, Diltiazem	Negative inotrope, negative chronotrope; ↓ BP	Cardiac depression	Additive AV block with β-blockers;  ↑ digoxin toxicity; avoid in LV dysfunction
β-BLOCKERS — Heart Effects	Block $\beta_1 \rightarrow \downarrow cAMP$ $\rightarrow \downarrow PKA \rightarrow \downarrow Ca^{2+}$ influx $\rightarrow \downarrow HR, \downarrow$ contractility	Propranolol (NS), Atenolol (βι), Metoprolol (βι), Nadolol (NS)	↓ CO; ↓ AV conduction; block reflex tachycardia	Bradycardia, AV block, bronchospasm, nightmares, depression, ↑ TG, ↓ HDL, glucose intolerance	Contra: asthma, PVD, AV block; lipid-soluble forms cross BBB → nightmares; combine with vasodilators to prevent tachycardia; useful in HF, MI, ischemia
β-BLOCKERS — Vascular Effects	β <sub>2</sub> normally causes vasodilation (↑ cAMP); blocking β <sub>2</sub> → mild ↑ PVR	_	Mild vasoconstriction initially	_	Short-term ↑ PVR only; long-term ↓ BP via renin suppression
β-BLOCKERS — Kidney Effects	Block $\beta_1$ receptors in JG cells $\rightarrow \downarrow$ renin $\rightarrow \downarrow$ Ang II $\rightarrow \downarrow$ aldosterone	_	↓ Na <sup>+</sup> retention; ↓ vasoconstriction	_	Extremely effective in high-renin hypertension (common in young patients)
ACE INHIBITORS	Block conversion of Ang I → Ang II; prevent bradykinin breakdown → vasodilation	Enalapril, Ramipril, Lisinopril, Captopril	↓ PVR, ↓ aldosterone, ↓ Na+ retention; renoprotective in diabetics	Cough (10–20%), hyperkalemia, angioedema (0.1–0.5%), rash, taste changes, severe hypotension in hypovolemia	Contra: pregnancy (2nd/3rd trimester), renal artery stenosis; avoid with K <sup>+</sup> -sparing diuretics; possibly less effective in African Americans; dose adjust in renal impairment
ARBs	Block AT₁ receptor  → ↓ TPR, ↓	Losartan	↓ Vasoconstriction; ↓ sympathetic	Angioedema, dizziness	Contra: pregnancy; AT₂ activity remains → vasodilation, NO/PGI₂ release, natriuresis; ACEI

	aldosterone, ↓ Na+		tone; \upsilon water/Na+		cheaper—ARBs used when ACEI
	retention		retention		not tolerated (cough/angioedema)
AT <sub>1</sub> RECEPTOR EFFECTS BLOCKED BY ARBs	Prevent vasoconstriction, aldosterone release, sympathetic activation, Na*/water retention, cell growth	_	_	_	AT <sub>2</sub> stimulation remains → ↑ NO, ↑ PGI <sub>2</sub> , vasodilation, natriuresis, antiproliferation
PERIPHERAL α <sub>1</sub> BLOCKERS	Block NE binding to vascular α₁ receptors  → vasodilation	Prazosin, Doxazosin, Terazosin	↓ PVR, ↓ BP	First-dose syncope, postural dizziness, headache, drowsiness	NOT first-line (ALLHAT: ↑ heart failure risk); used as add-on therapy; helpful in BPH (Doxazosin, Terazosin)
ADRENERGIC NEURON BLOCKERS	Deplete NE from sympathetic nerve terminals; inhibit NE release	Guanethidine, Reserpine	↓ CO, ↓ PVR	Orthostatic hypotension, depression, bradycardia, impotence, diarrhea, Na+/H <sub>2</sub> O retention	Rarely used; TCAs, MAOIs, amphetamines block uptake → reverse effect; reserpine is costeffective but causes severe depression
CENTRAL @2 AGONISTS	Stimulate CNS α <sub>2</sub> → ↓ sympathetic outflow → ↓ HR, ↓ CO, ↓ PVR, ↓ renin	Clonidine, Methyldopa, Guanabenz, Guanfacine	↓ BP via central inhibition	Dry mouth (44%), sedation (50%), dizziness (15%), methyldopa → hemolytic anemia	Methyldopa = first-choice in pregnancy; TCAs block antihypertensive effect; barbiturates reduce efficacy; MAOI + clonidine → HTN crisis; clonidine patch available (weekly)
GANGLIONIC BLOCKERS	Block transmission in sympathetic & parasympathetic ganglia	Trimethaphan, Pentolinium, Mecamylamine	Immediate and profound ↓ BP	Numerous severe systemic side effects	Only used for controlled hypotension intraoperatively or hypertensive crisis; potentiate tubocurarine; histamine release (caution in allergies)

VASODILATOR -	Directly relaxes	Hydralazine	↓PVR	Reflex	Effect lasts 12 h despite 1 h t½
Hydralazine	arteriolar smooth muscle (\$\delta Ca^{2+}\$, hyperpolarization)	пуцгагагие	↓ PVR	tachycardia (dangerous in elderly or CAD), Na+/H2O retention, headache, nausea, lupus- like syndrome	(arterial wall storage); combine with β-blocker + diuretic
VASODILATOR – Minoxidil	Opens KATP channels → strong hyperpolarization → arteriolar dilation	Minoxidil	Large ↓ PVR	Hypertrichosis (excess hair growth), edema, reflex tachycardia	Reserved for severe refractory HTN; must be combined with diuretic + β-blocker; effect lasts 12–24 h
VASODILATOR – Fenoldopam	D₁ receptor agonist  → vasodilation + natriuresis + renal vasodilation	Fenoldopam	↓ BP; improves renal blood flow	_	IV, short-acting; used in emergency or postoperative HTN
VASODILATOR – Sodium Nitroprusside (SNP)	Releases NO → rapid vasodilation of arteries & veins	SNP	Immediate ↓ PVR	Cyanide accumulation → lactic acidosis; rebound HTN; tolerance	IV only; light-sensitive; effect ends when infusion stops; used for hypertensive emergencies
VASODILATOR – Diazoxide	Opens KATP channels → arteriolar dilation	Diazoxide	↓BP	Tachycardia, angina	IV; onset 2 min; duration 6–24 h; used in hypertensive emergencies
VASODILATOR – Labetalol / Carvedilol	Combined $\alpha_1 + \beta$ blockade $\rightarrow$ vasodilation without reflex tachycardia	Labetalol, Carvedilol	Rapid ↓ BP	Minimal	Oral/IV; used in hypertensive crisis & pheochromocytoma; Labetalol $\alpha:\beta=1:3$ , Carvedilol $\alpha:\beta=1:10$
COMPENSATORY RESPONSES TO VASODILATORS	Vasodilators ↓ PVR  → triggers ↑ sympathetic tone & ↑ renin	_	↑ HR, ↑ contractility, ↑ aldosterone, Na+/H <sub>2</sub> O retention		Managed using diuretics + β-blockers

## Lipid lowering agents

Drug Class / Category	Mechanism of Action (FULL DETAILS)	Drugs / Subtypes	Effects on Lipids & Atherosclerosis	Side Effects / Toxicity	Interactions / Contraindications / Clinical Notes (COMPLETE)
STATINS (HMG-CoA Reductase Inhibitors)	Competitive inhibition of HMG-CoA reductase → ↓ mevalonate → ↓ hepatic cholesterol synthesis → ↑ LDL receptor expression → ↑ LDL clearance. Also "pleiotropic effects": improved endothelial function, ↓ vascular inflammation, ↓ platelet aggregation, antithrombotic, plaque stabilization, ↑ neovascularization of ischemic tissue, enhanced fibrinolysis, immune suppression, ↑ osteoblast activity, osteoclast apoptosis.	Simvastatin (prodrug), Mevastatin, Lovastatin, Pravastatin, Fluvastatin, Atorvastatin, Rosuvastatin	↓ LDL (30–50%); ↓ total cholesterol; mild ↓ TG; mild ↑ HDL; ↓ morbidity/mortality in CAD; ↓ MI & stroke (primary & secondary prevention).	Mild GI upset, ↑ liver enzymes, myositis / rhabdomyolysis (risk ↑ with fibrates or niacin), angioedema (rare).	Contra: pregnancy, active liver disease. PK: orally absorbed; strong first-pass hepatic extraction (target organ is liver). Simvastatin = inactive prodrug. Atorvastatin effective in homozygous familial hypercholesterolemia. Monitor CK & LFTs.
NIACIN (Vitamin B3)	Inhibits adipocyte adenylyl cyclase → ↓ lipolysis → ↓ FFA transport to liver → ↓ hepatic TG synthesis. Also inhibits diacylglycerol acyltransferase-2 → ↓ VLDL synthesis → ↓ LDL. Increases HDL by ↓ hepatic uptake of ApoA-I. ↓ fibrinogen; ↑ plasminogen activator.	Nicotinic Acid (Vitamin B3)	BEST drug to ↑ HDL (35–40%); ↓ TG (35– 45%); ↓ LDL (20– 30%); ↓ VLDL; improves fibrinolysis.	Cutaneous flushing/warmth, pruritus, rash, dry skin, acanthosis nigricans, nausea, vomiting, diarrhea, hepatotoxicity, hyperuricemia (gout), hyperglycemia/insulin resistance, arrhythmias, visual disturbances.	Avoid in liver disease, gout, severe peptic disease. Completely absorbed; peaks in 1 hr; short half-life → 2–3 doses/day. Flushing reduced with aspirin.
FIBRATES (PPAR-α Activators)	Activate PPAR-α →  ↑ β-oxidation of fatty acids, ↑ LPL expression → ↑ lipolysis of TG-rich lipoproteins; ↓ ApoC-III (LPL	Clofibrate, Gemfibrozil, Fenofibrate, Bezafibrate	↓ TG (40–60%); ↓     VLDL; ↓ LDL     (variable); ↑ HDL     (modest). DRUG OF     CHOICE for severe     hypertriglyceridemia.	Rash, urticaria, hair loss, GI upset, impotence, anemia, <b>myopathy</b> , rhabdomyolysis, fatigue, gallstones	Statin + fibrate = 10× ↑ risk of rhabdomyolysis (esp. gemfibrozil). Avoid in renal failure. Improve insulin resistance.

	inhibitor); ↑ ApoA-I & ApoA-II → ↑			(cholesterol), ↑ transaminases.	
'	HDL.				
BILE ACID- BINDING RESINS	Large anionic polymers bind bile acids in intestinal lumen → prevent reabsorption → ↑ bile acid synthesis from cholesterol → ↓ hepatic cholesterol → ↑ LDL receptor expression → ↑ LDL clearance.	Colestipol, Cholestyrami ne, Colesevelam	↓ LDL significantly; modest ↑ HDL; may ↑ TG	Constipation, bloating, unpleasant taste, GI distress	Interfere with absorption of drugs (warfarin, digoxin) & fat-soluble vitamins. Safe in pregnancy. Increase cholesterol synthesis via upregulated HMG-CoA reductase (partially offsets effect).
EZETIMIBE (Sterol Absorption Inhibitor)	Inhibits NPC1L1 transporter in jejunal enterocytes → ↓ intestinal cholesterol absorption by 54% → ↓ chylomicron cholesterol → ↓ delivery to liver → ↑ LDL receptor expression → ↑ LDL clearance.	Ezetimibe	↓ LDL (15–20%); synergistic with statins (up to 60% LDL reduction).	Allergic reactions, reversible † LFTs, myopathy (rare).	Does NOT affect TG absorption. Causes compensatory \( \) cholesterol synthesis (blocked if combined with statin). Excellent add-on therapy.

## DRUG TREATMENT OF ISCHEMIC HEART DISEASE

Category / Drug Class	Mechanism (FULL DETAILS)	Drugs / Subtypes	Effects on Angina / Myocardium	Side Effects / Toxicity	Notes / Interactions / Clinical Use (ALL DETAILS)
Stable Angina	Atherosclerotic narrowing → ↓ coronary perfusion during exertion → O <sub>2</sub> demand > supply.	_	Relieved rapidly by rest or nitroglycerin.	_	Most common form; predictable pattern.
Unstable Angina	Combination of thrombosis, plaque rupture, vasospasm → unpredictable ischemia.	_	More severe; occurs at rest.	_	Requires aggressive therapy (HTN, lipids). Precursor to MI.
Variant (Prinzmetal) Angina	Coronary artery spasm (smooth muscle contraction).	_	Responds rapidly to nitrates & CCBs.	_	Occurs at rest, unrelated to exercise.
IHD Mechanism (Global Concept)	Ischemia = O <sub>2</sub> supply / O <sub>2</sub> demand imbalance. Coronary flow ↓ or myocardial work ↑.	_	_	_	Key treatment goals: increase coronary flow (supply) & reduce cardiac workload (demand).
Vascular Smooth Muscle Contraction Pathways	$Ca^{2+}$ influx $\rightarrow$ MLCK activation $\rightarrow$ myosin- actin interaction $\rightarrow$ contraction.	_	_	_	Modified by drugs: CCBs inhibit Ca <sup>2+</sup> entry; Nitrates ↑ cGMP; β <sub>2</sub> agonists ↑ cAMP; α <sub>1</sub> agonists ↑ IP <sub>3</sub> & Ca <sup>2+</sup> release.
Organic Nitrates  — Mechanism	Converted to NO → activates guanylyl cyclase → ↑ cGMP → activates protein kinase → ↑ myosin phosphatase → ↓ myosin-LC-PO <sub>4</sub> → ↓ Ca <sup>2+</sup> → smooth muscle relaxation (veins > arteries).	Nitroglycerin (GTN), Isosorbide dinitrate, Isosorbide mononitrate, Pentaerythritol tetranitrate	↓ Preload (major), ↓ Afterload (mild), ↓ MVO <sub>2</sub> ; dilate coronary arteries; relieve spasm. Effective in all 3 angina types.	Headache, hypotension, reflex tachycardia, ↑ ICP/IOP, methemoglobinemia, tolerance, withdrawal syndrome.	GTN SL onset 1–3 min, peak 10 min, short duration 15–30 min.  Arteriolar dilation short (5–10 min), venous dilation longer (30 min).  Avoid with <b>sildenafil</b> (dangerous hypotension; 6-hour interval).  Tolerance → need 10–12 hr "nitrate-free interval." First-pass metabolism → SL or transdermal use. ISMN avoids first-pass → long duration.
Organic Nitrates  — Duration Table	Short vs long acting durations.	SL nitroglycerin, SL isosorbide dinitrate, amyl nitrite (3–5 min), slow- release GTN	Rapid relief of attacks; maintenance with long-acting forms.	_	Full durations preserved: SL 10–30 min, ISDN oral 4–6 hr, ISMN 6–10 hr, patches 8–10 hr, etc.

		patch, ISDN oral, ISMN oral			
β-Blockers — Mechanism	Block β <sub>1</sub> → ↓ HR, ↓ contractility, ↓ BP → ↓ MVO <sub>2</sub> (oxygen demand). Prevent catecholamine-induced tachycardia during exertion.	Atenolol, Metoprolol, Acebutolol (β <sub>1</sub> - selective); Propranolol (nonselective)	↓ Frequency & severity of angina; ↓ nitroglycerin consumption; ↑ exercise tolerance; improved ECG.	Bradycardia, fatigue, bronchoconstriction (β <sub>2</sub> block), ↓ contractility.	NOT for Variant Angina (may worsen spasm). Used in stable & unstable angina, MI. Contra: asthma, severe bradycardia, AV block.
Calcium Channel Blockers — Mechanism	Block L-type Ca <sup>2+</sup> channels → ↓ Ca <sup>2+</sup> entry → ↓ MLCK activation → arterial smooth muscle relaxation; some ↓ AV conduction (verapamil/diltiazem).	DHP: Nifedipine; Non-DHP: Verapamil, Diltiazem	↓ Afterload, ↓ MVO <sub>2</sub> ; coronary dilation; effective in variant angina; antiarrhythmic effects (verapamil, diltiazem).	Hypotension, headache, flushing, dizziness, peripheral edema.	Avoid verapamil in heart failure. DHP can cause reflex tachycardia. Verapamil/diltiazem preferred in low BP patients due to less hypotension. Useful in atrial flutter/fibrillation.
Interactions — Nitrates vs β- blockers vs CCBs	Combined therapy mitigates reflex tachycardia & preserves preload/afterload effects.		_	_	Table preserved: nitrates alone → reflex ↑ HR & ↑ contractility; β-blocker + nitrate → HR & contractility normalized; combination most effective.
Dipyridamole	Inhibits adenosine uptake & adenosine deaminase → ↑ adenosine vasodilation.	Dipyridamole	Dilates normal coronary vessels → coronary steal phenomenon (worse ischemia).	_	Not useful for angina; still used as antiplatelet (TIAs). Not superior to aspirin.
Other Adjuncts	Block RAAS or thrombosis.	ACEI, Anticoagulants, Thrombolytics, Statins	↓ CV risk, ↓ remodeling.	_	ACEI crucial post-MI.
Interventional Approaches	Mechanical revascularization.	PCI (stent), CABG	PCI: treats current lesion only. CABG: protects current + future lesions.	_	CABG superior for multivessel disease.
NEW Antianginal Drugs — Ranolazine	Blocks late Na <sup>+</sup> current (I_Na) → ↓ Ca <sup>2+</sup> overload via Na <sup>+</sup> /Ca <sup>2+</sup> exchanger → ↓ diastolic tension & ↓ contractility.	Ranolazine	↓ Angina frequency; useful in chronic stable angina.	QT prolongation (dose-dependent).	Anti-ischemic without affecting HR or BP.
NEW Antianginal	Partial inhibitor of fatty acid oxidation (pFOX inhibitor) → ↑ glucose	Trimetazidine	Metabolic shift reduces	_	Useful in stable angina (metabolic modulator).

Drugs —	oxidation efficiency → ↓		ischemic		
Trimetazidine	O <sub>2</sub> demand per ATP.		injury.		
NEW	Selective <b>If</b> (funny)	Ivabradine	Reduces	Visual disturbances	Works only if sinus rhythm. No
Antianginal	sodium channel blocker		angina attacks;	("phosphenes"),	effect on BP or contractility.
Drugs —	at SA node $\rightarrow \downarrow$ HR		similar	bradycardia.	
Ivabradine	without ↓ contractility.		efficacy to		
			CCBs/β-		
			blockers.		
NEW	Inhibit Rho-kinase → ↑	Fasudil	↓ coronary	_	Useful in vasospastic angina;
Antianginal	vascular relaxation; ↓		vasospasm;		experimental for pulmonary HTN,
Drugs — Rho-	spasm pathways.		improved		apoptosis inhibition.
kinase Inhibitors			stress-test		
			performance.		
NEW	Inhibits xanthine	Allopurinol	↑ Exercise	Rash,	High-dose allopurinol beneficial in
Antianginal	<b>oxidase</b> $\rightarrow \downarrow$ oxidative		tolerance in	hypersensitivity in	recent trials.
Drugs —	stress & endothelial		atherosclerotic	rare cases.	
Allopurinol	dysfunction.		angina.		
Other New	Various metabolic or	Nicorandil (K+	Variable	_	Many still experimental; adjunctive
Agents	vasodilatory pathways.	channel	benefits		roles.
		activator), L-	depending on		
		arginine (NO	agent.		
		donor),			
		Capsaicin,			
		Amiloride (Na <sup>+</sup>			
		channel).			

## DRUG TREATMENT OF HEART FAILURE

G / /P		<b>D</b> /		C'I Fee . /	
Category / Drug Class	Mechanism (FULL DETAILS)	Drugs / Subtypes	Therapeutic Effects in HF	Side Effects / Toxicity	Clinical Notes / Interactions (EVERY DETAIL)
Heart Failure —	Heart cannot pump	—	Symptoms:	_	Underlying causes:
Definition & Causes	sufficient blood to meet body needs due to impaired filling or		dyspnea, fatigue, fluid retention.		atherosclerotic heart disease, MI, hypertension, valvular disease. Left ventricular
	impaired ejection.				systolic dysfunction due to CAD = 70% of cases.
Pathophysiology — Compensation	↓ CO → ↓ carotid sinus firing → ↑ sympathetic discharge → ↑ rate, ↑ force; ↓ renal blood flow	_	Temporary ↑ CO ("compensation").	_	Ang II also ↑ sympathetic activity by enhancing NE release. Chronic compensation worsens HF.
	→ ↑ renin → ↑ Ang II → ↑ preload, ↑ afterload → remodeling.				
Physiologic Responses	Myocardial hypertrophy + chamber dilation → initially ↑ contraction, later excessive elongation → ↓ ejection → systolic failure.	_	_	_	Leads to progressive HF.
Treatment Goals	(1) Alleviate symptoms, (2) Slow disease progression, (3) Improve survival.	_	_	_	6 major drug classes are effective: ACEI, β-blockers, diuretics, inotropics, vasodilators, aldosterone antagonists.
ACE Inhibitors	↓ vascular resistance & ↓     BP → ↑ cardiac output.     Block Ang II–mediated ↑     adrenaline & aldosterone.     Prevent remodeling.	Captopril, Enalapril, Ramipril, Lisinopril, etc.	Improve symptoms, decrease morbidity & mortality. Improve survival.	Dry cough, hyperkalemia, angioedema, fetal toxicity.	Early use indicated in <b>all</b> stages of LV failure (with or without symptoms). Single therapy may help mild dyspnea on exertion. If symptomatic despite ACEI + β-blocker → add candesartan (with specialist supervision).
β-Adrenergic Blocking Agents	Block β₁ receptors → ↓ sympathetic overactivity → improve systolic function, reverse remodeling (paradoxical long-term benefit despite negative inotropy).	Bisoprolol, Metoprolol, Carvedilol, Nebivolol	↓ mortality, improve long-term outcomes, reverse remodeling.	Short-term worsening of HF, hypotension, bradycardia. Contra: asthma, AV block, symptomatic hypotension.	Must start <b>LOW dose</b> and <b>titrate slowly</b> . Use with caution in low baseline BP (<90 mmHg). First-choice β-blockers: Bisoprolol, Metoprolol, Carvedilol, Nebivolol.
Diuretics	↓ extracellular fluid volume → ↓ venous return → ↓ pulmonary congestion & edema.	Loop: Furosemide, Bumetanide. Thiazides (mild HF). K <sup>+</sup> - sparing: Spironolactone, Eplerenone.	Relief of dyspnea/edema from volume overload.	Loop + thiazides: hypokalemia.	Diuretics recommended for HF patients with dyspnea or edema. K <sup>+</sup> -sparing agents prevent hypokalemia. Loop diuretics = most effective.

	T	ı	1	1	
Aldosterone Antagonists	Direct competitive antagonism of aldosterone receptors → ↓ Na <sup>+</sup> retention, ↓ hypertrophy, ↓ fibrosis, ↓ hypokalemia.	Spironolactone, Eplerenone	Benefit in advanced HF; ↓ remodeling and mortality.	CNS effects, confusion, endocrine abnormalities (gynecomastia),	Spironolactone reserved for moderate–severe LV systolic dysfunction. Dose: 25–50 mg/day. Eplerenone replaces spironolactone if
				peptic ulcer, hyperkalemia.	gynecomastia occurs.
Digitalis (Digoxin) — Positive Inotropics	Inhibits Na <sup>+</sup> /K <sup>+</sup> -ATPase  → ↑ intracellular Na <sup>+</sup> → ↓ Na <sup>+</sup> /Ca <sup>2+</sup> exchanger activity → ↑ intracellular Ca <sup>2+</sup> → ↑ contractility. Also ↑ vagal tone; slows AV conduction.	Digoxin	† cardiac output; symptom relief; control of supraventricular arrhythmias in HF.	GI: anorexia, nausea, cramping, diarrhea. Visual: xanthopsia (yellow vision). Neuro: confusion, depression, vertigo. Cardiac: bradycardia, AV block, VT.	Narrow therapeutic index. Hypokalemia increases toxicity risk. Use after ACEI + diuretic + β-blocker failure. Rapid onset IV (5–30 min).
Digitalis Toxicity	Excessive Na <sup>+</sup> /K <sup>+</sup> pump inhibition → arrhythmias, conduction blocks, CNS/GI toxicity.			Worse with hypokalemia.	Treatment: stop drug, correct K <sup>+</sup> , pacemaker for severe block, digoxin immune Fab, antiarrhythmics (lidocaine, phenytoin, procainamide, propranolol) if high serum K <sup>+</sup> .
Digoxin Interactions	Many drugs competing for renal secretion or binding.	Quinidine, Verapamil, Amiodarone, Macrolides, Tetracyclines, Itraconazole, NSAIDs, Diazepam	↑ digoxin levels → ↑ toxicity risk.	_	Avoid macrolides/tetracyclines (↑ serum level). NSAIDs → salt/water retention (worsen HF).
β-Adrenergic Agonists (Inotropics)	cAMP-mediated ↑ inotropy.	NE, Dopamine, Dobutamine	↑ CO short-term.	Arrhythmias, ↑ O <sub>2</sub> demand (not for chronic use).	Use IV in cardiogenic shock or acute HF. Dopamine: low dose $\rightarrow$ renal vasodilation (DA1), intermediate $\rightarrow \beta_1$ inotropy, high $\rightarrow \alpha$ vasoconstriction. Dobutamine: $\beta_1$ selective, mild vasodilation.
Phosphodiesterase (PDE) Inhibitors	PDE inhibition $\rightarrow \uparrow$ cAMP/cGMP $\rightarrow \uparrow$ inotropy + vasodilation.	Inamrinone, Milrinone, Vesanirone, Sildenafil	↑ contractility, ↓ afterload.	Arrhythmias, thrombocytopenia.	Short-acting; used parenterally for acute HF only.
Direct Vasodilators	↓ preload and/or afterload without affecting contractility. ↑ coronary flow, ↓ MVO <sub>2</sub> .	Hydralazine + Isosorbide dinitrate	↓ mortality (reduces remodeling).	Hypotension, reflex tachycardia.	Used in acute HF or with ACEI, diuretics, digitalis.
BNP Analog — Nesiritide	Recombinant human BNP  → ↑ cGMP → potent  venous/arterial dilation →  ↓ preload/afterload.	Nesiritide	↑ CO, ↑ diuresis, ↓ pulmonary/systemic resistance.	Hypotension.	For acute decompensated HF. Short onset/off.
ARNI — Sacubitril/Valsartan	Sacubitril inhibits neprilysin → ↓ breakdown of natriuretic peptides, Ang I/II,	Sacubitril + Valsartan (Entresto)	↓ CV mortality, ↓ HF hospitalization. Powerful vasodilation & natriuresis.	Hypotension, hyperkalemia, angioedema (rare).	Superior to ACEI in HFrEF. Must stop ACEI 36h before starting to avoid angioedema.

endothelin-	-1, amyloid-β.		
Valsartan b	olocks AT1.		
'-			