

Physio Equations

lec 1 :

1) Ohm's Law $\rightarrow \text{flow} = \frac{DF}{R} = \frac{\Delta P}{R}$

DF: driving force, R: Resistance

2) Oxygen flow $= \Delta P_{O_2} * k$

k: permeability

3) $k = \left(\frac{A}{dx} \right) * \left(\frac{S}{\sqrt{MW}} \right) \Rightarrow \frac{S}{\sqrt{MW}} = \text{diffusion coefficient}$

$\frac{A}{dx}$: Respirating Membrane, $\frac{S}{\sqrt{MW}}$: Gas

A: Surface Area, dx: Thickness, S: Gas Solubility, MW: Gas molecular weight

lec 2 :

1) Total Body Water = 60% * Body Weight

2) Gas pressures in Expired air

$P_{\text{Expired}} = \frac{(V_A * P_A) + (V_D * P_D)}{V_T}$

V_A : ³⁵⁰ Alveolar volume, P_A : Partial pressure in Alveolar air

V_D : ¹⁵⁰ dead-space volume, P_D : " " in dead-space air

V_T : Tidal volume

So for example:

$P_{E O_2} = \frac{350 \text{ mL} * 100 \text{ mmHg} + 150 \text{ mL} * 150 \text{ mmHg}}{500 \text{ mL}} = 116 \text{ mmHg}$

$P_{E CO_2} = \frac{350 \text{ mL} * 40 \text{ mmHg} + 150 \text{ mL} * 0 \text{ mmHg}}{500 \text{ mL}} = 28 \text{ mmHg}$

3) $p = \frac{\text{Force}}{\text{Area}}$

E : Mixed Expired $\bullet$: Alveolar contents $\circ$: Dead space contents

4) Boyle's law (The pressure & Volume of a gas are inversely proportional, provided Temp. & mass are kept constant).

$P_1 V_1 = P_2 V_2 = \text{constant}$

lec 3:

1) Cardiac output (Q) = Stroke volume * Heart Rate

2) Respiratory minute ventilation (RMV) = V_T * RR

V_T : Tidal Volume, RR: Respiratory Rate

3) $R = \frac{8\eta l}{\pi r^4}$

R: Resistance, η : Viscosity, l: length, r: radius

$$R \propto \frac{1}{A^2} \quad (R \propto \frac{1}{r^4})$$

4) velocity $\left(\frac{d}{t}\right) = \frac{\text{flow}\left(\frac{d^3}{t}\right)}{\text{Area}(d^2)}$

5) Work = $\Delta P * \Delta V$

ΔP : DP, ΔV : Tidal volume

6)

- Inspiratory Capacity (IC) = Tidal Volume (V_T) + Inspiratory Reserve Volume (IRV)
- Functional Residual Capacity (FRC) = Expiratory Reserve Volume (ERV) + Residual Volume (RV)
- Vital Capacity (VC) = IRV + V_T + ERV (All volumes except RV)
- Total Lung Capacity (TLC) = VC + RV (All 4 volumes)

7) Initial amount of He = Final amount of He

$$C_1 * V_1 = C_2 * (V_1 + \text{FRC})$$

final equation:

$$\text{FRC} = V_1 \left(\frac{C_1}{C_2} - 1 \right)$$

FRC: functional Residual capacity, V_1 : known gas volume, C_1 & C_2 : (He) concentration

lec 4:

$$1) PDSV = ADSV + AWV$$

PDSV: physiological dead space volume, ADSV: Anatomical dead space volume, AWV: Alveolar wasted volume

$$2) PDSV = V_T * \left(\frac{P_aCO_2 - P_ECO_2}{P_aCO_2} \right)$$

V_T : Tidal volume, P_aCO_2 : Arterial CO_2 partial pressure, P_ECO_2 : Mixed Expired Air CO_2 partial pressure

lec 5:

1) for (Lung volume - Intrapleural pressure curve)

$$\text{Compliance} = \text{Slope} = \frac{\Delta V}{\Delta P} = \tan \theta$$

$$2) p = \frac{2T}{r} \text{ (Laplace's law)}$$

p : inflation pressure, T : Surface Tension, r : radius

lec 6:

$$1) \text{Mean (systemic or pulmonary) Arterial pressure} = \frac{2}{3} \text{ dias. BP} + \frac{1}{3} \text{ syst. BP}$$

$$2) R_p \approx \frac{1}{7} * TPR \left(\frac{14}{100} * TPR \right)$$

pulmonary Resistance

$$3) NFP = (\overset{\text{filtration}}{P_c + \pi_i}) - (\overset{\text{Reabsorption}}{P_i + \pi_c})$$

NFP: Net filtration pressure, P_c : Capillary hydrostatic pressure, π_i : Interstitial oncotic pressure

P_i : Interstitial hydrostatic pressure, π_c : Capillary oncotic pressure

Quick Revision for the "Zones of pulmonary blood flow"

$P_A > P_s > P_d \rightarrow$ No Blood flow $\rightarrow$ Zone 1 Blood flow

$P_s > P_A > P_d \rightarrow$ Only during systole (Intermittent) $\rightarrow$ Zone 2 Blood flow

$P_s > P_d > P_A \rightarrow$ Continuous flow $\rightarrow$ Zone 3 Blood flow

P_A : Alveolar pressure, P_s : systolic pressure, P_d : diastolic pressure