



بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ



## PHYSIOLOGY

FINAL | Past Papers

# All Material + Lab

(Book Questions Included)

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﴿ وَلَقَدْ نَعْلَمُ أَنَّكَ يَضِيقُ صَدْرُكَ بِمَا يَقُولُونَ ﴿٩٧﴾ فَسَبِّحْ بِحَمْدِ رَبِّكَ وَكُنْ مِنَ السَّاجِدِينَ ﴾

سبحان الله وبحمده، سبحان الله العظيم



# **Theoretical Material**

**Q1: If  $[O_2]$  in arteries = 18,  $[O_2]$  in veins = 14, CO = 6 L/min, Find  $V_{O_2}$  (mL/min)?** The question had no answers, I added them myself (:

- A. 240 mL/min
- B. 2400 mL/min
- C. 24 mL/min

$$\dot{V}_{O_2} = CO \times (C_a - C_v)$$

Answer: A

**Q2: Which of the following has the highest  $P_{50}$ ?**

- A. HbA during exercise.
- B. HbF.
- C. Carboxyhemoglobin.
- D. Myoglobin.
- E. HbA at rest.

*Higher  $P_{50}$  = lower  $O_2$  affinity = right shift*

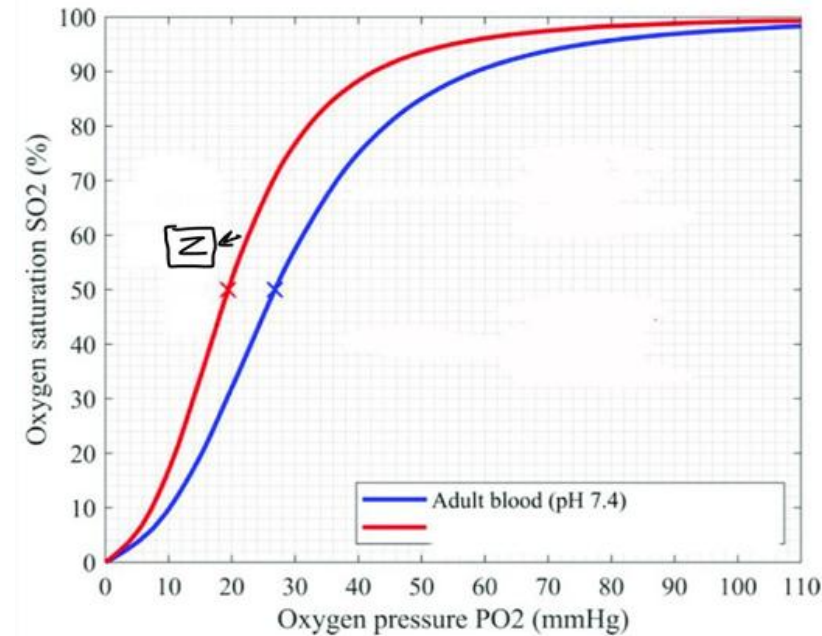
Answer: A

### **Q3: Which of the following is true regarding gas exchange in alveoli?**

- A. Exercise increases the total area of capillaries
- B.  $O_2$  is perfusion limited,  $CO_2$  is diffusion limited
- C. Exchange continues until the end of the capillary

## Q4: What does the letter Z in this graph represent?

- A. Hemoglobin F
- B. Hemoglobin A
- C. Hemoglobin S
- D. Hemoglobin A during exercise



Answer: A

## Q5: Which of the following about CO<sub>2</sub> is correct?

- A. When it binds to hemoglobin it is called carboxyhemoglobin.
- B. Most of the CO<sub>2</sub> present in the dissolved form.
- C. CO<sub>2</sub> binding to hemoglobin increases the affinity for oxygen.
- D. Oxygenation of hemoglobin promotes dissociation of H<sup>+</sup> and shifts equilibrium toward CO<sub>2</sub> formation.

## Q6: Which of the following is correct about gas diffusion?

- A. Blood gives up 25% of  $O_2$  in the tissue in normal people
- B. In normal people  $O_2$  saturation of hemoglobin is 100% and  $P_aO_2$  is 100 mmHg



**Q7: In the lung, when  $O_2$  diffuses from the alveoli to the capillaries, most of it?**

- A. Remains in solution as  $O_2$
- B. Converted to oxyhemoglobin
- C. Converted to bicarbonate ions in RBC
- D. Combines with plasma proteins
- E. Combines with  $H_2O$  in plasma to form carbonic acid

Answer: B

**Q8: In normal individual, regarding gas exchange across pulmonary capillaries during mild exercise, which of the following statements is TRUE? ?**

- A. CO<sub>2</sub> crosses the membrane easier than O<sub>2</sub>.
- B. Diffusing capacity of the lung for O<sub>2</sub> is more than for CO<sub>2</sub>; the most important factor is the molecular weight of both gases.
- C. The length of capillary required for gas equilibrium is shorter during exercise.
- D. ABGs become grossly abnormal.
- E. Equilibrium across the respiratory membrane is never achieved.

## Q9: Which of the following is true regarding a patient with Anemia?

- A. Mixed venous  $pO_2$  is reduced.
- B. Arterial  $pO_2$  is reduced.
- C. Arterial - venous  $[O_2]$  difference decrease

## Q10: What limits the maximum $\text{VO}_2$ ?

- A. Lung capacity
- B. Mitochondrial enzymes
- C. Cardiovascular system
- D. Mitochondria number

**Q11: A 20-year-old male college student participates in a pulmonary study in his physiology lab. He is healthy and in good physical shape. He is asked to run on a treadmill for 20 minutes at a moderate pace, during which time his arterial  $\text{PCO}_2$  is measured. What is his predicted arterial  $\text{PCO}_2$  (in mm Hg) ??**

- A. 20
- B. 40
- C. 60
- D. 80

Answer: B

**Q12: For a normal Hb-O<sub>2</sub> dissociation curve, what is the most correct relationship?**

- A. PaO<sub>2</sub> 40 mmHg, SaO<sub>2</sub> 40%
- B. PaO<sub>2</sub> 26 mmHg, SaO<sub>2</sub> 26%
- C. PaO<sub>2</sub> 60 mmHg, SaO<sub>2</sub> 90%
- D. PaO<sub>2</sub> 120 mmHg, SaO<sub>2</sub> 120%
- E. PaO<sub>2</sub> 70 mmHg, SaO<sub>2</sub> 40%

Answer: C

**Q13: If blood Hb is 10 g/dL, PaO<sub>2</sub> is 100 mm Hg, and hemoglobin is 50% saturated with oxygen, the volume of oxygen contained in 100 ml of blood is approximately?**

- A. 5.6 ml
- B. 6.7 ml
- C. 9.5 ml
- D. 19.5 ml
- E. Cannot be calculated from the above data

**Q14: For a normal Hb-O<sub>2</sub> dissociation curve, what is the most correct relationship?**

- A. PaO<sub>2</sub> 40 mmHg, SaO<sub>2</sub> 40%
- B. PaO<sub>2</sub> 26 mmHg, SaO<sub>2</sub> 26%
- C. PaO<sub>2</sub> 60 mmHg, SaO<sub>2</sub> 90%
- D. PaO<sub>2</sub> 120 mmHg, SaO<sub>2</sub> 120%
- E. PaO<sub>2</sub> 70 mmHg, SaO<sub>2</sub> 40%

Answer: C



**Q15: In normal person at rest, which of the following decreases arterial  $PO_2$ ?**

- A. Polycythemia
- B. CO poisoning
- C. Breathing 50% oxygen
- D. Anemia
- E. Ascent to an altitude of 3500 m

Answer: E

**Q16: If 1 g of hemoglobin has an oxygen capacity of 1.34 mL of oxygen, what is the oxygen content of blood containing 10 g of hemoglobin when the blood  $PO_2=40$  mmHg?**

- A.  $\approx 6$  mL/dL
- B.  $\approx 8$  mL/dL
- C.  $\approx 10$  mL/dL
- D.  $\approx 12$  mL/dL
- E. Cannot be calculated from the information provided

**Q17: Which of the following decreases oxygen content but does not alter  $P_aO_2$  or percentage saturation of hemoglobin?**

- A. Ascent to an altitude of 3500 m
- B. Polycythemia (high RBC count)
- C. Breathing 50% oxygen
- D. Anemia
- E. Development of a large right-to-left shunt

**Q18: Decreased arterial PO<sub>2</sub> is a consequence of all the following EXCEPT?**

- A. Breathing at high altitude
- B. IRDS
- C. Pulmonary edema
- D. COPD
- E. CO poisoning

Answer: E

**Q19: If Hb concentration is 7.5 g/dl, and the arterial blood O<sub>2</sub> sat is 98%, what would be the concentration of arterial O<sub>2</sub>?**

- A. Arterial [O<sub>2</sub>] cannot be calculated.
- B. The dissolved O<sub>2</sub> becomes more than the Hb-bound O<sub>2</sub>.
- C. There is about 15 mL of oxygen per 100 mL of arterial blood.
- D. Arterial [O<sub>2</sub>] equals 10 mL/dL.
- E. When [Hb] equals 7.5 g/dL, automatically O<sub>2</sub> saturation never exceeds 50%.

## Q20: A patient with anemia has which of the following?

- A. A normal arterial blood O<sub>2</sub> content
- B. Arterial PO<sub>2</sub> of 99 mmHg
- C. A decreased venous blood PO<sub>2</sub>
- D. Hyperventilation
- E. Cyanosis

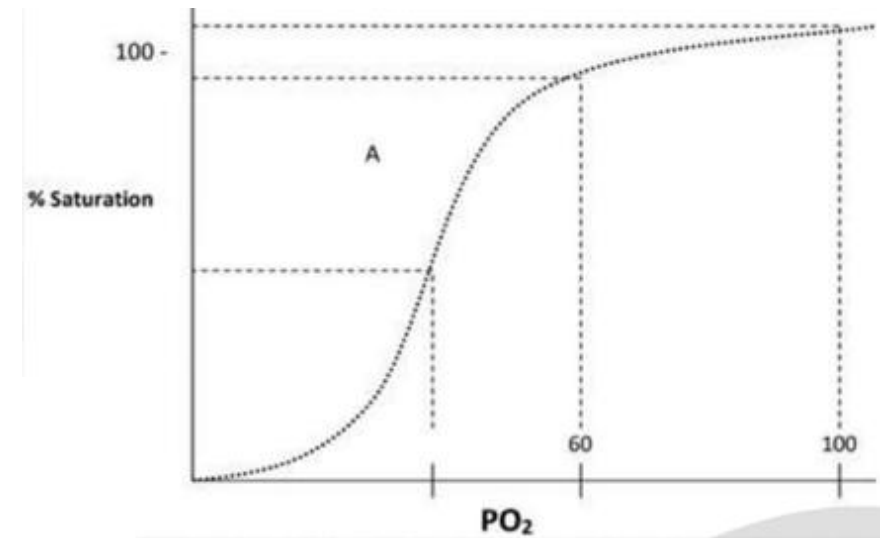
**Q21: Which of the following would shift HB-O<sub>2</sub> to the left?**

- A. Exercise
- B. HbF
- C. Increase alveolar PCO<sub>2</sub>
- D. Whenever P50 increases
- E. Hypoventilation

Answer: B

## Q22: Which of the following is INCORRECT regarding the above oxyhemoglobin curve?

- A. Higher P50 than normal means that O<sub>2</sub> binds less tightly to hemoglobin.
- B. HbF is normally shifted to the left.
- C. An increase in PCO<sub>2</sub> causes a right shift.
- D. An increase in blood pH increases P50.
- E. An increase in temperature shifts the O<sub>2</sub> uptake curve to the right.



Answer: D

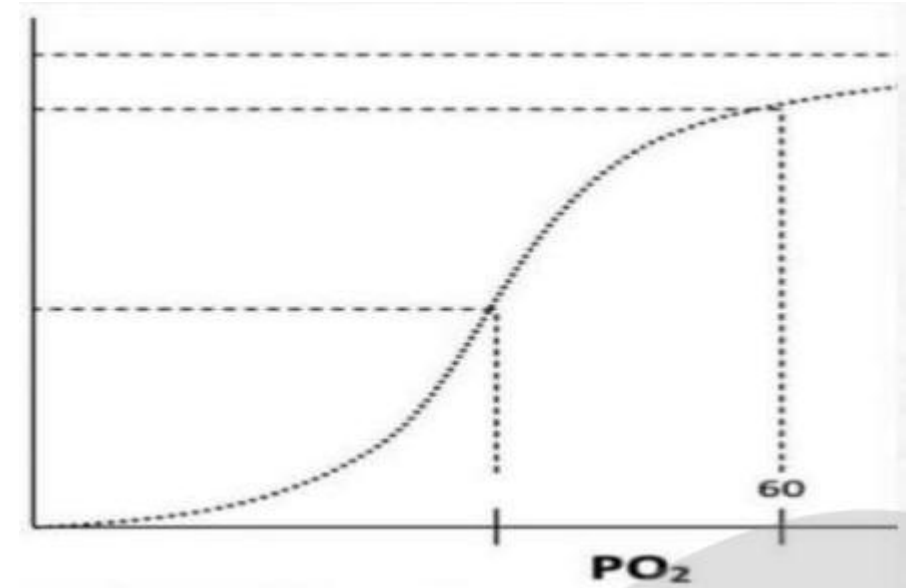


## Q23: Regarding carbon monoxide poisoning, which of the following is TRUE?

- A. Increases firing rate from the peripheral chemoreceptors to the respiratory center
- B. Decreases arterial O<sub>2</sub> concentration
- C. Decreases arterial PO<sub>2</sub>
- D. Can be a self-limited disease
- E. As long as arterial PCO is below 1 mmHg, we should not worry

**Q24: The below is normal oxyhemoglobin dissociation curve; an increase in P50 is seen in which of the following conditions?**

- A. Reverse Bohr's effect
- B. Decreased local temperature
- C. Physical exercise
- D. Increase plasma pH
- E. Fetal hemoglobin



Answer: C

**Q25: Which of the following conditions would result in the highest oxygen content per millimeter blood?**

- A. Hemoglobin concentration = 5,  $\text{PaO}_2$  = 90 mmHg
- B. Hemoglobin concentration = 5,  $\text{PaO}_2$  = 500 mmHg
- C. Hemoglobin concentration = 3,  $\text{PaO}_2$  = 90 mmHg
- D. Hemoglobin concentration = 10,  $\text{PaO}_2$  = 60 mmHg
- E. Hemoglobin concentration = 16,  $\text{PaO}_2$  = 28 mmHg

Answer: D

## Q26: Which of the following statements about the transport of O<sub>2</sub> & CO<sub>2</sub> by the blood is true?

- A. Most CO<sub>2</sub> is transported in the dissolved form
- B. The % saturation of hemoglobin with O<sub>2</sub> will increase if the arterial PCO<sub>2</sub> is increased
- C. A decrease in the % saturation of hemoglobin with O<sub>2</sub> increases CO<sub>2</sub> transport
- D. In anemia, both arterial PO<sub>2</sub> and O<sub>2</sub> content are decreased
- E. The reduced arterial PO<sub>2</sub> in an individual living at high altitude is due to impairment in O<sub>2</sub> diffusion

**Q27: The oxygen dissociation curve of normal adult hemoglobin is most effectively shifted to the right by which of the following?**

- A. Mixing with fetal hemoglobin
- B. Increased 2,3-bisphosphoglycerate (BPG)
- C. Cooperative binding of oxygen
- D. Increased pH
- E. Decreased CO<sub>2</sub>

Answer: B

**Q28: Which of the following shifts the oxyhemoglobin curve to the left?**

- A. Increased temperature
- B. Exercise
- C. Hyperventilation
- D. Metabolic acidosis

Answer: C

**Q29: All the following is true regarding peripheral chemoreceptors except:**

- A. Response to low O<sub>2</sub>
- B. Is triggered by CO<sub>2</sub>.
- C. Sensitive to H<sup>+</sup> content

CO<sub>2</sub> content changes H<sup>+</sup> concentration (pH) which is detected or triggered by peripheral receptors

Answer: B

**Q29: All the following is true regarding peripheral chemoreceptors except:**

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CO<sub>2</sub> content changes H<sup>+</sup> concentration (pH) which is detected or triggered by peripheral receptors

Answer: B



**Q30: Which one of the following has a direct effect on the central chemoreceptors of the brain?**

- A.  $\text{CO}_2$
- B.  $\text{O}_2$
- C.  $\text{HCO}_3^-$
- D. Hydrogen ions

Answer: D

**Q31: Which one of the following is a compensatory mechanism in high altitude :**

- A. Left shift of the oxygen hemoglobin saturation curve
- B. Decrease BPG-2
- C. pulmonary resistance
- D. Normal PO<sub>2</sub>

## **Q32: Which of the following is true regarding respiratory centers:**

- A. The nervous signal that is transmitted to the inspiratory muscles by DRG is mainly an instantaneous burst of action potentials
- B. Inspiratory center receives sensory input from peripheral chemoreceptors via the glossopharyngeal and vagus and phrenic nerves
- C. The neurons of the ventral respiratory group are mostly active during normal quiet respiration
- D. Stimulation of the apneustic center prolongs the contraction of the diaphragm

**Q33: Which of the following statements is correct regarding Peripheral chemoreceptors:**

- A. Respond only to increased/decreased  $H^+$  concentration
- B. Respond only to low  $O_2$
- C. Stimulated by CO
- D. Have the lowest arterio-venous  $O_2$  difference in our body
- E. Aortic bodies are innervated by the glossopharyngeal nerve

Answer: D

**Q34: Regarding carbon monoxide poisoning, one of the following is TRUE:**

- A. Increases firing rate from the peripheral chemoreceptors to the respiratory center
- B. Decreases arterial O<sub>2</sub> concentration
- C. Decreases arterial PO<sub>2</sub>
- D. Can be self-limited disease
- E. As long as PCO arterial is below 1 mmHg, we should not worry.

**Q35: In an individual the ventilation didn't increase when the inspired  $p\text{CO}_2$  was increased, but decreased during increased inspired  $p\text{O}_2$ . Which of the following is most likely the cause for this response in ventilation:**

- A. Dysfunctional central chemoreceptors
- B. Hypersensitivity of the peripheral chemoreceptors
- C. Bronchial muscle spasm
- D. Diaphragmatic fatigue
- E. Normal functioning of the central and peripheral chemoreceptors

**Q36: In diving, divers first hyperventilate before they go into water. This hyperventilation allows one to hold one's breath for a longer period of time, because hyperventilation:**

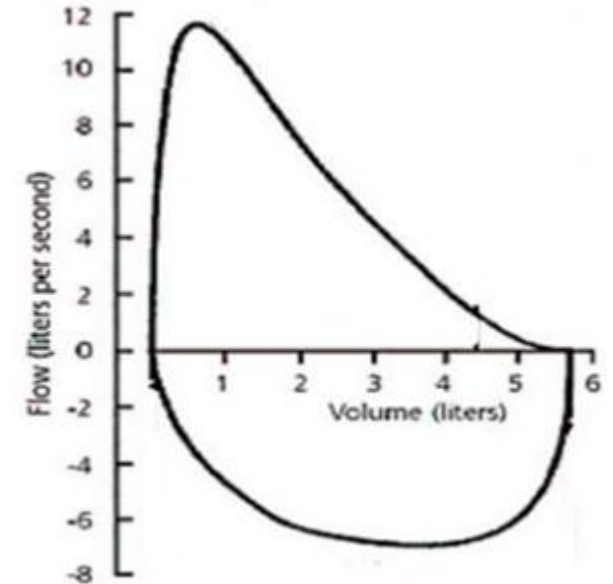
- A. Increases the oxygen reserve of systemic arterial blood
- B. Decreases the PCO<sub>2</sub> of systemic arterial blood
- C. Decreases the pH of systemic arterial blood
- D. Increases brain blood flow
- E. Make alveolar air full of O<sub>2</sub> which divers can use while diving

# The Lab



**Q1: Which of the following can be known from this graph?**

- A. Duration of expiration
- B. The reproducibility of the test
- C. FVC
- D. TLC



Answer: C

**Q2: You have a 15-year-old thin and tall male patient who presents with a three month history of dyspnea and wheezes. You perform spirometry, what is the most probable diagnosis based on the spirometry report ?**

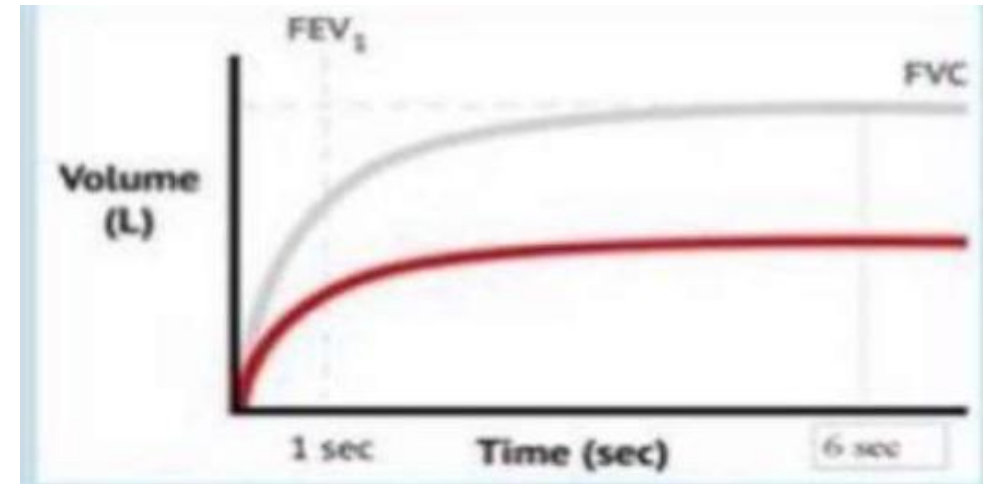
- A. Interstitial lung disease
- B. Pulmonary hypertension
- C. A restrictive pattern due to obesity
- D. Normal lung mechanics
- E. Asthma

|                       | Predicted | Actual (Measured) |
|-----------------------|-----------|-------------------|
| FVC (L)               | 4.04      | 3.5               |
| FEV <sub>1</sub> (L)  | 3.55      | 2.36              |
| FEV <sub>1</sub> /FVC | 88%       | 67%               |

Answer: E

### Q3: What pattern is suggested by the following volume-time graph (red curve)?

- A. Chronic obstructive pulmonary disease (COPD)
- B. The patient stopped exhaling too early
- C. Asthma
- D. Restrictive disease
- E. The patient re-inhaled some air during the test



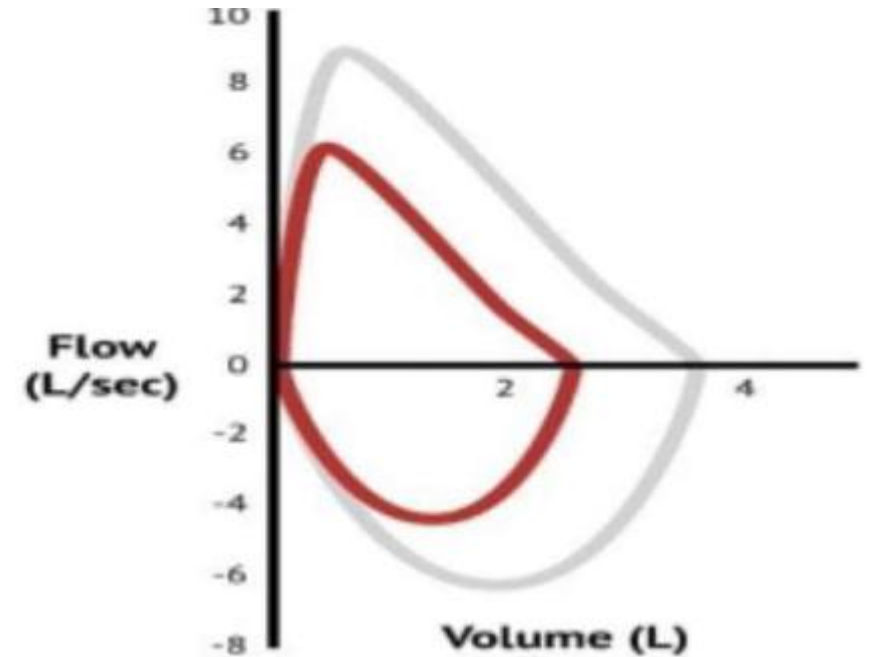
Answer: D

**Q4: You did a spirometry test to a patient. The test was reproducible and acceptable and it is done 3 times. A table of results show that  $FEV_1/FVC=90\%$ , FVC of predicted=  $72\%$ . What to do next?**

- A. Repeat the test again
- B. It is normal
- C. Give bronchodilator and repeat
- D. Do methacholine challenge test
- E. Complete pulmonary function test is needed

## Q5: What does this flow volume loop represent?

- A. COPD
- B. Asthma
- C. Restrictive lung disease



Answer: C

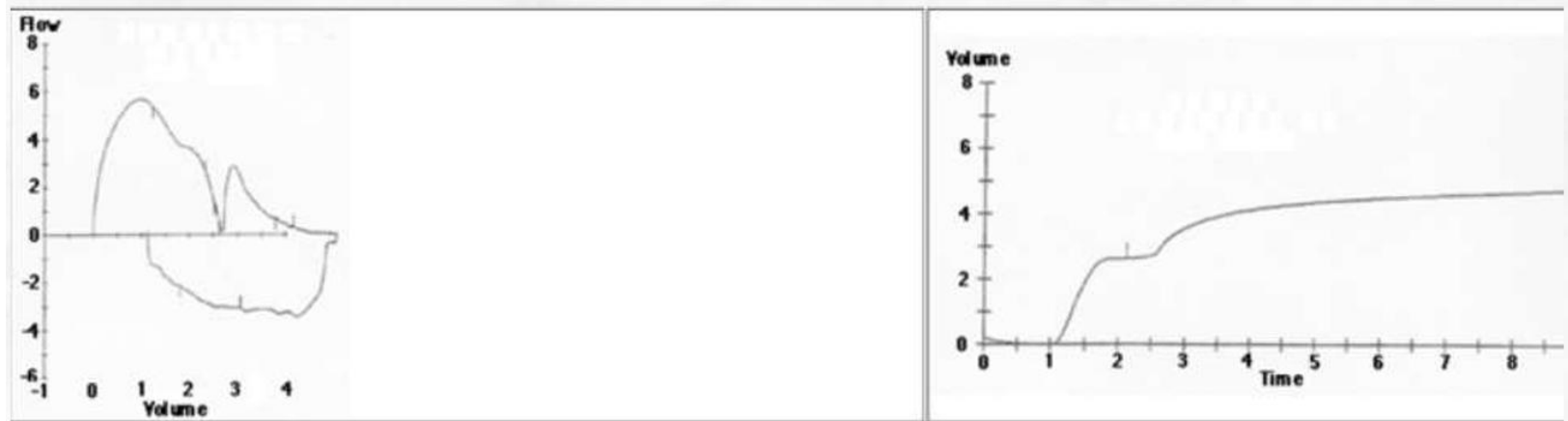
**Q6: A normal person with  $VC = 3.5L$ ,  $IC = 2L$ ,  $V_t = 0.5L$ ,  $FRC = 2.5L$ , what's his ERV?**

- A. 1 L
- B. 1.5 L
- C. 2.5 L

Answer: B

**Q7: A 53-year-old female has a history of chest tightness the  $FEV_1/FVC$  is 50%,  $FEV_1$  is 74% of predicted value and FVC is 100% of predicted value, based on the results and the shown graphs, what is your diagnosis? ?**

- A. Uninterpretable, does not meet acceptability criteria
- B. Severe obstruction
- C. Normal
- D. Mild obstruction



Answer: A

**Q8: While performing the test the patient should inhale a very deep breath then exhale as forcefully and for as long as he/she can.**

A. True

B. False



**Q9: If the FVC was 5 liters and the  $FEV_1/FVC$  ratio was 60%, what is the value of  $FEV_1$ ?**

- A. 2.5 L
- B. 3 L
- C. Can't be determined by the given data

Answer: C

# Q10: An acceptable spirometry test has the following features?

- A. The difference between the two largest FVC measurements is within 200 mL
- B. Rapid increase in airflow at the start of exhalation
- C. The FVC is within normal limits
- D. Exhalation continued for ~6 seconds

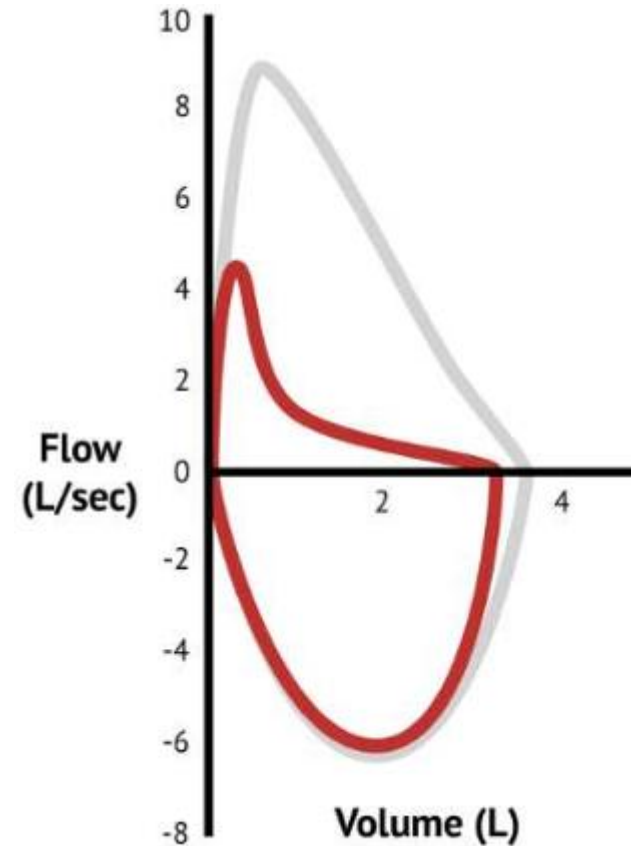
**Q11: If the spirometry report shows an  $FEV_1/FVC$  ratio of 90% you can conclude the test result is normal without looking at other parts of the test?**

- A. True
- B. False

Answer: B

**Q12: The following flow volume curve is highly suggestive of?**

- A. This is normal
- B. Obstructive lung disease
- C. Restrictive lung disease



Answer: B

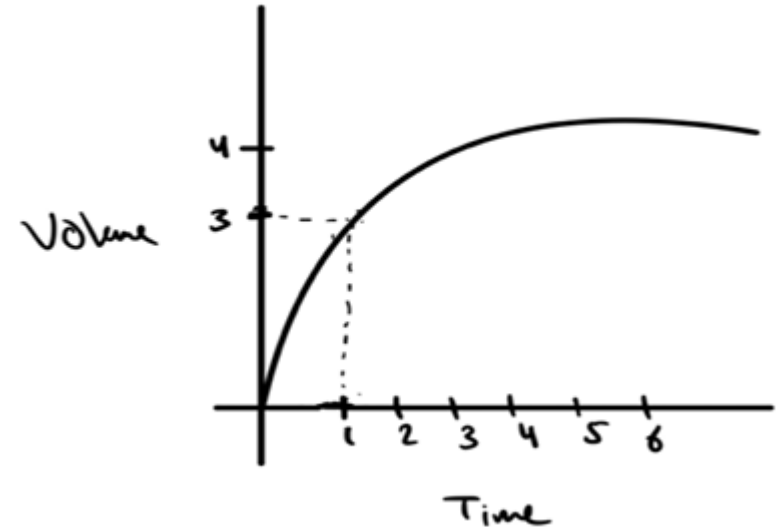
**Q13: What test result can be used to distinguish between asthma and chronic obstructive pulmonary disease (COPD)?**

- A. Reversibility test
- B. Methcholine challenge test
- C.  $FEV_1/FVC$
- D. FEF25–75

Answer: A

## Q14: What is true regarding the next graph?

- A. Shows an obstructive lung disease.
- B.  $FEV_1/FVC$  ratio is normal.



Answer: B

# Q15: Spirometry can be used to measure one of the following?

- A. RV (Residual volume)
- B. FRC (Functional residual capacity)
- C. TLC (Total lung capacity)
- D. VC (Vital capacity)
- E. Physiologic dead space volume

**Q16: Which of the following concerning average lung volumes and capacities of a person at rest is TRUE ?  
(TLC = total lung capacity; VC = vital capacity; FRC = functional residual capacity;  $V_t$  = Tidal volume)**

- A.  $TLC > VC > V_t > FRC$
- B.  $TLC > FRC > VC > V_t$
- C.  $TLC > VC > FRC > V_t$
- D.  $TLC > FRC > V_t > VC$
- E.  $VC = TLC > FRC > V_t$



## Q17: The inspiratory reserve volume measures what?

- A. Amount of air remaining in the lung after a maximal exhalation
- B. Amount of air that the lung holds
- C. Amount of air that can be further exhaled after a normal breath
- D. Amount of air that can be further inhaled after a normal breath

**Q18: The total lung capacity is calculated using which of the following formulas?**

- A. Residual volume + tidal volume + inspiratory reserve volume
- B. Residual volume + expiratory reserve volume + inspiratory reserve volume
- C. Expiratory reserve volume + tidal volume + inspiratory reserve volume
- D. Residual volume + expiratory reserve volume + tidal volume + inspiratory reserve volume

## Q19: Which of the following is not correct about FRC?

- A. It is about 75% TLC.
- B. The elastic recoil of the chest wall is outward.
- C. The elastic recoil of the lung is inward.
- D. The lung-thorax system is at rest.
- E. Pulmonary vascular resistance is the lowest.

**Q20: Maximum volume in the lung after forced inspiration is called?**

- A. RV
- B. TLC
- C. FRC
- D. IRV
- E. ERV

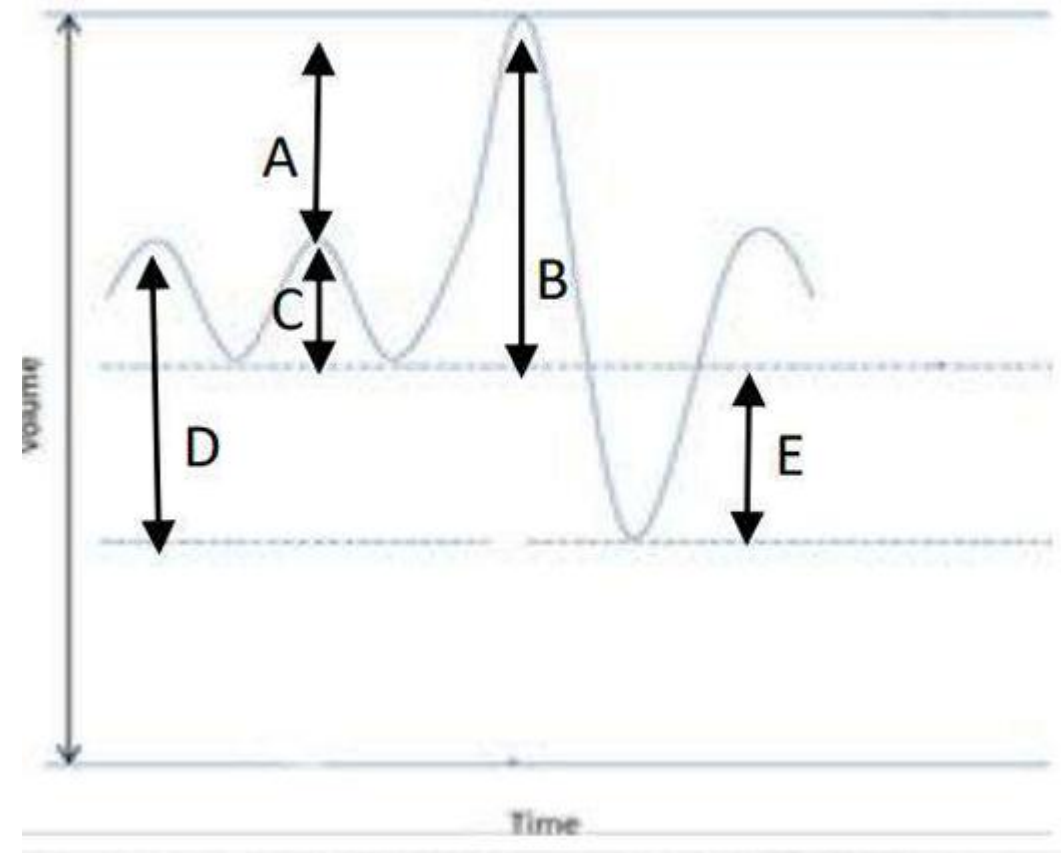
Answer: B

## Q21: Which of the following isn't normal finding with aging?

- A. Increase in RV
- B. Increase in FRC
- C. Increase in ERV
- D. Increase in closing volume

**Q22: In the following figure which point represent the Inspired reserve volume and which represent the expired reserve volume?**

- A. IRV-A // ERV-E
- B. IRV-B // ERV-D
- C. IRV-A // ERV-D
- D. IRV-E // ERV-A
- E. IRV-E // ERV-D



Answer: A

## Q23: Which of the following isn't normal finding with aging?

- A. Increase in RV
- B. Increase in FRC
- C. Increase in ERV
- D. Increase in closing volume

# These questions had no options (answers next slide)

Q1: FEV1 < 80%, FVC < 80%, TLC is decreased, which of the following is expected to be normal?

Q2: Which of the following decreases in obstructive but not in restrictive disease?

Q3: What decreases in emphysema?

Q4: What is incorrect about residual volume?



# These questions had no options (The answers)

A1: FEV1/FVC

A2: FEV1/FVC

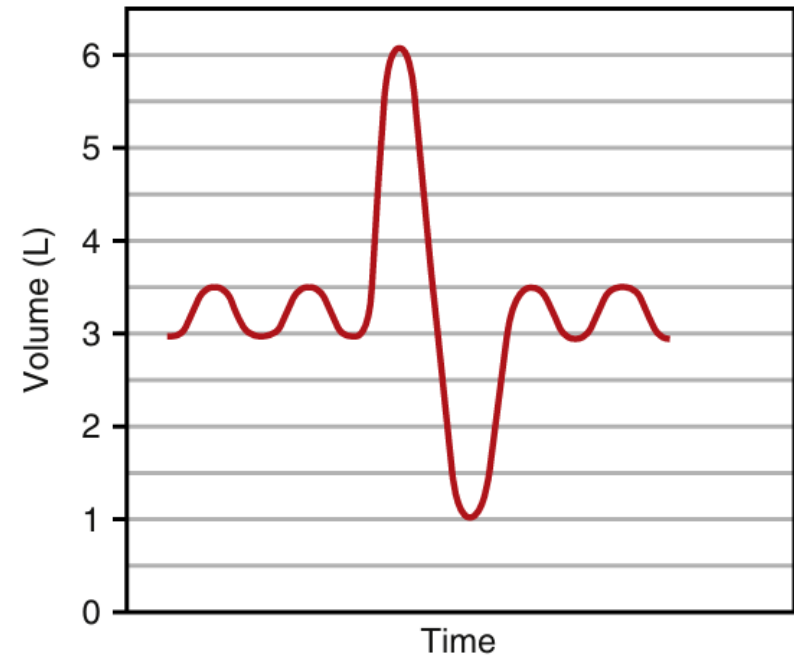
A3: FEV1

A4: It represents the resting state of the pulmonary-thorax system.

# **The Book Questions**

**Q1: A 22-year-old woman inhales as much air as possible and exhales as much air as she can, producing the spirogram shown in the figure. A residual volume of 1.0 liter was determined using the helium dilution technique. What is her FRC (in liters)? (Q8 in the book)**

- A. 2.0
- B. 2.5
- C. 3.0
- D. 3.5
- E. 4.0
- F. 5.0



Answer: C

**Q2: The various lung volumes and capacities include the total lung capacity (TLC), vital capacity (VC), inspiratory capacity (IC), tidal volume (Vt), expiratory capacity (EC), expiratory reserve volume (ERV), inspiratory reserve volume (IRV), functional residual capacity (FRC), and residual volume (RV). Which of the following lung volumes and capacities can be measured using direct spirometry without additional methods? (Q14 in the book)**

|    | TLC | VC  | IC  | VT  | EC  | ERV | IRV | FRC | RV  |
|----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| A) | No  | No  | Yes | No  | Yes | No  | Yes | No  | No  |
| B) | No  | Yes | Yes | Yes | Yes | Yes | Yes | No  | No  |
| C) | No  | Yes | Yes | Yes | Yes | Yes | Yes | Yes | No  |
| D) | Yes | Yes | Yes | Yes | Yes | Yes | Yes | No  | Yes |
| E) | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes |

Answer: B

**Q3: A person with normal lungs has an oxygen (O<sub>2</sub>) consumption of 750 ml O<sub>2</sub>/min. The hemoglobin (Hb) concentration is 15 g/dl. The mixed venous saturation is 25%. What is the cardiac output?**  
(Q19 in the book)

- A. 2500 ml/min
- B. 5000 ml/min
- C. 7500 ml/min
- D. 10,000 ml/min
- E. 20,000 ml/min

Answer: B

**Q4: Blood gas measurements are obtained in a resting patient who is breathing room air. The patient has an arterial content of 19 ml O<sub>2</sub>/min with a Po<sub>2</sub> of 95. The mixed venous O<sub>2</sub> content is 4 ml O<sub>2</sub>/100 ml blood. Which condition does the patient have? (Q27 in the book)**

- A. An increase in physiological dead space
- B. Pulmonary edema
- C. A low Hb concentration
- D. A low cardiac output

Answer: D

**Q5: A normal male subject has the following initial conditions (in the steady state):**

*Arterial  $PO_2 = 92$  mm Hg*

*Arterial  $O_2$  saturation = 97%*

*Venous  $O_2$  saturation = 20%*

*Venous  $PO_2 = 30$  mm Hg*

*Cardiac output = 5600 ml/min*

*$O_2$  consumption = 256 ml/min*

*Hb concentration = 12 gm/dl*

**If you ignore the contribution of dissolved  $O_2$  to the  $O_2$  content, what is the venous  $O_2$  content? (Q28 in the book)**

- A. 2.2 ml  $O_2$ /100 ml blood
- B. 3.2 ml  $O_2$ /100 ml blood
- C. 4 ml  $O_2$ /100 ml blood
- D. 4.6 ml  $O_2$ /100 ml blood
- E. 6.2 ml  $O_2$ /100 ml blood
- F. 10.8 ml  $O_2$ /100 ml blood
- G. 16 ml  $O_2$ /100 ml blood

Answer: B

**Q6: A man fell asleep in his running car. He was unconscious when he was brought into the emergency department. With carbon monoxide (CO) poisoning, you would expect his alveolar  $O_2$  partial pressure ( $P_aO_2$ ) would be \_\_\_\_\_, while his arterial  $O_2$  content ( $C_aO_2$ ) would be \_\_\_\_\_. (Q29 in the book)**

- A. Normal, decreased
- B. Decreased, decreased
- C. Increased, normal
- D. Increased, normal



**Q7: A person with anemia has an Hb concentration of 12 g/dl. He starts exercising and uses 12 ml O<sub>2</sub>/dl. What is the mixed venous Po<sub>2</sub>? (Q49 in the book)**

- A. 0 mm Hg
- B. 10 mm Hg
- C. 20 mm Hg
- D. 40 mm Hg
- E. 100 mm Hg

Answer: C

**Q8: Which of the above O<sub>2</sub>-Hb dissociation curves corresponds to normal blood (red line) and blood containing CO (green line)? (Q52 in the book)**

A. A

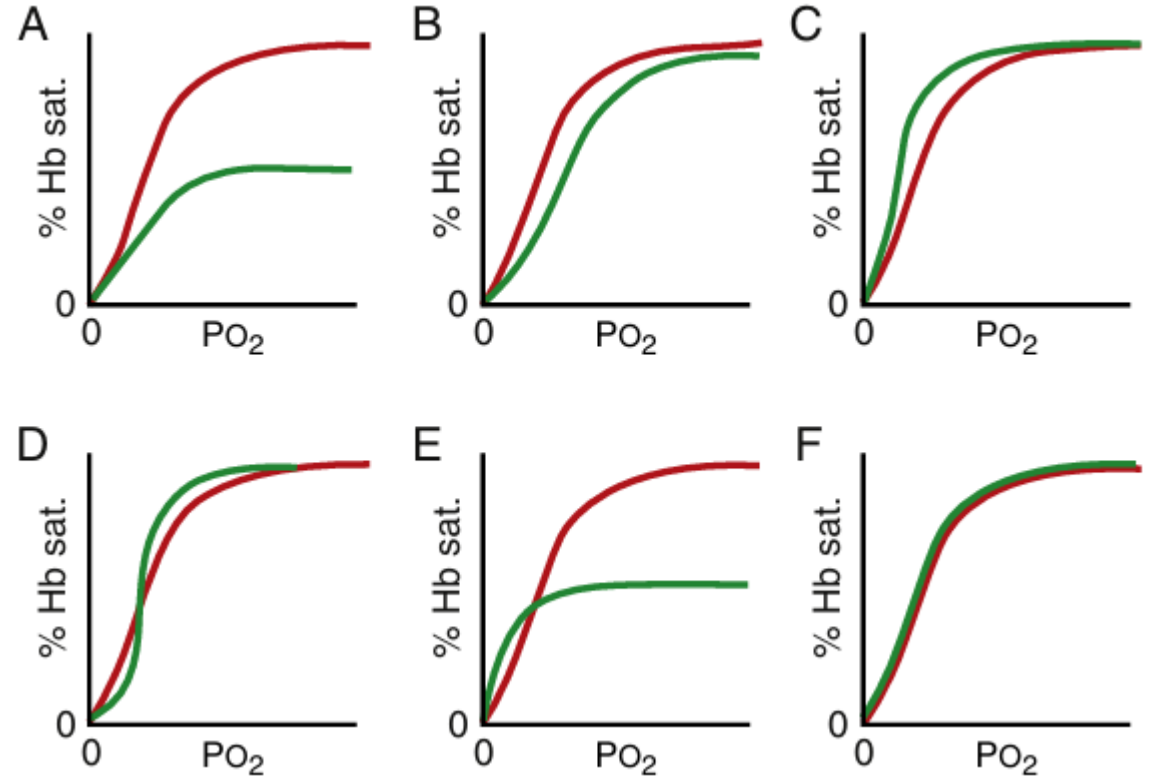
B. B

C. C

D. D

E. E

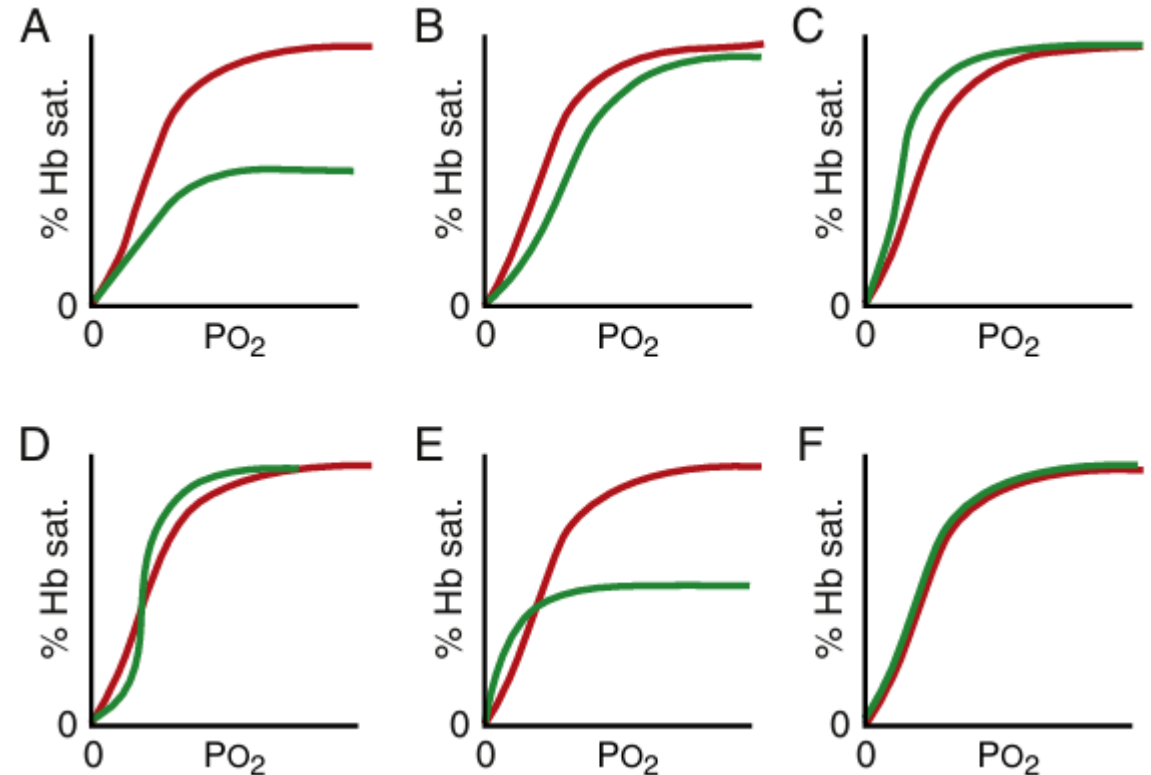
F. F



Answer: E

**Q9: Which of the above O<sub>2</sub>-Hb dissociation curves corresponds to blood during resting conditions (red line) and blood during exercise (green line)?**  
(Q53 in the book)

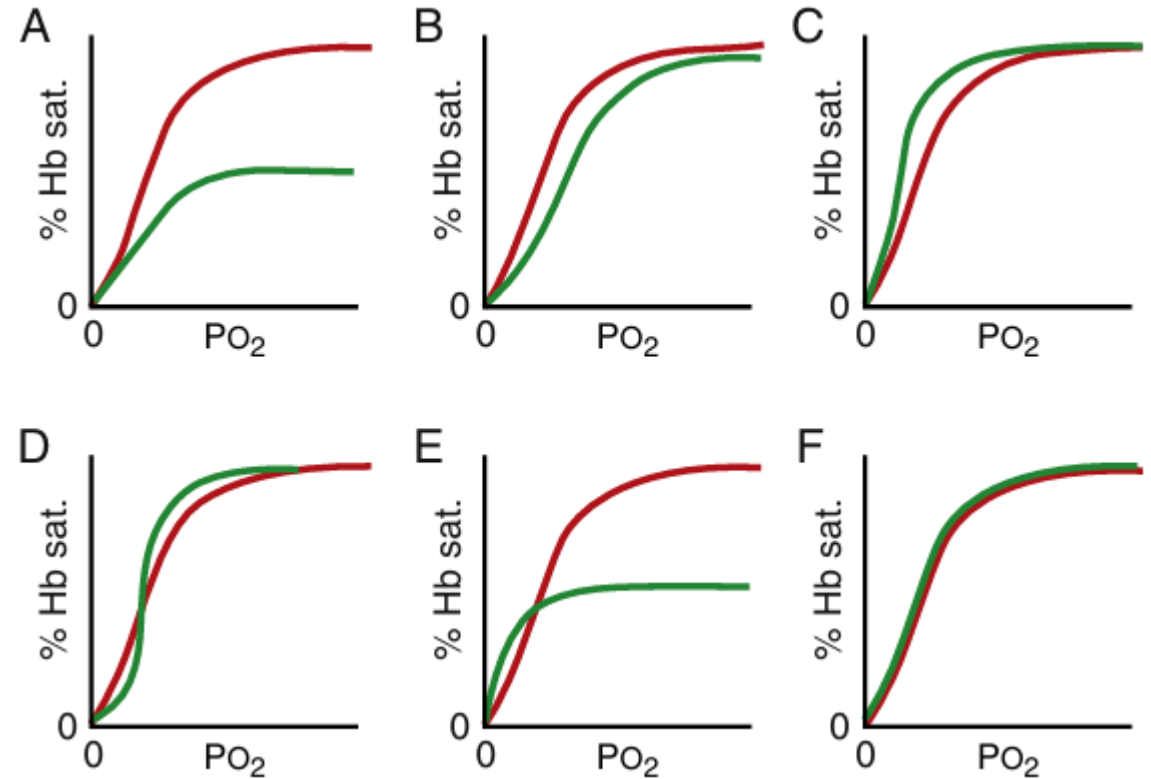
- A. A
- B. B
- C. C
- D. D
- E. E
- F. F



Answer: B

**Q10: Which of the above O<sub>2</sub>-Hb dissociation curves corresponds to blood from an adult (red line) and blood from a fetus (green line)? (Q54 in the book)**

- A. A
- B. B
- C. C
- D. D
- E. E
- F. F



Answer: C

**Q11: A 26-year-old medical student on a normal diet has a respiratory exchange ratio of 0.8. How much O<sub>2</sub> and CO<sub>2</sub> are transported between the lungs and tissues of this student (in ml gas/100 ml blood)? (Q59 in the book)**

|    | O <sub>2</sub> | CO <sub>2</sub> |
|----|----------------|-----------------|
| A) | 4              | 4               |
| B) | 5              | 3               |
| C) | 5              | 4               |
| D) | 5              | 5               |
| E) | 6              | 3               |
| F) | 6              | 4               |

Answer: C

**Q12: Which diagram in the above figure best describes the relationship between  $V_A$  and arterial  $\text{CO}_2$  tension ( $\text{PCO}_2$ ) when the  $\text{PCO}_2$  is changed acutely over a range of 35 to 75 mm Hg? (Q64 in the book)**

A. A

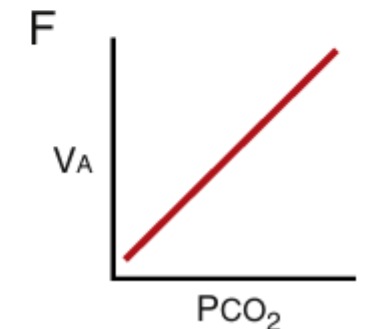
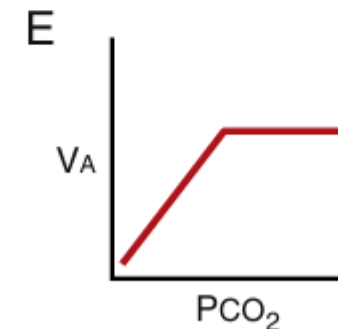
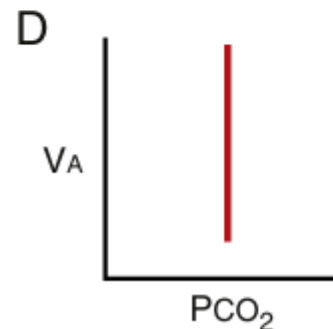
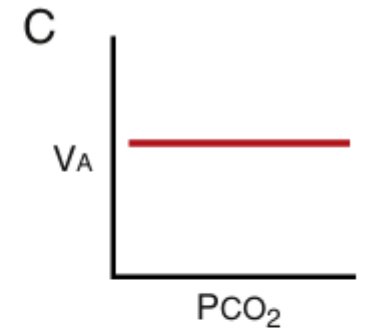
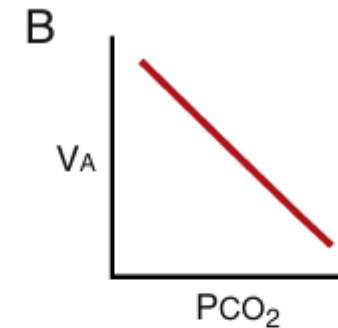
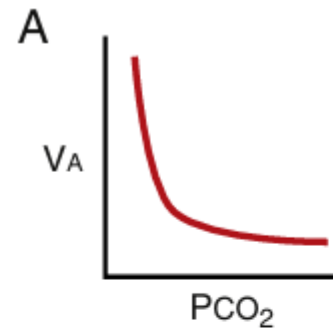
B. B

C. C

D. D

E. E

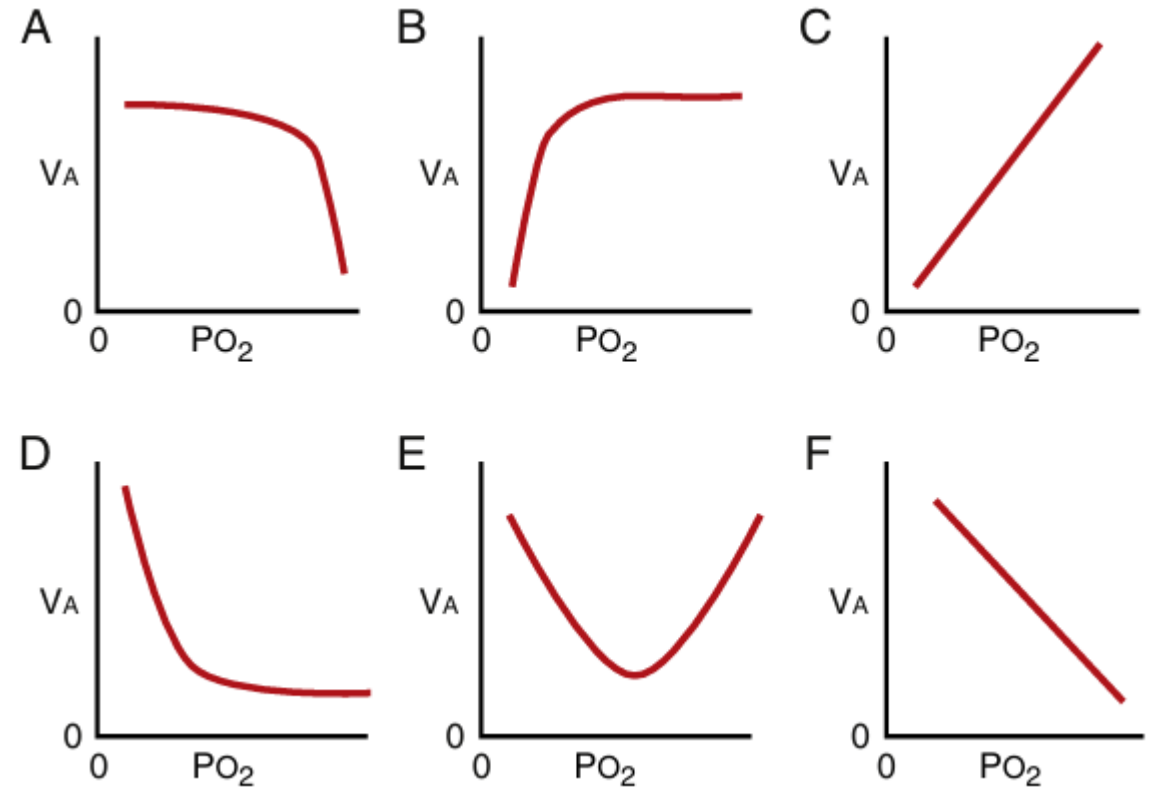
F. F



Answer: F

**Q13: Which diagram in the above figure best describes the relationship between  $V_a$  and arterial  $O_2$  tension ( $PO_2$ ) when the  $PO_2$  is changed acutely over a range of 0 to 160 mm Hg and the arterial  $PCO_2$  and  $H^+$  concentration remain normal? (Q65 in the book)**

- A. A
- B. B
- C. C
- D. D
- E. E
- F. F



Answer: D

**Q14: At a fraternity party a 17-year-old male places a paper bag over his mouth and breathes in and out of the bag. As he continues to breathe into this bag, his rate of breathing continues to increase. Which of the following is responsible for the increased ventilation? (Q66 in the book)**

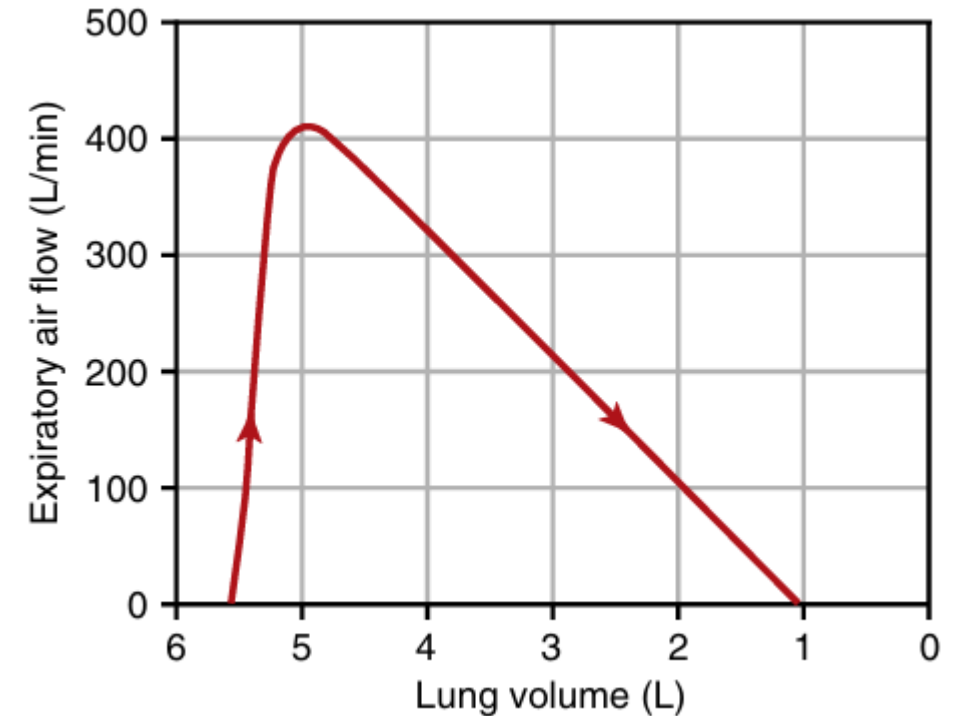
- A. Increased alveolar  $P_{O_2}$**
- B. Increased alveolar  $P_{CO_2}$**
- C. Decreased arterial  $P_{CO_2}$**
- D. Increased pH**

Answer: B



**Q15: A 45-year-old man inhaled as much air as possible and then expired with a maximum effort until no more air could be expired. This action produced the maximum expiratory flow-volume (MEFV) curve shown in the above figure. What is the forced vital capacity (FVC) of this man (in liters)? (Q71 in the book)**

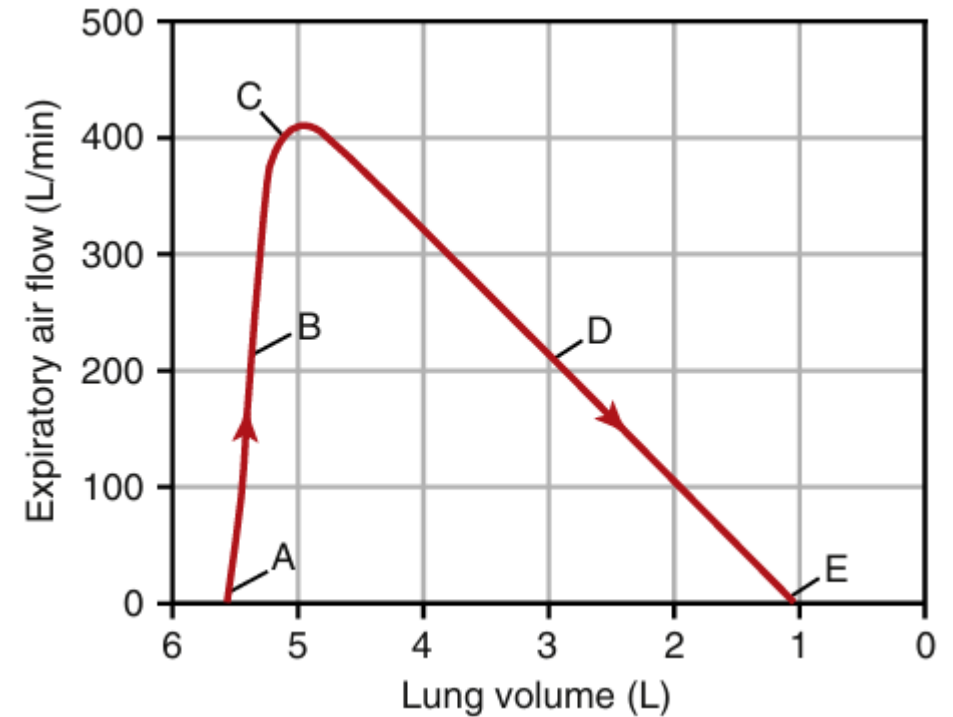
- A. 1.5
- B. 2.5
- C. 3.5
- D. 4.5
- E. 5.5
- F. 6.5



Answer: D

**Q16: The MEFV curve shown in the above figure is used as a diagnostic tool for identifying obstructive and restrictive lung diseases. At which point on the curve does airway collapse limit maximum expiratory air flow? (Q72 in the book)**

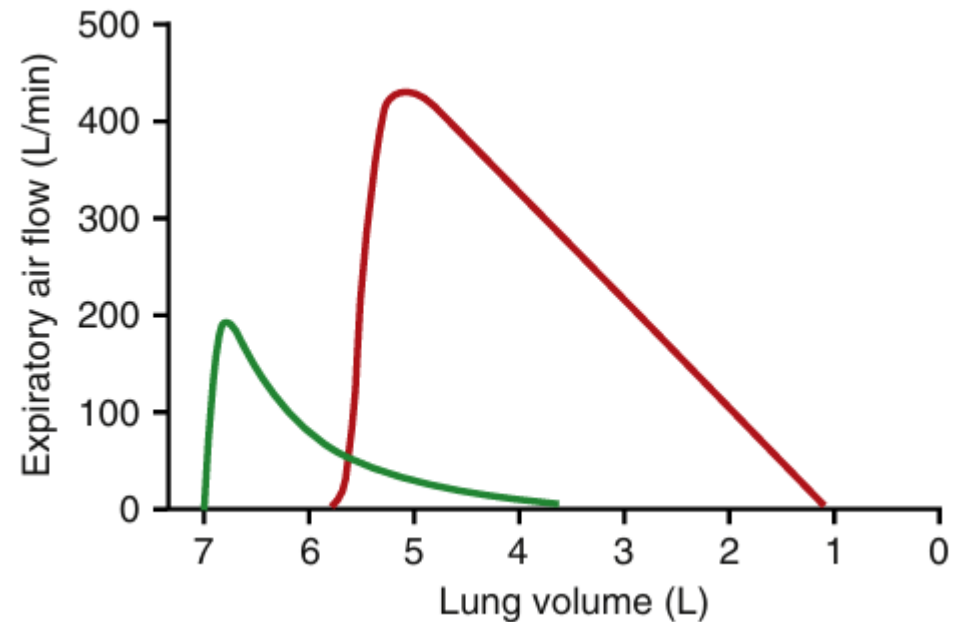
- A. A
- B. B
- C. C
- D. D
- E. E



Answer: D

**Q17: The MEFV curves shown in the above figure were obtained from a healthy person (red curve) and a 57-year-old man with shortness of breath (green curve). The man with shortness of breath likely has which disorder? (Q73 in the book)**

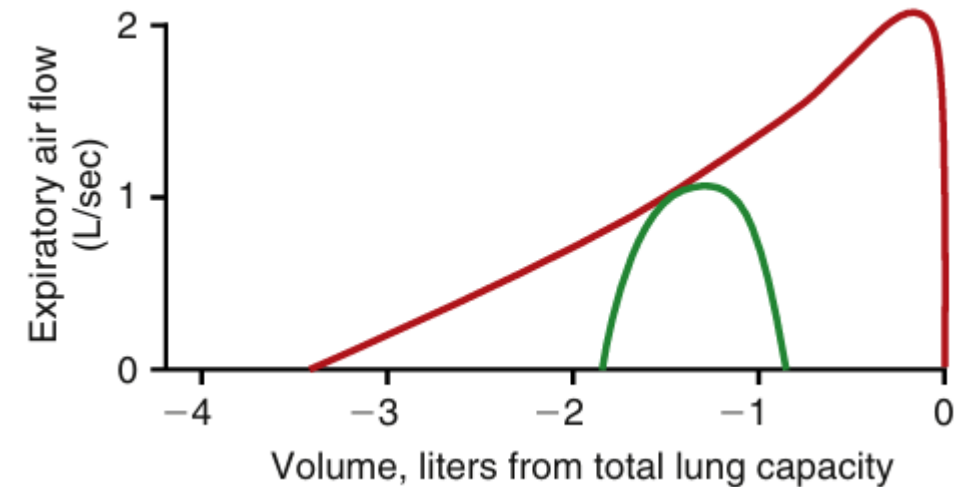
- A. Asbestosis
- B. Emphysema
- C. Kyphosis
- D. Scoliosis
- E. Silicosis
- F. Tuberculosis



Answer: B

**Q18: The MEFV curve shown in the above figure (red line) was obtained from a 75-year-old man who smoked 40 cigarettes per day for 60 years. The green flow-volume curve was obtained from the man during resting conditions. Which set of changes is most likely to apply to this man? (Q75 in the book)**

|    | Exercise Tolerance | TLC       | RV        |
|----|--------------------|-----------|-----------|
| A) | Decreased          | Decreased | Decreased |
| B) | Decreased          | Increased | Increased |
| C) | Decreased          | Normal    | Normal    |
| D) | Increased          | Increased | Increased |
| E) | Normal             | Decreased | Decreased |



Answer: B

Q19: A man fell asleep in his running car. He was unconscious when he was brought into the emergency department. With carbon monoxide (CO) poisoning, you would expect his alveolar O<sub>2</sub> partial pressure (PaO<sub>2</sub>) would be \_\_\_\_\_, while his arterial O<sub>2</sub> content (CaO<sub>2</sub>) would be \_\_\_\_\_. (Q29 in the book)

- A. Normal, decreased
- B. Decreased, decreased
- C. Increased, normal
- D. Increased, normal

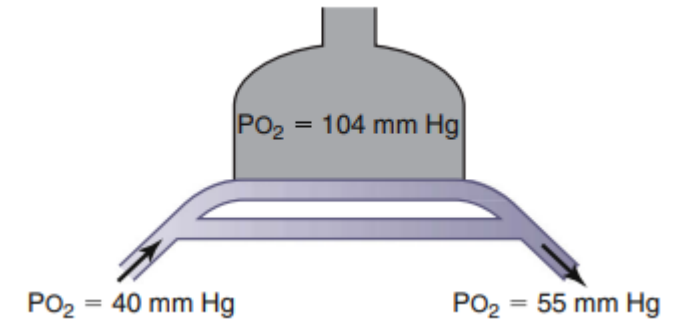
Q19: A person with normal lungs at sea level (760 mm Hg) is breathing 50% O<sub>2</sub>. What is the approximate alveolar PO<sub>2</sub> (Q32 in the book)

- A) 100
- B) 159
- C) 306
- D) 330
- E) 380

Answer: C

Q20:. The figure below shows a lung with a large shunt in which mixed venous blood bypasses the O<sub>2</sub> exchange areas of the lung. Breathing room air produces the O<sub>2</sub> partial pressures shown on the diagram. What is the O<sub>2</sub> tension of the arterial blood (in mm Hg) when the person breathes 100% O<sub>2</sub> and the inspired O<sub>2</sub> tension is greater than 600 mm Hg? (Q43 in the book)

- A) 40
- B) 55
- C) 60
- D) 175
- E) 200
- F) 400
- G) 600



Answer: C

**Q21:When the respiratory drive for increased pulmonary ventilation becomes greater than normal, a special set of respiratory neurons that are inactive during normal quiet breathing then becomes active, contributing to the respiratory drive. These neurons are located in which structure? (Q58 in the book)**

- A) Apneustic center**
- B) Dorsal respiratory group**
- C) Nucleus of the tractus solitarius**
- D) Pneumotaxic center**
- E) Ventral respiratory group**



**Q22:What is the most important pathway for the respiratory response to systemic arterial CO<sub>2</sub> (PCO<sub>2</sub>)? (Q56 in the book)**

- A) CO<sub>2</sub> activation of the carotid bodies
- B) Hydrogen ion (H<sup>+</sup>) activation of the carotid bodies
- C) CO<sub>2</sub> activation of the chemosensitive area of the medulla
- D) H<sup>+</sup> activation of the chemosensitive area of the medulla
- E) CO<sub>2</sub> activation of receptors in the lungs

**Q23: The basic rhythm of respiration is generated by neurons located in the medulla. What limits the duration of inspiration and increases respiratory rate? (Q57 in the book)**

- A) Apneustic center
- B) Dorsal respiratory group
- C) Nucleus of the tractus solitarius
- D) Pneumotaxic center
- E) Ventral respiratory group

Answer: D

**Q24: An anesthetized man is breathing with no assistance. He then undergoes artificial ventilation for 10 minutes at his normal VT but at twice his normal frequency. He undergoes ventilation with a gas mixture of 60% O<sub>2</sub> and 40% nitrogen. The artificial ventilation is stopped, and he fails to breathe for several minutes. This apneic episode is due to which of the following? (Q62 in the book)**

- A) High arterial PO<sub>2</sub> suppressing the activity of the peripheral chemoreceptors
- B) Decrease in arterial pH suppressing the activity of the peripheral chemoreceptors
- C) Low arterial PCO<sub>2</sub> suppressing the activity of the medullary chemoreceptors
- D) High arterial PCO<sub>2</sub> suppressing the activity of the medullary chemoreceptors
- E) Low arterial PCO<sub>2</sub> suppressing the activity of the peripheral chemoreceptors

**Q25: At a fraternity party a 17-year-old male places a paper bag over his mouth and breathes in and out of the bag. As he continues to breathe into this bag, his rate of breathing continues to increase. Which of the following is responsible for the increased ventilation? (Q66 in the book)**

- A) Increased alveolar  $PO_2$**
- B) Increased alveolar  $PCO_2$**
- C) Decreased arterial  $PCO_2$**
- D) Increased pH**

Q26:  $V_a$  increases severalfold during strenuous exercise. Which factor is most likely to stimulate ventilation during strenuous exercise? (Q67 in the book)

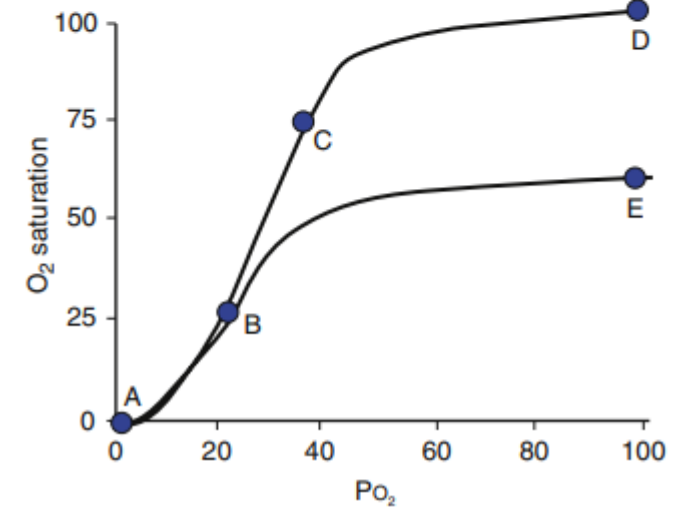
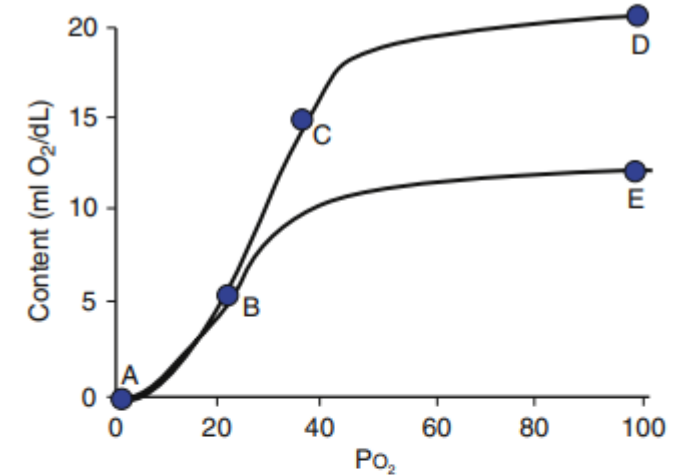
- A) Collateral impulses from higher brain centers
- B) Decreased mean arterial pH
- C) Decreased mean arterial  $PO_2$
- D) Decreased mean venous  $PO_2$
- E) Increased mean arterial  $PCO_2$

Q27: A stroke that destroys the respiratory area of the medulla would be expected to lead to which of the following? (51Q in the book)

- A) Immediate cessation of breathing
- B) Apneustic breathing
- C) Ataxic breathing
- D) Rapid breathing (hyperpnea)
- E) None of the above (breathing would remain normal)

Q28: Which points on the adjacent figure represent arterial blood in a severely anemic person? (Q50 in the book)

|    | Top Graph | Bottom Graph |
|----|-----------|--------------|
| A) | D         | D            |
| B) | E         | E            |
| C) | D         | E            |
| D) | E         | D            |



Answer: D

**Q29:**A 45-year-old man at sea level has an inspired O<sub>2</sub> tension of 149 mm Hg, nitrogen tension of 563 mm Hg, and water vapor pressure of 47 mm Hg. A small tumor pushes against a pulmonary blood vessel, completely blocking the blood flow to a small group of alveoli. What are the O<sub>2</sub> and carbon dioxide (CO<sub>2</sub>) tensions of the alveoli that are not perfused (in mm Hg)? (Q 36 in the book)

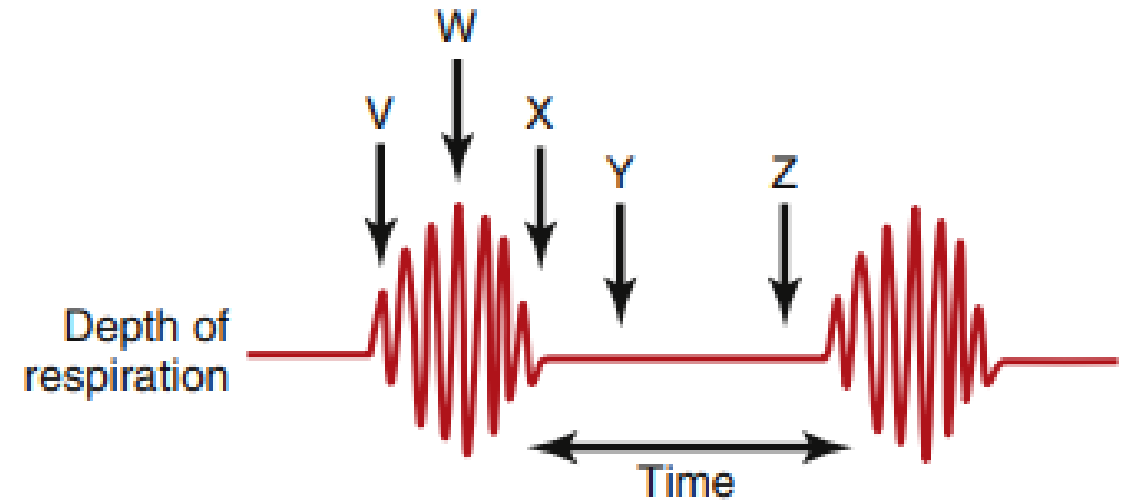
|    | CO <sub>2</sub> | O <sub>2</sub> |
|----|-----------------|----------------|
| A) | 0               | 0              |
| B) | 0               | 149            |
| C) | 40              | 104            |
| D) | 47              | 149            |
| E) | 45              | 149            |

Answer: B



**Q30: Cheyne-Stokes breathing is an abnormal breathing pattern characterized by a gradual increase in the depth of breathing, followed by a progressive decrease in the depth of breathing that occurs again and again approximately every minute. Which time points on the below figure (V-Z) are associated with the highest PCO<sub>2</sub> of lung blood and highest PCO<sub>2</sub> of the neurons in the respiratory center (Q70 in the book)**

|    | Lung Blood | Respiratory Center |
|----|------------|--------------------|
| A) | V          | V                  |
| B) | V          | W                  |
| C) | W          | W                  |
| D) | X          | Z                  |
| E) | Y          | Z                  |



Answer: B

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Corrections from previous versions:

| Versions | Slide #       | Before Correction | After Correction                        |
|----------|---------------|-------------------|---|
| V0 → V1  | 5<br>86<br>87 | A<br>Missing<br>A | A (total area; more accurate)<br>C<br>C |
| V1 → V2  |               |                   |   |