

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ



Past Papers

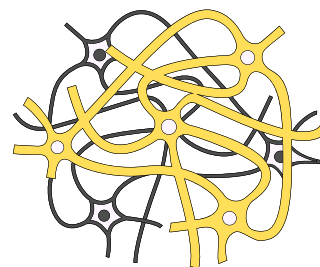
MID | Lecture (1-6)

﴿إِنِّي تَوَكَّلْتُ عَلَى اللَّهِ رَبِّي وَرَبِّكُمْ مَا مِنْ دَابَّةٍ إِلَّا هُوَ آخِذٌ بِنَاصِيَتِهَا إِنَّ رَبِّي عَلَى صِرَاطٍ مُسْتَقِيمٍ﴾

**Written by : Aya Altaki
Hala Al-Turman**

Reviewed by : Aya Altaki

 **Behavioral** 



Intro to psychology

Q1. Which of the following schools of psychology studied personality through the unconscious?

A) Trait school

B) Biological school

C) Humanistic school

D) Psychodynamic school

E) Social cognitive school

Ans: D

Q2. All of the following factors play important roles in behaviour, EXCEPT?

A) Individual's values

B) Genetic makeup

C) Individual's skin colour

D) Individual's culture

E) Emotional-states

Ans: C

Q3. Which of the following is correct definition of psychology?

- A) Psychology studies behaviour and mental processes
- B) Is the science of studying social problems
- C) Is the science of anatomy of a nervous system
- D) Is the science of physiology of the cerebral hemisphere
- E) Is the study of human societies and cultures

Ans: A

Individual differences (intelligence)

Q4. Which of the following statements is true about intelligence ?

- A) The first to assess intelligence through test is Durkheim in 1890
- B) Intelligence changes overtime while growing up
- C) Environment has no effect on intelligence
- D) Most people score between 90 - 110 in Wechsler intelligence scale
- E) The average correlation between parents IQ and their children is 90

Ans: D

Q5. Which of the following is not a well-known form of intelligence:

A) mathematical

B) recreational

C) musical

D) kinaesthetic

Ans: B

Q6. Which of the following is wrong about IQ:

A) average correlation btw parents IQ and their children is 80

B) average correlation btw adopted children is 25

C) average correlation btw MZ twins is 90

D) average correlation btw DZ twins is 55

Ans: A

Q7. Which of the following is true about Wechsler intelligence scale:

A) assess the intelligence of children

B) contains 9 verbal scales

C) contains 3 performance scales

D) high validity and low reliability of the test

E) most people score btw 90 and 110

Ans: E

Q8. Which of the following statements is true about Wechsler intelligence scale?

A) Has moderate validity.

B) Has 6 verbal and 5 performance scales.

C) It is no more used to assess intelligence.

D) It is a group test.

E) Minority of people score between 70 & 110

Ans: B

Q9. Which of the following factors is irrelevant to the individual's IQ?

A) Genetics

B) Birth order

C) Socioeconomic class

D) Quality of stimulation

E) Emotional climate

Ans: B

Q10. The following are the most agreed upon aspects of intelligence EXCEPT:

- A) Verbal skills
- B) Problem solving
- C) Adaptation
- D) Ability to learn
- E) Getting rich

Ans: E

Q11. Which of the following statements is true about intelligence?

A) Intelligence changes over time while growing up.

B) The first to assess intelligence through test is Durkheim in 1890.

c) People score between 90-110 in Wechsler intelligence scale.

D) The average correlation between parents IQ and their children is 90.

Ans: c

Q12. The following are recognized types of intelligence, EXCEPT?

A) Musical

B) Linguistic

C) Intrapersonal

D) Historical

E) Mathematical

Ans: D

Q13. Which of the followings is true about intelligence?

A) Good education increases intelligence significantly.

B) Intelligence is not inherited.

C) The difference in intelligence is inter-racial.

D) Intelligence changes significantly over time.

E) Intelligence difference between sexes is significant.

Q14. Which of the following is irrelevant to the individual IQ*?

A) Uncle's IQ.

B) Emotional climate.

C) Quality of stimulation.

D) Socioeconomic class.

E) Marital status

Ans: E

Q15. All the following are false about intelligence except:

A) Intelligence is the product of stimulation in early childhood only

B) IQ was calculated according to mental age over chronological age

C) Intelligence continues growing until age of 25

D) Successful people are not necessarily highly intelligent

E) People of are usually low in intelligence

Q16. Which of the following is wrong about intelligence:

A) first assessment of intelligence was done by Binet in 1904

B) IQ is stable over time

C) there are no IQ differences btw races

D) education increase intelligence by 30 points in WISC

E) there is no correlation btw parents IQ and their children.

Q17. which of the following statements is true about Wechsler intelligence scale?

A) It is a group test.

B) Has moderate validity

C) Has 6 verbal and 5 performance skills

D) Minority of people score between 70 and 110

E) It is no more used to assess intelligence

Ans: C

Q18. Which of the following is true about intelligence?

- A) Intelligence changes significantly overtime
- B) Intelligence difference between sexes is significant
- C) Intelligence is not inherited
- D) the difference in intelligence is intraracial
- E) Good education increases intelligence significantly

Ans: D

Q19. All the following are true about intelligence except:

A) Ability to solve problems

B) Concrete thinking

C) Work complex tasks together

Ans: B

Q20. All the following are true about intelligence except:

- A) Spearman developed the concept of general (g) factor
- B) most people have average IQ
- C) 68% of people lies within one standard deviation of IQ curve
- D) genes are the only determinant of IQ
- E) no difference in IQ among human race

Ans: D

Q21.Regarding intelligence which of the following statements is false?

- A) Intelligence can be increased by 30 points with good teaching.
- B) Intelligence assessment started by Binet in 1904.
- C) There is no real IQ differences between races.
- D) IQ is fairly stable over time.
- E) There is correlation between parents IQ and their children

Ans: A

Q22. which factor is not significant in development of intelligence:

A) genetic factors

B) environmental factors

C) early childhood mental stimulation

D) racial factors

E) nutritional factors

Ans: D

Q23. Wrong about intelligence :

ANSWER: can be increased by 30 points with good education

Q24. Nature vs. nurture can be expressed as

ANSWER: genetics vs. learning

Q25. Wrong about IQ:

ANSWER: Parent IQ is not related to their offspring's

Q26. True about intelligence:

ANSWER: more differences are intraracial than interracial.

Individual differences (Personality)

Q27. All the following are part of big five traits of personality except:

A) emotional stability

B) extraversion

C) openness

D) agreeableness

E) reaction formation

Ans: E

Q28. The most important factor when assessing personality is:

A) family life

B) relationships

C) professional affiliations

D) employment record

Ans: B

Q29. The following are true about psychological defense mechanisms EXCEPT:

- A) They are unconscious behaviors
- B) They are protective to personality
- C) They occur in stressful situation
- D) They do not distort reality
- E) may lead to anxiety in excessive use

Ans: D

Q30. The following are known as the big five personality traits except one:

A) Emotional stability

B) Vulnerability

C) Extraversion

D) Openness

E) Agreeableness

Ans: B

Q31. which of the following statements is an example of 'intrinsic motivation'?

A) Competing in a contest to win a scholarship.

B) Participating in a sport to obtain a medal

C) Working extra hours to be rewarded with money

D) Studying hard to achieve high marks

E) Watching a football game for enjoyment

Ans: E

Q32. The following are psychological defense mechanisms except

A) Repression

B) Regression

C) Derealization

D) Reaction formation

E) Rationalization

Ans: c

Q33. Which of the following statements is true about personality:

- A) Body built is highly correlated with personality type
- B) Projective personality tests tap the unconscious
- C) Thematic apperception test is an objective test
- D) MMPI is a projective personality test
- E) People with external locus of control don't believe in luck

Ans: B

Q34. All the following are true about defense mechanisms except:

- A) reaction formation is a defense mechanism
- B) they usually occur when anxiety is intolerable
- C) rationalization is a rare defense mechanism
- D) denial occurs a lot in cancer patients
- E) projection can be a defense mechanism

Ans: C

Q35. All of the following are recognized psychological defense mechanisms, EXCEPT?

A) Regression

B) Reaction formation

C) Repression

D) Realization

E) Rationalization

Q36. Which of the following is not part of Freud's stages of development?

A) Visual

B) Oral

C) Anal

D) Phallic

E) Latency

Ans: A

Q37. The big five personality dimensions include the following, except:

A) Extraversion

B) Agreeableness

C) Recklessness

D) Emotional stability

E) Openness

Ans: C

Q38. Which of the following statements regarding personality is correct:

- A) Objective personality tests assess conscious personality aspects
- B) Roger considered that it is composed of two parts the ego and superego
- C) Trait theory emphasizes the role of neurodevelopment
- D) Freud studied personality through self-actualization
- E) Personality of humans changes over time.

Q39. How you view yourself as male or female regardless of your external sexual characteristics is which of the followings?

A) Gender identity

B) Sexual orientation

C) Sex-role perception

D) Gender role

E) Sexual scripting

Ans: A

Q40. A school that focused on the unconscious

ANSWER: psychoanalytic

Q41. Not a defense mechanism

ANSWER: re-realization

Placebo effect in clinical practice

The following factors play the main role in the placebo effect except one:

- A. Patients educational level
- B. The severity of the symptoms
- C. Expectation of the patient
- D. Physician faith on the treatment they prescribe

Which of the following factors play a role in the placebo effect:

- A) The mode of symptoms initiation.
- B) The type of underlying pathology of symptoms.
- C) The age of the patient in the time of consultation.
- D) Neuro-chemical brain substances.
- E) Which body organ is involved

The following factors play the main role in the placebo effect except one:

- A) The severity of the symptoms.
- B) Expectation of the patient.
- C) The birth order of the patient.
- D) Physicians faith in the treatments they prescribe.
- E) The size and color of medications

.Wrong about placebo effect:

Ans: related to patient education

True about placebo:

Ans: mostly has 35% effectiveness

Which of the following is part of illness behavior:

- A) Depression
- B) Consulting a doctor
- C) Headache
- D) Fever
- E) Loss of appetite

Regarding the "General Adaptation Syndrome (GAS)", one of the following is FALSE?

- A) Substance use is a maladaptive mean to cope with stress
- B) Prolonged resistance protects against alarm stage
- C) Exhaustion results from prolonged resistance
- D) Alarm involves fight or flight response
- E) Resistance helps reducing stress impact

Test bank : health psychology introduction

couldn't find past exam questions for this lecture, so I'll add test bank questions instead

The main goal of primary prevention is:

- A. Managing diseases that have no cure
- B. Detecting diseases in early stages
- C. Preventing disease before it occurs
- D. Providing rehabilitation

Detecting a disease early and preventing further deterioration refers to:

- A. Primary prevention
- B. Secondary prevention
- C. Tertiary prevention
- D. Behavioral prevention

Which of the following is considered a psychological factor affecting health:

- A. Blood type
- B. Optimism and hostility
- C. Body temperature
- D. Genetic mutation

What is the main focus of Health Psychology:

- A. Studying only mental illnesses
- B. Studying how psychological, behavioral, and social factors affect health and illness
- C. Studying only infectious diseases
- D. Studying surgical treatments

The sick role and illness behaviour

Sick role involves the following, except:

- A) Exemption from usual social and other responsibilities
- B) Other people are obliged to be kind to him
- C) A person in the sick role is not obliged to seek medical help
- D) Other people are obliged to take over duties of person in the sick role
- E) A person in the sick role is not expected to get well without being cared of

True about sick role and illness behavior :

Ans: some can be generated from fear of sickness

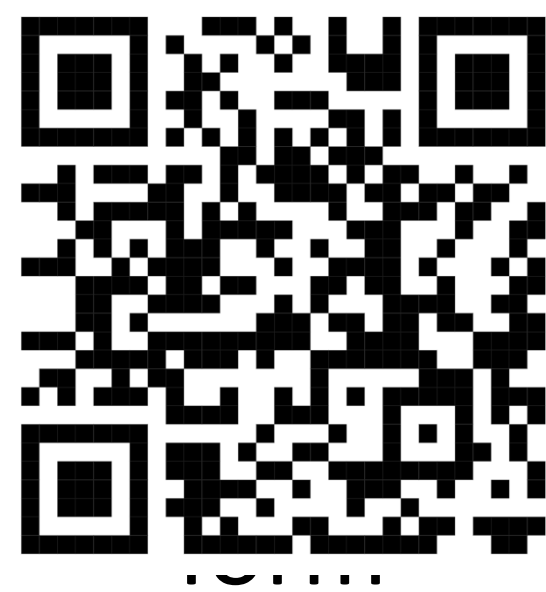
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أنت أهل الوفاء والحق، فاغفر له وارحمه إنك أنت الغفور الرحيم.

اللَّهُمَّ وَفَّقْنِي لِمَا تُحِبُّ وَتَرْضَى
مِنَ الْقَوْلِ وَالْعَمَلِ وَالنِّيَّةِ وَالْهُدَى
إِنَّكَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ

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Corrections from previous versions:

Versions	Slide # and Place of Error	Before Correction	After Correction
V0 → V1			
V1 → V2			